



**SENIOR PROGRAMS**  
CITY OF PHOENIX | HUMAN SERVICES

# **Goelet A.C. Beuf Senior Center**

*Stay Young With Us*

3435 W. Pinnacle Peak, Phoenix, AZ 85027

602-534-9743

Email us at: [goelet.beuf.sc@phoenix.gov](mailto:goelet.beuf.sc@phoenix.gov) or



## **GOELET A.C. BEUF SENIOR CENTER**

Beuf Senior Center is a recreation center for seniors and adults, situated in north Phoenix. We are located in the Beuf Community Center at 35th Ave. and Pinnacle Peak. Our Human Services and Parks & Recreation staff are here

## **Oct. to Dec. 2025 Program Schedule**

### **MEMBERSHIP**

Your membership gives you access to all 15 Phoenix senior centers. The annual membership fee is \$20 for Phoenix residents and \$40 for non-residents.

### **LUNCH**

Lunch is served Monday through Friday at noon. Meal reservations and cancellations must be made at least three business days in advance. Members 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5.

### **TRANSPORTATION**

MV Transportation provides flexible taxi service to and from the center for eligible members. Please contact Human Services staff to register and obtain more detailed information.

### **CASEWORKER SERVICES**

Caseworker services are available to current members by appointment only. To schedule an appointment call 602-534-9743.

### **MEMORY CAFÉ AT BEUF**

Memory Café is a welcoming place to provide persons living with early to moderate dementia a safe place to social and participate in activities facilitated by professionals to simulate brain health. Advance registration required. Memory Café is held the first Friday of the month from 10 to 11:30 a.m. See flyer for details.

### **Senior Center Hours**

**Operating Hours: Monday to Friday, 8 a.m. to 5 p.m.**

**Programing Hours: Monday to Friday, 9 a.m. to 4 p.m.**

### **Parks and Recreation hours:**

**Monday - Thursday, 8 a.m. to 8:30 p.m.; Friday, 8 a.m. to 5 p.m.; Saturday, 10 a.m. to 4 p.m.**

**For more information, or a copy of this publication in an alternate format, contact 602-262-4520 voice. The City's TTY Relay phone number, 602-534-5500 may be used, if needed.**

**Webpage: [phoenix.gov/humanservices/programs/older](http://phoenix.gov/humanservices/programs/older)**



# Program Schedule

Stay Young  
With Us!

CLASS	INSTRUCTOR	DAY	TIME	TYPE
Bingo	Volunteer	Monday	9:15 to 11:30 a.m.	In-person
Geri Fit	Fernando	Monday	11 a.m. to noon	In-person
Senior Fit	Cheryl	Monday	1 to 2 p.m.	In-person
Mahjong Group (Beginner)	Volunteer, Heidi	Monday	1 to 3 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Art Class	Will, Volunteer	Tuesday	9 to 11 a.m.	In-person
Yoga	Video	Tuesday	9 to 10 a.m.	In-person
Line Dance (Improver)	Volunteer, Mary	Tuesday	10 to 11 a.m.	In-person
Line Dance (Beginner)	Volunteer, Kathy	Tuesday	1 to 2 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Let's Dance Fitness Class <i>classes resume 10/8</i>	Michelle	Wednesday	9:30 to 10:30 a.m.	In-person
Geri Fit	Fernando	Wednesday	11 a.m. to noon	In-person
Beading Group	Volunteer	Wednesday	1 to 3 p.m.	In-person
Senior Fit	Cheryl	Wednesday	1 to 2 p.m.	In-person
Mahjong Group (Intermediate/Advanced)	Heidi, Volunteer	Wednesday	1 to 3 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Bingo	Volunteer	Thursday	9:15 to 11:30 a.m.	In-person
Salsa Dance Class	Fernando	Thursday	10 to 11 a.m.	In-person
Tai Chi	Fernando	Thursday	11 a.m. to noon	In-person
Movies in the Beuf	Staff	Thursday	12:30 to 3 p.m.	In-person
Bunco Group <i>begins 10/9</i>	Linda, Volunteer	Thursday	1 to 3 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Yoga	Video	Friday	9 to 10 a.m.	In-Person
Coloring Corner	Self-led	Friday	9 a.m. to noon	In-person
Prize Loteria	Staff	Friday	1 to 2 p.m.	In-person

Note: Programs, Classes, Events, and Trips subject to change or cancellation without notice. Revised 9/29/25

### **Billiards**

Billiards open play from 8 a.m. to 4 p.m. daily

All members welcome

*Please see staff to check out equipment*

#### **Billiards Tournament, must RSVP**

Wednesday, Oct. 15, at 9 a.m.

#### **Qualifier to play at Multi-City Tournament**

Thursday, Nov. 6, at 9 a.m. Multi-City Tournament

Wednesday, Dec. 17, at 9 a.m.

