

FREE SELF-DEFENSE & EMPOWERMENT WORKSHOP

SATURDAY, OCTOBER 17 | 10:00AM-12:00PM

1819 N. Scottsdale Rd, Tempe, AZ 85288



FREE EVENT • RAFFLES • PRIZES • REFRESHMENTS

Learn realistic self-defense skills, how to de-escalate tense moments, set clear boundaries and safety tips you can practice daily.



SCAN HERE



This event may include sensitive or triggering content. Open to everyone age 14+.