



# April 2026 Congregate Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Elote Chicken Cesar Salad (Pollo) Chicken A Romaine Lettuce Corn Cojita Lime Dressing	2 Tofu Yakisoba A Roasted Sweet Potatoes Edamame Whole Grain Yakisoba Noodles	3 Lemon Maple Salmon A Carrots Zucchini Brown Rice
6 A Egg Roll in a Bowl (Carne) Ground Beef, Roasted Mushrooms Spinach/Carrot/Cabbage Blend Brown Rice	7 A Lemon Pepper Chicken (Pollo) Salad Lettuce Red cabbage Ciabatta	8 A Beef Picadillo (Carne) con Arroz Roasted Peppers & Onions Peas Brown Rice	9 A Roasted Lemon Dill Chicken (Pollo) Spinach Roasted Potatoes Couscous	10 A Cauliflower Romesco (Tofu + Chickpeas) Cauliflower Rice Tomatoes, red peppers, (romesco sauce) Quinoa
13 A Turkey Burger Hash (Pavo) Roasted Red Peppers Sweet Potatoes Quinoa	14 A Chicken Enchilada Bowl (Pollo) Corn Black Beans Whole Grain Tortilla	15 A Roasted Tofu Buddha Bowl Pickled Red Cabbage Edamame Whole Grain Yakisoba Noodles	16 A Lemon Maple Salmon (Pescado) Carrots Zucchini Brown Rice	17 A BBQ Chicken Salad (Pollo) w/BBQ Ranch Dressing Romaine Lettuce Cabbage Ciabatta
20 A French Onion Chicken (Pollo) Spinach & Caramelized Onions Peas Whole Grain Rotini	21 A Beef Taco Salad (Carne) Romaine Lettuce Carrots Millet Pilaf	22 <b>All Staff meeting Center Closed</b>	23 A Turkey Taco Bowl (Pavo) Corn Roasted Peppers & Onions Brown Rice	24 A Tofu Yakisoba Roasted Sweet Potatoes Edamame Whole Grain Yakisoba Noodles
27 A Tinga Chicken Tacos (Pollo) Avocado Salsa Verde Black Beans Whole Grain Tortilla	28 A Beef Meatball Pasta (Carne) Marinara Zucchini Whole Grain Rotini	29 A Lemon Herb Baked Cod (Pescado) Chickpeas Red Cabbage Couscous	30 A Lemon Pepper Chicken (Pollo) Spinach, Broccoli, Carrots Quinoa	

Milk and Fruit Served Daily