### **Trips**

*See flyers for details*

**Oct. 7** Abacus Inn Restaurant

**Oct. 14** Out of Africa Wildlife (with Parks)

**Oct. 21** Tanger Outlets Shopping Center

**Nov. 5** Wrigley Mansion

**Nov. 18** MacAlpine Restaurant

**Dec. 9** Phoenix Zoo (with Parks)

**Dec. 16** Cheddar's Restaurant

### **TEFAP (Commodities) Distribution**

**Oct. 27**

**Nov. 24**

**Dec. 15**

*Please see staff for more information*

### **Beuf Senior Center will be CLOSED**

**Oct. 13**, Indigenous Peoples' Day

**Oct. 23**, City event

**Nov. 11**, Veterans Day

**Nov. 27 & 28**, Thanksgiving

**Dec. 10**, All Staff Meeting

**Dec. 24**, Center closes at noon

**Dec. 25**, Christmas Day

### **Site Council Meetings at 9:30 a.m.**

**Oct. 29**

**Nov. 19**

**Dec. 31**

Meetings are open to all members of the center

### **Daily Activities**

Walking track, Wii bowling, board games, puzzles, table tennis, and card games

## **Special Events**

**Note: RSVP required,  
RSVP at kiosk or by calling 602-534-9743  
See flyers for details**

### **Phoenix Art Museum Presentations**

Learn about art periods from around the world

Thursday, Oct. 9, at noon

Thursday, Dec. 11, at noon

### **Fun Fair Health & Wellness Comm. Event**

Join us for over 25 community vendors, door prizes, immunization clinic, blood drive, fun interactive activities, treats and much more!

Friday, Oct. 10, at 10 a.m.

### **Your Best Years, Tobacco Free Presentation**

Learn about the health effects of tobacco, featuring trivia to raise awareness about tobacco use

Thursday, Oct. 16, at 12:30 p.m.

### **National Awareness Documentaries**

Join us for refreshments and a documentary

Domestic Violence Awareness:

Friday, Oct. 24 at noon

Indigenous Peoples: Thursday, Nov. 20, at noon

Human Rights: Thursday, Dec. 18, at noon

### **Medicare 101 Seminars**

Get your Medicare questions answered by a United Health Care Representative

Wednesday, Oct. 15, at 12:30 p.m.

Wednesday, Nov. 12, at 12:30 p.m.

### **Preparing Your Trust & Will Series**

Take a deep dive into preparing for the future and protecting what matters

Monday, Nov. 17, at 12:30 p.m.

Monday, Dec. 8, at 12:30 p.m. part two

### **Paint Phoenix Purple October**

#### **Domestic Violence Awareness Month**

Donation drive: collecting toiletries, personal care items, clothing (new), see flyer for full list. All items will be donated to Arizona Coalition to End Sexual and Domestic Violence

**Donate items in the purple bins!**

### **Computer and Wi-Fi**

Your membership includes use of the computer lab or bring your own device to surf the 'net!

October				
Monday	Tuesday	Wednesday	Thursday	Friday
Paint Phoenix Purple: collecting items, see staff for details		1	2	3 10 a.m. <b>Memory Café</b> 12:30 p.m. <b>Ice Cream Social</b>
6	7 Trip <b>Abacus Inn Restaurant</b>	8 1 p.m. <b>Crafts, must RSVP</b>	9 12 p.m. <b>Phoenix Art Museum Presentation</b>	10 10 a.m. <b>Fun Fair Health &amp; Wellness Comm. Event</b>
13 <b>Center Closed</b> <b>Indigenous Peoples'</b> <b>Day</b>	14 Trip <b>Out of Africa with Parks</b>	15 12:30 p.m. <b>Medicare 101 Seminar</b> 9 a.m. <b>Billiards Tournament Qualifier</b>	16 12:30 p.m. <b>Tobacco Free Presentation</b>	17 10 a.m. <b>Birthday Party</b>
20	21 Trip <b>Tanger Outlets Shopping Mall</b>	22	23 <b>Center Closed</b> <b>City Event</b>	24 noon <b>Domestic Violence Awareness Doc.</b>
27 10 a.m. <b>Commodities (TEFAP)</b>	28	29 9:30 a.m. <b>Site Council Meeting</b>	30	31 10 a.m. <b>Halloween Party</b>
November				
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5 Trip <b>Wrigley Mansion</b> 12:30 p.m. <b>Mobile Laboratories Presentation</b>	6 <b>Multi-City</b> <b>Billiards Tournament at Glendale Recreation Center</b>	7 10 a.m. <b>Veterans Day Recognition Picnic</b> 12:30 p.m. <b>Ice Cream Social</b>
10	11 <b>Center Closed</b> <b>Veterans Day</b>	12 12:30 p.m. <b>Medicare 101 Seminar</b> 1 p.m. <b>Crafts, Must RSVP</b>	13	14 10 a.m. <b>Birthday Party Celebration</b>
17 12:30 p.m. <b>Preparing Your Trust &amp; Will Presentation</b>	18 Trip <b>MacAlpine Restaurant</b>	19 9:30 a.m. <b>Site Council Meeting</b>	20 noon <b>Indigenous Peoples Documentary</b>	21
24 10 a.m. <b>Commodities (TEFAP)</b>	25	26 10 a.m. <b>Thanksgiving Party</b>	27 <b>Center Closed</b> <b>Thanksgiving</b>	28 <b>Center Closed</b>
December				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5 8 a.m. <b>Polar Palooza Senior Volunteer Activity</b> 12:30 p.m. <b>Ice Cream Social</b>
8 12:30 p.m. <b>Preparing Your Trust &amp; Will Presentation</b>	9 Trip <b>Phoenix Zoo with Parks</b>	10 <b>Center Closed</b> <b>All Staff Meeting</b>	11 noon <b>Phoenix Art Museum Presentation</b>	12 10 a.m. <b>Birthday Party Celebration</b>
15 10 a.m. <b>Commodities (TEFAP)</b>	16 Trip <b>Cheddar's Restaurant</b>	17 9 a.m. <b>Billiards Tournament</b>	18 noon <b>Human Rights documentary</b>	19 10 a.m. <b>Holiday Party</b>
22	23	24 <b>Center closes at noon, Brunch served at 11 a.m.</b>	25 <b>Center Closed</b> <b>Christmas Day</b>	26
29	30	31 9 a.m. <b>Site Council Meeting</b>		