



**PHOENIX FAMILIES FIRST
RESOURCE CENTER**
PHOENIX.GOV/EDUCATION/FAMILIESFIRST
Serving Families and Children



March 2021



FamilyResourceAZ.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Storytime Llama Llama Misses Mama 9 a.m. or 2 p.m.	3 Grab and Go Activity Material Pick Up Registration Required	4 Bilingual Storytime El Camion Azul Grab & Go 10 a.m. or 1 p.m.	5	6
8	9 Flowers In Spring Grab and Go Activity 9 a.m. or 2 p.m.	10 Oral Health Education English 10:15 Spanish 12:15	11 Mindful Yoga 10 a.m. or 1 p.m.	12	13
15	16 The Very Busy Spider Storytime 9 a.m. or 2 p.m.	17  Coping Strategies for Parents During COVID-19 1 p.m.	18 The Runaway Bunny Grab and Go Activity 10 a.m. or 1 p.m.	19	20 Music and Movement 10:30
22	23 The Wheels on the Bus Grab and Go Activity 9 a.m. or 2 p.m.	24 Developmental Milestones 1 p.m.	25 Corduroy Counts to 10 10 a.m. or 1 p.m.	26	27
29	30 Community Helpers: Firefighters 9 a.m. or 2 p.m.	31 Closed 			



These are FREE classes for children birth to five and their parents and caregivers.
Contact Rosemary Sigala at rosemary.sigala@phoenix.gov or 602-329-9068 to register for activities and more information.



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Phoenix Families First Resource Centers are four safe community hubs located within the City for families with children birth to age five and pregnant mothers. The family resource centers goal is to strengthen and support families by providing information and referral services, free parent and child activities, and parenting education.

ACTIVITIES

Story Times * Early Literacy * Music and Movement * Make and Take Activities * School Readiness * Baby and Me Nutrition * S.T.E.M * M.A.N. C.A.V.E * Social Connections * Parenting Education * Art Experiences

REFERRAL & RESOURCES

Birth to Five Helpline * Medical * Ages & Stages Questionnaire * Food Box * Utility Assistance * Dental * G.E.D. * E.L.A Courses * W.I.C. * AHCCCS * Baby Safe Sleep * Mental Health * Car Seat Safety * Early Head Start and Head Start Housing Information * Nutrition * Education * Other

