



January 2026

Milk & Fruit Served Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 6	31		1	2	
		 City of Phoenix HUMAN SERVICES DEPARTMENT Ham (Cerdo) & Swiss on Baguette French Onion Soup		CENTER CLOSED - New Year's Day	White Fish (Pescado) on Creamy Lemon Orzo Roasted Broccoli Steamed Carrots
Week 7	5	6	7	8	9
	BBQ Riblet (Cerdo) on Cornbread Bun Green Beans Dilled Carrots	Southwest Chicken (Pollo) Salad Wrap w/ Mixed Greens Cherry Tomatoes Pineapple Fruit Cup	Vegetarian Lasagna (Queso) Stewed Tomatoes Steamed Broccoli	Country-Fried Steak (Carne) Mashed Potatoes Chuckwagon Corn WW Roll	Stir-Fry Turkey (Pavo) w/ Brown Rice Steamed Bok Choy Miso Glazed Carrots
	Tuna Salad (Atún) on Wheat Bread Butternut Squash Soup				
Week 8	12	13	14	15	16
	Chicken (Pollo) Broccoli Alfredo WW Pasta Dilled Peas	Cheeseburger (Carne) on WG Bun Roasted Sweet Potatoes Three Bean Salad	Teriyaki Tofu on Brown Rice Roasted Broccoli Mixed Vegetables	Greek Chicken (Pollo) Bowl w/Feta, Spinach and Dill, Stewed Lentils and Tomatoes	Mexican Spiced White Fish (Pescado) on Spanish Rice Refried Beans Calabasitas
	BLT (Cerdo) Wrap Garden Vegetable Soup				
Week 1	19	20	21	22	23
	CENTER CLOSED	Corned Beef w/ Cabbage and Carrots O'Brien Potatoes WW Roll	Smothered Turkey (Pavo) Mashed Potatoes Green Bean Almondine WG Dinner Roll	Honey Garlic Pork (Cerdo) on Brown Rice Bok Choy Cauliflower	Krab (Pescado) Salad on Mixed Greens With Cherry Tomatoes Marinated Cucumbers WW Crackers
	Chicken (Pollo) Pita (Greens, Red Bell Pepper, Matchstick Carrots) Italian Dressing Minestrone				
Week 2	26	27	28	29	30
	Fish (Pescado) Florentine Stewed Tomatoes WW Dinner Roll	Sweet & Sour Chicken (Pollo) Onion Carrots & Bell Pepper Steamed Broccoli Brown Rice	Sloppy Joe (Carne) Sweet Potato Fries Roasted Brussels Sprouts WG Bun	Pork (Cerdo) Carnitas Pinto Beans Chuckwagon Corn WW Tortillas	Bratwurst (Cerdo) w/ Sauerkraut Seasoned Green Beans German Potato Salad WW Hot Dog Bun