

A large, multi-story building with a grid-like facade of windows and balconies is visible in the background. In the foreground, a white bus is partially visible, featuring a large circular logo that reads 'AMERICAN 250 YEARS PHOENIX'. The bus also has the text 'HONORING YESTERDAY' and 'INS' on its side. The bus number '5236' is visible on the front. The sky is clear and blue.

JULY 22, 2026

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Cycloporiasis

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Protecting Against Cyclosporiasis

Recently, there has been national news coverage regarding an increase in cyclosporiasis, reported in regions across the country.

Here in Arizona, our numbers of reported cases of cyclosporiasis remain low. However, because summer is the peak season for this illness, the City's Office of Public Health and the Arizona Department of Health Services (ADHS) want to make sure that you have the **facts and simple tools** you need to keep your kitchen safe, healthy, and worry-free.

What is cyclosporiasis?

Cyclosporiasis is a stomach illness caused by a microscopic parasite called Cyclospora. It comes from contaminated food or water.

The most common symptom is frequent, watery diarrhea that can last for a few days to a month or more.

Safety Habits for the Kitchen

Wash your hands before and after: Always wash your hands with warm water and soap for at least 20 seconds before handling fresh produce.

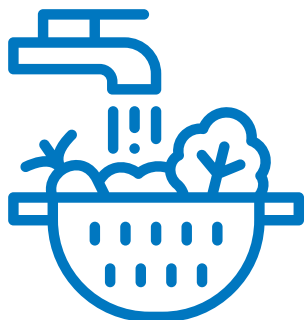


Scrub firm surfaces: Use a clean produce brush to scrub the outer skin of firm fruits and veggies like melons and cucumbers before slicing into them.

Keep it cold: Put cut, peeled, or cooked fruits and vegetables into the refrigerator within two hours of preparation.

Rinse thoroughly: Wash all fresh produce under clean, running water before eating, cutting, or cooking it.

Cut away bruises: Trim away any damaged or bruised areas on your produce, as these spots can harbor bacteria and parasites.



Cook when you can: Heating to 158 degrees will kill Cyclospora. If you are cooking for young children, older adults, or those with weakened immune systems, opting for cooked vegetables and herbs is an excellent extra layer of safety.



Training Deadline Coming Soon

Please ensure you have completed the **second** [Community Transparency Initiative](#) (CTI) training, which is now **required** for all staff. This new course, **due July 31**, familiarizes employees with the resources available should members of the public have concerns about federal immigration enforcement activity in Phoenix. The training also helps reinforce our shared responsibilities, clarify procedures, and ensure employees are prepared if City services or facilities intersect with federal law enforcement.

This training applies to employees who are full-time, part-time, seasonal, or temporary workers employed by the City, including interns, contractors under City supervision, and volunteers.

Log in to PHX You and check the “Action Items” section or click the button to the right for direct access to the course.

[Start CTI Training Now](#)



New Men's Bible Study

City of Phoenix Employees for Christ (COPEFC) invites all male City employees to join our new Bi-Weekly Men's Bible Study beginning **Thursday, July 30, from 11:00–11:30 a.m.**



Grow in your faith through God's Word, prayer, and meaningful fellowship with other believers in the workplace. Whether you're new to the Bible or have studied for years, you are welcome. For more information or to join, contact copefc@phoenix.gov.



Employee Leave Request

The following employees are accepting leave donations. If you would like to help, use eCHRIS.

- Cesar Barcenas | Street Transportation
- Andrea Gomez | Parks & Recreation

Complete list of eligible employees: [Leave Donation website](#).

Wellness Webinars

Practice Mindfulness

Pause for a moment and give yourself space to reset. In this challenge, you'll explore simple ways to practice mindfulness each day—set a personal goal, track your mindful minutes, bring clarity to your routine, and earn rewards along the way.

Details:

- July 27 - Aug. 9
- [Register today!](#)



How To Stop Burnout Before It Even Starts

Become the CEO of your own brain, your body and your life with this session on preventing burnout before it starts. In this wellness workshop, presented by Blue Cross Blue Shield, we discuss what burnout is, how it happens, and powerful techniques to build awareness and prevent burnout before it even begins.

