


2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meal reservations and cancellations must be made a least three business days in advance. embers age 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5. Tofu option in lieu of protien is availalbe.</p>				
  <p>milk and fruit served daily</p>				<p>1</p> <p>Chicken Alfredo with WW Pasta 鸡肉意面, Roasted Broccoli and Seasoned Carrots</p>
4	5	6	7	8
<p>Beef Fajitas 墨西哥铁板牛肉, w/Bell Pepper & Onion, Mixed Vegetables</p>	<p>Chicken Soup 鸡汤 with Cabbage, Carrots & Rice</p>	<p>Center Closed for Offsite Event</p>	<p>Spaghetti with Meatballs 肉丸意大利面, Side Salad</p>	<p>Lemon Pepper Shrimp 檸檬胡椒蝦, Chop Suey, Steamed Broccoli</p>
11	12	13	14	15
<p>Chicken Parmesan 帕尔玛鸡肉, Normandy Mixed Vegetables & WW Roll</p>	<p>Sweet and Sour Pork 糖醋猪肉, Roasted Yellow Squash, Chop Suey</p>	<p>Beef Chili 香辣牛肉, Macaroni & Cheese, Broccoli</p>	<p>Roasted White Fish 烤白鱼 with Ginger Scallions & Soy, Roasted Eggplant, Garlic Green Beans</p>	<p>Beef 牛肉面 & Noodle Soup with Onion, Carrots & Bok Choy</p>
18	19	20	21	22
<p>Chicken 鸡肉俱乐部沙拉 Club Salad with Shredded Carrot, Bacon, Cherry Tomatoes, Ranch Dressing, Roll</p>	<p>Thai Coconut Shrimp Soup w/ Rice 椰子虾汤, Mushroom & Green Bell Pepper/Tomato</p>	<p>Sesame Chicken 芝麻雞, Green Beans, Asian Mixed Vegetable</p>	<p>Ginger and Scallion Beef 薑蔥牛肉, Napa Cabbage, Asian Mixed Vegetables</p>	<p>Kung Pao Pork 宮保猪肉, Napa Cabbage, Broccoli</p>
25	26	27	28	29
<p>Memorial Day Center Closed</p>	<p>Szechuan Beef 四川牛肉, Napa Cabbage, Mushrooms</p>	<p>Smothered Turkey 焖火鸡, Mashed Sweet Potatoes, Green Beans</p>	<p>Ginger Glazed Sticky Pork 蜜汁姜香烤猪肉, Broccoli, Parsley Carrots</p>	<p>Chicken Breast Strips 烤箱炸雞, Mashed Potato w/ Gravy, Corn</p>