

# January 2026

Milk & Fruit Served Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W e e k 6			31	1	2
				Frozen - New Year's Day	White Fish (Pescado) on Creamy Lemon Orzo Roasted Broccoli Steamed Carrots
	5	6	7	8	9
W e e k 7	Frozen	Southwest Chicken (Pollo) Salad Wrap w/ Mixed Greens Cherry Tomatoes Pineapple Fruit Cup	Vegetarian Lasagna (Queso) Stewed Tomatoes Steamed Broccoli	Country-Fried Steak (Carne) Mashed Potatoes Chuckwagon Corn WW Roll	Stir-Fry Turkey (Pavo) w/ Brown Rice Steamed Bok Choy Miso Glazed Carrots
	12	13	14	15	16
W e e k 8	Frozen	Cheeseburger (Carne) on WG Bun Roasted Sweet Potatoes Three Bean Salad	Teriyaki Tofu on Brown Rice Roasted Broccoli Mixed Vegetables	Greek Chicken (Pollo) Bowl w/Feta, Spinach and Dill, Stewed Lentils and Tomatoes	Mexican Spiced White Fish (Pescado) on Spanish Rice Refried Beans Calabasitas
	19	20	21	22	23
W e e k 1	Frozen	Corned Beef w/ Cabbage and Carrots O'Brien Potatoes WW Roll	Smothered Turkey (Pavo) Mashed Potatoes Green Bean Almondine WG Dinner Roll	Honey Garlic Pork (Cerdo) on Brown Rice Bok Choy Cauliflower	Krab (Pescado) Salad on Mixed Greens With Cherry Tomatoes Marinated Cucumbers WW Crackers
	26	27	28	29	30
W e e k 2	Frozen	Sweet & Sour Chicken (Pollo) Onion Carrots & Bell Pepper Steamed Broccoli Brown Rice	Sloppy Joe (Carne) Sweet Potato Fries Roasted Brussels Sprouts WG Bun	Pork (Cerdo) Carnitas Pinto Beans Chuckwagon Corn WW Tortillas	Bratwurst (Cerdo) w/ Sauerkraut Seasoned Green Beans German Potato Salad WW Hot Dog Bun