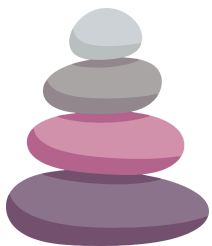
Details:

- Wednesday, July 29
- Noon-1 p.m.
- [Sign up here](#)



Upcoming Mindful Meditation Series

Taking a quick meditation break at work helps reset your mind, recharge your energy, and return with fresh focus. Attend 6 sessions to be entered into a drawing for a yoga mat, gift card, or meditation (zafu) cushion!



Details:

- Wednesdays, Aug. 5-Sept. 9
- 10 - 10:15 A.M.
- [Register today!](#)

Stress Management

Join us for a presentation on managing stress and understanding the role that healthy coping strategies and lifestyle habits play in overall well-being.

Blue Cross Blue Shield will cover common signs and sources of stress to recognize when stress is impacting your health and how to respond.

Details:

- Wednesday, Aug. 5
- Noon - 1 p.m.
- [Register here](#)



Featured Job of the Week

Facility Contract Compliance Specialist Aviation Department

Close Date: July 27, 2026

The Aviation Department operates the Phoenix Airport System, including Sky Harbor - one of the nation's busiest airports with over 140,000 daily passengers and a \$44.3 billion annual economic impact.

Terminal Services is hiring a Facility Contract Compliance Specialist to oversee more than \$30 million in contracted services such as janitorial, pest control, window cleaning, and fire protection. This role ensures vendors meet contract standards through inspections, performance monitoring, and issue resolution.

Ideal candidates are detail oriented, strong communicators, proficient in Microsoft Office, skilled in problem solving and contract review, and knowledgeable in airport security and safety procedures.

Currently, there is one vacancy during the 3rd shift within the Aviation Department. Shift hours are as follows: 4/10 schedule: Wednesday, Thursday, Friday, and Saturday, 9:00 PM - 7:30 AM.

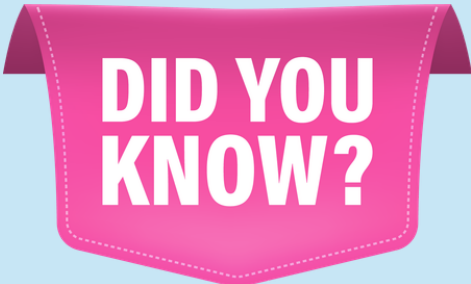
SALARY DETAILS:

Pay Range: \$24.83-\$38.52/HR.
Hiring Range: \$24.83-\$33.27/HR.

Pay Range Explanation:

- Pay range is the entire compensation range for the position classification.
- Hiring range is an estimate of where you can receive an offer. The actual salary offer will carefully consider a wide range of factors, including your skills, qualifications, experience, education, licenses, training, and internal equity.

Learn about role responsibilities and more information at phoenix.gov/jobs or log into eCHRIS



**DID YOU
KNOW?**

Sky Harbor's Airport Development Plan is more than a major upgrade—it's a City of Phoenix investment that directly benefits our workforce. As terminals, parking, roads, and operations expand to support more than 52 million annual travelers, employees can take pride knowing the city is elevating a critical service we all rely on. These improvements mean smoother business travel and easier personal trips - a tangible reminder of how Phoenix's services support both our work and our daily lives.

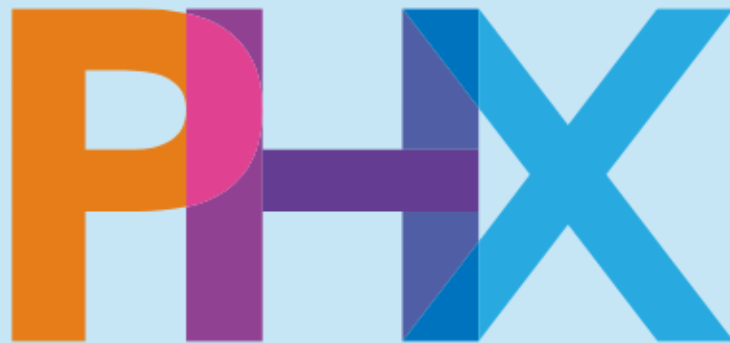
**COMING
SOON**



CSFD

COMMUNITY
SERVICE
FUND DRIVE

SEPTEMBER 14 - OCTOBER 30



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