

# January 2026

Milk & Fruit Served Daily

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



31

1

2

White Fish (Pescado)  
on  
Creamy Lemon Orzo  
Roasted Broccoli  
Steamed Carrots

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CENTER CLOSED -  
New Year's Day



City of Phoenix  
HUMAN SERVICES DEPARTMENT

Ham (Cerdo) & Swiss on Baguette  
French Onion Soup

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BBQ Riblet (Cerdo)  
on Cornbread Bun  
Green Beans  
Dilled Carrots

Southwest Chicken  
(Pollo) Salad Wrap  
w/ Mixed Greens  
Cherry Tomatoes  
Pineapple Fruit Cup

Vegetarian Lasagna  
(Queso)  
Stewed Tomatoes  
Steamed Broccoli

Country-Fried Steak  
(Carne)  
Mashed Potatoes  
Chuckwagon Corn  
WW Roll

Stir-Fry Turkey  
(Pavo) w/ Brown  
Rice  
Steamed Bok Choy  
Miso Glazed Carrots

Tuna Salad (Atún) on Wheat Bread

Butternut Squash Soup

12

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Chicken (Pollo)  
Broccoli Alfredo  
WW Pasta  
Dilled Peas

Cheeseburger  
(Carne) on WG Bun  
Roasted Sweet  
Potatoes  
Three Bean Salad

Teriyaki Tofu on  
Brown Rice  
Roasted Broccoli  
Mixed Vegetables

Greek Chicken  
(Pollo) Bowl w/Feta,  
Spinach and Dill,  
Stewed Lentils and  
Tomatoes

Mexican Spiced  
White Fish (Pescado)  
on  
Spanish Rice  
Refried Beans  
Calabasitas

BLT (Cerdo) Wrap  
Garden Vegetable Soup

19

20

21

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CENTER CLOSED

Corned Beef w/  
Cabbage and  
Carrots  
O'Brien Potatoes  
WW Roll

Smothered Turkey  
(Pavo)  
Mashed Potatoes  
Green Bean  
Almondine  
WG Dinner Roll

Honey Garlic Pork  
(Cerdo) on Brown  
Rice  
Bok Choy  
Cauliflower

Krab (Pescado) Salad  
on Mixed Greens  
With Cherry  
Tomatoes  
Marinated  
Cucumbers  
WW Crackers

Chicken (Pollo) Pita  
(Greens, Red Bell Pepper, Matchstick Carrots)  
Italian Dressing  
Minestrone

26

27

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Fish (Pescado)  
Florentine  
Stewed Tomatoes  
WW Dinner Roll

Sweet & Sour  
Chicken (Pollo)  
Onion Carrots & Bell  
Pepper  
Steamed Broccoli  
Brown Rice

Sloppy Joe (Carne)  
Sweet Potato Fries  
Roasted Brussels  
Sprouts  
WG Bun

Pork (Cerdo)  
Carnitas  
Pinto Beans  
Chuckwagon Corn  
WW Tortillas

Bratwurst (Cerdo)  
w/ Sauerkraut  
Seasoned Green  
Beans  
German Potato  
Salad  
WW Hot Dog Bun