



Welcome Spring!

Spring Event Season has officially sprung! Over the next few months there are various opportunities to come out and celebrate with your neighbors, friends and family to check out all the exciting things happening in District 7.

We are thrilled for the new amenities to open up this month at Cesar Chavez Park. The new amenities include a two-acre dog park, ramadas, drinking fountains, shade trees, area lighting, two new soccer fields, turf and irrigation improvement, a new play area and a performance stage. The new additions will enhance and activate a greater use of the park, making it a desirable local destination for families. I want to thank the community members who advocated for the new amenities and the Parks and Recreation Department for all their work and support.

Spring is the perfect time to clean up, dispose of unwanted items, clean your neighborhood and meet your neighbors. Our office is teaming up with Support Sky Harbor Coalition and Neighborhood Ministries to do a neighborhood clean-up in the St. Matthews neighborhood on Saturday, April 2, 2016. Our City departments have done a tremendous job working with the community for the last couple of months and this clean-up is another great community partnership with the city and the community.

It's between budget season, the City of Phoenix is preparing its 2016-17 budget. Residents are invited to attend community hearings to discuss the City Manager's Trial Budget before final decisions are made. This is a great opportunity to learn how your tax dollars are being used and to share feedback on the proposed 2016-17 budget.

Make sure to stay in touch through social media to learn about all the events we are planning in your community and issues affecting our residents. If you have any questions or feedback please feel free to contact my office council.district.7@phoenix.gov or call 602-262-7492.

Best Regards,
 Michael Nowakowski
 Councilmember, District 7

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MRNowakowski



CouncilmanNowakowski



Cityofphoenixaz



Women's History Month

March is Women's History month! The month originally started as Women's History Week declared by Congress in 1981 for the week of March 7th. In 1987 the entire month was dedicated to women. Since 1985 Presidents Clinton, Bush and Obama have issued annual proclamations designating March as "Women's History Month".

The Phoenix Public Library is celebrating with various programs. Check out this link for more information: <https://www.phoenixpubliclibrary.org/browse/Interest-Guides/Pages/Lifelong%20Learning/Women%27s-History-Month.aspx>



Indoor Water Use at Home

Smart homes use water and energy efficiently. When you save electricity, you also save water!

Water is used to generate electricity, while electricity is needed when we pump and treat water. Making your home "smart" can also reduce your household utility bills.

Up to 70% of your home's water use is **outdoors**, but you can also save water indoors. The toilet accounts for about 30% of indoor water use, while clothes washers and showerheads also have high potential for saving water.



2016 Public Health and Vaccination Clinics

The Phoenix Fire Department Baby Shots Immunization Program provides free vaccinations to children who are eligible under the Vaccine for Children's Program (VFC).

The Vaccines for Children (VFC) Program is a federally funded program that provides vaccines at no cost to children who might not otherwise be vaccinated because of inability to pay. Take advantage of this opportunity to vaccinate your children for free!

Thursday, April 07, 2016

9 a.m. - 1 p.m.

**Murphy School District
3140 W. Buckeye Rd.
Phoenix, AZ 85009**

South Mountain Park

With close to 17,000 acres, South Mountain Park is the world's largest city park. It's one of the Phoenix icons like "Camelback Mountain" and "Superstition Mountain". From a distance, South Mountain looks like one big dead mountain, but those that hike it realize that it features some gorgeous scenery and great views in all directions. South Mountain features some of the most popular urban hiking and biking trails in the city and also very enjoyable horseback riding. The mountain is 11 miles across and is home to more than 150 animal species and two mountain ranges including "Ma Ha Range" and "Guadalupe Range".

There are over 50 miles of hiking, biking and equestrian trails and more than 2 million visitors visit this mountain preserve every year. But whether you hike or just want to picnic and enjoy the scenery and the great outdoors, the park has many large and small ramada covered picnic areas that include picnic tables, barbecue grills and restrooms. The smaller group areas are available on a first-come basis. Larger group areas, one of which will accommodate 5,000 people must be reserved in advance. There are even concrete dance floors. Although some areas permit alcohol and music entertainment by permit, a couple of areas do prohibit alcohol and music.

For more information and reservations, call (602) 534-6324, www.phoenix.gov/parks or visit the South Mountain Environment Education Center at 10409 South Central Avenue.



FREE Tax Preparation

Since 2003, the City of Phoenix Human Services Department has implemented an Earned Income Tax Credit (EITC) Campaign. The Earned Income Tax Credit, EITC or EIC, is a benefit for working people with low to moderate income. Throughout the course of the campaign, more than 53,000 low- and moderate-income families have received more than \$74 million in federal funds at free tax preparation sites across Phoenix. To qualify, you must meet certain requirements and file a tax return, even if you do not owe any tax or are not required to file. EITC reduces the amount of tax you owe and may give you a refund.

To learn more about the program and to find a volunteer Income Tax Assistance Site (VITA) location near you visit, <https://www.phoenix.gov/humanservices/programs/tax-prep>

You can also choose to do your State and Federal taxes yourself FREE online at myfreetaxes.com, for individuals or families with combined household income of \$60,000 or less in 2015. Learn more now about myfreetaxes.com.

SustainPHX

SustainPHX is a comprehensive program to educate, inspire, and empower city residents to create a healthy, vibrant, connected community with equitable resources and a prosperous economy. Sustainability is about more than protecting and preserving our environment. It's about building strong partnerships with neighborhoods, other government agencies, nonprofit organizations, and businesses to work together to ensure current and future generations have the resources needed to achieve the highest quality of life.

The city's wide range of sustainability programs fall within three spheres community, economy and environment. To learn more about SustainPHX please visit, www.phoenix.gov/sustainability.



