

Dec-25

Milk & Fruit Served Daily

The Home Delivered Meal Program is funded in part by Area Agency On Aging, Region On, Inc.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	1	2	3	4	5
	Frozen	Sweet & Sour Chicken (Pollo) Onion Carrots & Bell Pepper Steamed Broccoli Brown Rice	Sloppy Joe (Carne) Sweet Potato Fries Roasted Brussels Sprouts WG Bun	Pork (Cerdo) Carnitas Pinto Beans Chuckwagon Corn WW Tortillas	Bratwurst (Cerdo) w/ Sauerkraut Seasoned Green Beans German Potato Salad WW Hot Dog Bun
Week 2	8	9	10	11	12
	Frozen	Classic Meatloaf (Carne) Green Beans Steamed Corn Quinoa	Turkey (Pavo) Club Salad on Mixed Greens Shredded Cheddar, Bacon, & Tomatoes Ranch Dressing WW Dinner Roll	Chicken (Pollo) Fajita Bowl Black Beans Spanish Rice	Breaded Fish Sandwich (Pescado) on a WG Bun w/ Tartar Sauce Dilled Peas & Carrots and Baked Lays
Week 3	15	16	17	18	19
	Frozen	Beef (Carne) Stroganoff on WW Pasta Green Beans Mixed Vegetable	Turkey (Pavo) Reuben on Rye Roasted Potato Wedges Steamed Broccoli	Orange Tarragon White Fish (Pescado) on Brown Rice Roasted Califlower Carrot & Snap Pea Vegetable Blend	Pasta With Creamy Tomato Sauce & Chicken (Pollo) Diced Beets Steamed Spinach
Week 4	22	23	24	25	26
	Frozen	Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Steamed Broccoli WG Dinner Roll	French Toast w/ Maple Syrup Pork (Cerdo) Sausage Links Sweet Potato Hash V8 Juice	 CHRISTMAS DAY	Roasted White Fish With Ginger, Scallions & Soy on Brown Rice Roasted Eggplant, Garlic Green Beans
Week 5	29	30	31	1	2
	Frozen	Turkey (Pavo) Burger on WG Bun Baked Beans Steamed Garlic Parmesan Spinach	Salsa Verde & Cotija Chicken (Pollo) on Spanish Rice Stewed Tomatoes Refried Beans	 	