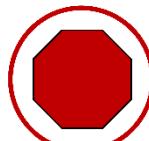


# Project HIVAZ

We can end HIV together, because HIV is...

## 100% preventable

HIV can be prevented by remembering the ABC's along with PrEP. No single strategy works for everyone, but everyone can find a way to keep themselves safe from HIV.

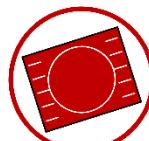


### Abstinence

Avoiding sexual contact prevents sexually transmitted infections. While abstinence is not right for everyone, it is the only method of prevention that is 100% effective in preventing sexually-transmitted HIV.

### Be Faithful

Monogamy or keeping sexual activity within a group of trusted and tested individuals where everyone knows their HIV status keeps everyone safe. Everyone should get tested every three months.



### Use Condoms

A properly-used condom is 97% effective in preventing sexually-transmitted HIV. For effective use, unexpired condoms should be used according to directions. If the condom tears, change it out. Everyone should get tested every three months.

### Pre-Exposure Prophylaxis

PrEP is a once daily pill that is 96% effective in preventing HIV transmission when taken as prescribed. It requires a doctor's prescription and blood work with STI testing every three months. PrEP costs can be reduced or eliminated through private insurance and manufacturer support.



HIV can also be spread through blood-to blood contact. If you inject drugs, you should use a clean needle that no one else has used. Universal precautions like wearing gloves when handling blood keep everyone safe.

## 100% treatable

One pill, once-a-day regimens have made HIV an easily-treated chronic condition. Government assistance makes certain that life-saving treatment is available to every person living with HIV through programs like Ryan White.



### Case Management

Case managers help navigate the government programs and private providers necessary for people living with HIV to get comprehensive medical care.



### Medical Care

Regardless of immigration status, income-eligible persons living with HIV have access to medical care through the Ryan White Program. Case managers can help.



### AIDS Drug Assistance Program

Government support means HIV treatment is never out of reach for patients. The AIDS Drug Assistance Program provides medication without co-pays to all persons ineligible for private insurance. ADAP can also provide co-pay assistance to those with other insurance.



### Dental Programs

The Ryan White Dental Program provides income-eligible people living with HIV with dental insurance.

Persons living with HIV may be income eligible for further government and private programs including housing, behavioral health, and substance abuse treatment. Living with HIV isn't living alone. Arizona provides a wide array of services to people living with HIV to ensure that they live well.