Through a unique partnership with the City of Phoenix, the non-profit Phoenix Center Arts Association offers the center's award-winning arts classes and programming. Students can register for classes online at www.phoenixcenterforthearts.org.

Phoenix Center for the Arts provides opportunities to participate in the visual and performing arts through quality classes, programming, and events. Classes are available for youth and adults throughout the year.

For more information on classes, programs and center please call, 602-254-3100.



City of Phoenix

DISTRICT 7 BIKE SAFETY EVENTS

SATURDAY, APRIL 30, 2016

The City of Phoenix Fire, Police and Street Transportation departments are teaming up to host a series of bike safety events for children ages 5-18 years old. The goals are to educate young people on the importance of wearing a helmet when riding a bicycle as well as understanding bicycle-related traffic laws.

In addition to the bicycle safety information, there will be car seat safety checks, bicycle rodeos, obstacle course, free food and other activities. We encourage you to attend any of the three bike events in District 7 to learn how to stay safe when riding your bicycle and get your free bike helmet!

District 7 Bike Events Schedule

Manuel Pena Elementary School

2550 N. 79th Avenue
8 a.m. – 10 a.m.

Dos Rios Elementary School

2150 S. 87th Avenue
11 a.m. – 1 p.m.

Food City Shopping Center

Southwest corner of 7th Avenue and Southern Avenue
2 p.m. – 5 p.m.

Jack Rabbit and the Easter Basket

Great Arizona Puppet Theater



Sally Johnson has never gotten an Easter Basket. Lost Canyon is just too far away. The Easter Bunny asks his cousin Jack Rabbit to help. Cute musical with large rod puppets on the big stage. Great for families of all ages. Tickets are \$7 for children 2 and up and \$10 for adults. Children under 2 are free with the purchase of a child ticket. For more information please visit, www.azpuppets.org

Mar 9 - Mar 27, Wed-Fri only at 10 a.m
Sat 10 a.m. & 2 p.m., Sun 2 p.m.

TRIANGLE NEIGHBORHOOD CLEAN UP



Volunteers clean and plant new flowers at Hu-O-Te park.

The City was awarded \$30,000 by Cities of Service last year to launch a mini-grant program to support neighborhood revitalization projects in the City of Phoenix. The program is a collaboration between Volunteer Phoenix and the Neighborhood Services Department. The newly formed Triangle Neighborhood in District 7 was one of five grant recipients of \$1,000 this year.



Neighborhood volunteers remove graffiti in the alley adjacent to



Triangle Neighborhood youth came out to rake and landscape their park playground.

Grand Opening Cesar Chavez Park

Dog Park 🐾 Soccer Fields ⚽ Amphitheatre



Councilman
Michael Nowakowski
District 7

Saturday, March 19, 2016
9 - 11 a.m.

Cesar Chavez Park

7858 S. 35th Ave.
Laveen, AZ

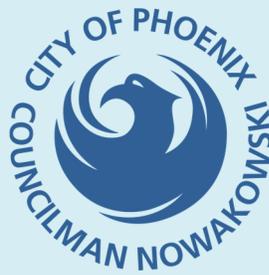


Councilwoman
Kate Gallego
District 8

PLEASE JOIN US TO CELEBRATE THE OPENING OF CESAR CHAVEZ PARK'S NEWEST ENHANCEMENTS! BRING YOUR 4 LEGGED FRIENDS, A SOCCER BALL & MEET YOUR FELLOW NEIGHBORS! FREE SOCCER CLINIC, ARIZONA HUMANE SOCIETY, REFRESHMENTS, GIVE-A-WAYS, MUSIC AND LOTS OF FUN!

FOR MORE INFORMATION, CONTACT DISTRICT 7 AT 602.262.7492, COUNCIL.DISTRICT.7@PHOENIX.GOV OR FOLLOW US AT FACEBOOK.COM/COUNCILMANNOWAKOWSKI.





Business Highlight

Tuft and Needle

735 Grand Avenue

Phoenix, AZ 85007

www.tuftandneedle.com

Founded in 2013 this mattress company sells state of the art mattress's for inexpensive prices. Made in the United States this mattress store prides itself on comfort, fabric, foam, design and ease of purchase.



Every month you can catch our show Phoenix 2020 "A Clear Vision for the Future" on Cox Cable Channel 11 or catch us on www.youtube.com/cityofphoenixaz.

Remember, to catch all the episodes online and stay tuned for all future episodes as I explore the district to visit new restaurants and businesses and bring you all the latest information pertaining to the City of Phoenix. Remember to like me on Facebook and follow me on Twitter to get all the latest District 7 news and events!



FitPHX is a Phoenix citywide healthy-community initiative to build programs and utilize existing resources to improve health and wellness in the region and make the Phoenix area one of the healthiest in the nation.

The program encourages residents to lead healthier lifestyles, focusing on childhood and adult obesity, nutrition education, walking, bicycling, the use of public transportation and healthy worksites.

The city's Parks and Recreation Department oversees the program and works with businesses, nonprofits and other government agencies to create mutually beneficial partnerships.

To learn how you and your community can get moving toward better health, please visit www.phoenix.gov/parks/fitphx.

ENCHANTED ISLAND AMUSEMENT PARK



FREE Easter Egg Hunt (NEW 2 DAYS)

March 26th & 27th, 2016

10:00 a.m.

Enchanted Island Amusement Park

1202 W. Encanto Blvd. Phoenix, AZ 85007

602-254-1200



- Free for all Ages 1-10
- Arrive Early as all children must register and receive an age appropriate stamp (Registration is FREE)
- All Eggs are Prize filled, plus 40 Grand Prize eggs
- Bring your own basket
- Easter Bunny available for pictures (9am -3pm)