



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 A Soy Baked Fish 豆油焗魚, Asian Mixed Vegetable, Zucchini B Tofu option in lieu of A meal protein	2 A Mongolian Beef 照燒牛肉, Cauliflower, Peas and Carrots B Tofu option in lieu of A meal protein	3 A Stir-Fry Pork 炒豬肉, Napa Cabbage w/ Carrots, Zucchini B Tofu option in lieu of A meal protein
6 A Bang Bang Fish 碎碎魚, Broccoli, Yellow Squash B Tofu option in lieu of A meal protein	7 A Sticky Pork Ribs 蜜汁排骨, Napa Cabbage, Asian Mixed Vegetable B Tofu option in lieu of A meal protein	8 A Beef Taco Bowl 碎牛肉炸玉米餅 with Lettuce, Tomatoes & Cheddar, Pinto Beans B Tofu option in lieu of A meal protein	9 A Chicken & Cabbage Stir-Fry 雞肉炒包菜, Green Beans, Mixed Vegetables B Tofu option in lieu of A meal protein	10 A Sweet and Sour Pork 糖醋排骨, Bok Choy, Asian Mixed Vegetable B Tofu option in lieu of A meal protein
13 A Miso Chicken Soup 味噌雞湯 with Cabbage & Carrots B Tofu option in lieu of A meal protein	14 A Country Fried Steak w/ Gravy 炸牛排, Mashed Potato, Buttered Carrots B Tofu option in lieu of A meal protein	15 A Soy Baked Fish 豆油焗魚, Asian Mixed Vegetable, Zucchini B Tofu option in lieu of A meal protein	16 A BBQ Chicken 燒雞/燒鸡, Cauliflower, Green Beans B Tofu option in lieu of A meal protein	17 A Stir-Fry Pork 炒豬肉, Napa Cabbage w/ Carrots, Zucchini B Tofu option in lieu of A meal protein
20 A Miso Glazed Cod 味噌釉面鱈魚, Mixed Vegetables, Green Beans B Tofu option in lieu of A meal protein	21 A Chicken Lo Mein Bowl 雞肉撈麵, w/ Shredded Cabbage, Carrots & Onion, Bok Choy B Tofu option in lieu of A meal protein	22 All Staff meeting Center Closed	23 A Turkey Burger 火鸡汉堡 with Swiss Cheese Lettuce, Tomato on WG Bun Potato Salad B Tofu option in lieu of A meal protein	24 A Kung Pao Shrimp 宮保小蝦, Chop Suey, Asian Vegetable B Tofu option in lieu of A meal protein
27 A Swedish Turkey Meatballs 瑞典火鸡肉丸, Mashed Potatoes, Mixed Veg B Tofu option in lieu of A meal protein	28 Offsite Event Center Closed at 11:00 AM	29 A Kung Pao Pork 宮保猪肉, Chop Suey, Peas and Carrots B Tofu option in lieu of A meal protein	30 A Breaded Fish Sandwich 炸魚三明治 w/ Lettuce & Tomato, Marinated Cucumbers B Tofu option in lieu of A meal protein	