

## **Phoenix Fire Department Member Mental Health Resources**

### **Crisis Numbers:**

Answered 24 hours, 7 days a week

AetnaEAP 1.888.238.6232 Dial #1 (Member Services) & #1 (Outpatient Counseling Services)

Maricopa County Crisis Hotline 480.784.1500

St. Luke's Behavioral Health Center 602.251.8535

### **Counseling Appointments, Consultation, Information:**

Member Assistance Program:

AetnaEAP 1.888.238.6232

Confidential, free of charge, multiple locations with 750 counselors in Arizona, 550 in Maricopa County, and 170 in Phoenix

Ron Tapscott 602.722.4087

Confidential, free of charge, will meet at any location requested by the member

### **Consultations, Information, and Referrals:**

Andy Arredondo 480.710.5109 – 24/7

Mark Angle 602.920.3096 – 24/7

Phoenix Fire Department Health and Fitness Center 602.495.5797

### **City of Phoenix Behavioral Health Benefits:**

Provided under one of the three medical insurance plans:

Confidential, multiple locations and counselors, involve co-pays and deductibles

- CIGNA HMO -- services provided by  
CIGNA Behavioral Health, (800) 343.2183
- Blue Cross Blue Shield HMO -- services provided by  
Biodyne, (800) 224.2125
- Blue Cross Blue Shield PPO -- services provided by  
BCBS of Arizona, (800) 232.2345