

#### **OPEN ENROLLMENT**

Open enrollment is October 13th through
November 9th at 11:59 p.m.\* If you have questions about your benefit choices or how to enroll, please call the City's Benefits Office at (602) 262 4777 or send an email to benefits.questions@phoenix.gov. For additional information, visit phoenix.gov/benefits.

\*Please note that the Benefits Office staff will only available to answer questions through 5:00 p.m. on November 9th.

### OUR BENEFITS PROGRAM OFFERS

- Three distinct health plans: Saver's Choice Plan, PPO, and HMO
- Three dental plans: Dental PPO, Dental PPO Plus, and a Dental HMO
- A generous Vision Plan
- Health Savings Account when enrolled in the Saver's Choice medical plan
- Flexible Spending Accounts
- A wellness incentive that can add up to \$60 per month
- An Employee Assistance Program (EAP) with 12 free counseling visits per incident
- Two Legal Insurance plans value & full
- Qualified domestic partner coverage
- 401(a), 457(b), and PEHP to help you build your retirement
- Employee Loan Program
- Pet Insurance

This 2024 Employee Benefits Guide includes important information and updates about these City of Phoenix employee benefits. It does not include all plan rules, details, limitations, and exclusions. Please keep in mind that summary plan descriptions, coverage certificates, policies, contracts, and similar documents prevail when questions of coverage arise. City of Phoenix reserves the right to change or discontinue its employee benefits plans at any time.

### MESSAGE FROM CITY MANAGER

Each year, the City of Phoenix evaluates our Benefits package with the help of the Healthcare Task Force (HCTF) and Healthcare Trust Board (HCTB). Our goal is to provide a sustainable, competitive, and comprehensive benefits package for City of Phoenix employees and their families. Due to rising health care costs, the tough decision was made to implement premium increases and plan design changes in 2024 to improve the sustainability of our Healthcare Trust.

City of Phoenix employees are valuable public servants, your hard work and commitment to our residents does not go unnoticed.

With this year's Open Enrollment, I encourage all city employees to attend the virtual information sessions hosted by our HR Benefits Team to learn more about the changes going in to effect in 2024.

Thank you for all you do for the City of Phoenix!

## TABLE OF CONTENTS

4	2024 BENEFITS HIGHLIGHTS
8	WHEN TO REVIEW THIS GUIDE
9	2024 PREMIUM RATES
13	WELLNESS INCENTIVE
14	HEALTH CLINIC
15	ELIGIBILITY
18	HEALTH PLANS
19	CHOOSING YOUR HEALTH PLAN – WHAT MAKES EACH PLAN DISTINCTIVE?
20	BCBS SAVER'S CHOICE PLAN WITH HSA
21	BLUECARE ANYWHERE VIRTUAL HEALTH VISITS
22	HEALTH SAVINGS ACCOUNT (HSA)
24	BCBS PPO
26	BANNER   AETNA HMO
27	98POINT6 VIRTUAL HEALTH VISITS
28	HEALTH PLANS AT A GLANCE

30	PHARMACY BENEFITS
32	BEHAVIORAL HEALTH BENEFITS
33	EMPLOYEE ASSISTANCE PROGRAM (EAP)
35	CIGNA DENTAL PLANS
37	VISION BENEFITS
39	FLEXIBLE SPENDING ACCOUNT (FSA)
41	LIFE INSURANCE (FSA AND DC-FSA)
44	LEGAL INSURANCE
45	TRUECONNECT EMPLOYEE LOAN PROGRAM
45	PET INSURANCE
46	SAVING FOR RETIREMENT
48	HOW TO ENROLL IN BENEFITS
49	WHO TO CONTACT
51	GLOSSARY
51	LEGAL NOTICES



# The City of Phoenix is pleased to offer a competitive and comprehensive benefits package to you — our valued employee.

Here are a few highlights of the benefits designed to offer support to you and your family in 2024:

### City Spouse Post Employment Health Plan (PEHP)

The PEHP program now includes City employees who are enrolled as a spouse/QDP on another employees plan to have their own PEHP account, if they are otherwise eligible for PEHP.

To receive the PEHP contribution, a City of Phoenix employee, enrolled as a spouse/QDP on a City of Phoenix active medical plan, must enter their social security number (SSN) or tax identification number (TIN) into eCHRIS.

### Mental & Emotional Health

The City of Phoenix understands that life happens and how work and personal challenges can affect our health and overall wellbeing. The EAP Program through Compsych is a no-cost confidential employee assistance program available to you and your household members. This benefit is staffed by licensed counselors who can provide support and guidance to local resources.

The City of Phoenix Employee Assistance Program is a confidential service that focuses on assisting those who struggle with personal situations and problems that may affect their ability to function at home, work, or in the community. EAP counselors support employees with resources that set the foundation for the restoration or improvement of emotional and mental wellness.

- Family/Marital Problems
- Anxiety/Emotional Problems
- Stress Management Needs
- Substance/Alcohol Abuse
- Financial Problems
- Death of a Loved One

- Anger Management
- Domestic Violence
- Community Resources
- Eldercare and Caregiving Support

Full-time employees and their immediate family members can receive 12 face-to-face counseling sessions per person, per event. Telephonic counseling is available, or counseling can be accessed via web-video for maximum convenience to full-time and part-time employees. To access mental and emotional health support services, you can call (602) 534-5433 or visit ComPsych Guidance Resources (ID = PhoenixEAP).

### **Dental Coverage**

#### Plan Year 2024 Changes:

- PPO Family Plan Monthly Decrease \$2.51 (family)
- PPO Plus Plan Monthly Increase \$8.94 (individual)\$22.11 (family)

### Virgin Pulse -Wellness Platform

TheFit4Phoenix Program is designed to help employees thrive in every area of health. The City is now offering wellness programs through Virgin Pulse, where employees and their families have access to a wide variety of services and resources through the Virgin Pulse website. The City will continue to offer the wellness incentive administered through Virgin Pulse. Requirements will include completion of the Health Assessment and submitting an attestation form indicating that you have completed your annual wellness visit with your primary care physician.



### **Employee Healthcare Clinic**

The City of Phoenix encourages all employees to make health maintenance a priority. To that end, we offer an Employee Healthcare Clinic designed to make access to helpful health and well-being resources easy and convenient for you and your family. Enrollment in a City-sponsored medical plan is required. The Employee Healthcare Clinic is a great place to go when you need a wellness exam, need assistance in managing a chronic condition, or are dealing with an acute illness or injury. The Clinic has a dedicated Physician's Assistant and part-time Medical Director, and you can establish a Primary Care Provider right in the clinic. For your convenience, there is an on-site laboratory and two innetwork pharmacies located nearby. With your supervisor's permission, you can visit the Clinic during work hours with up to 60 minutes of pay (depending on location and travel time).

### High Quality Medical Coverage

The City is committed to continuing to provide high quality medical coverage through the same plans that you have come to know and rely on!

In 2024, you will see some small modifications in medical plan design along with a rate increase. As the cost of health care continues to rise, rate increases are necessary to ensure sustainability in supporting our employees through high quality medical benefits for years to come.

#### **SAVER'S CHOICE + HSA PLAN**

The BCBS Saver's Choice Plan remains the lowest cost option when compared to the PPO and HMO Plan.

#### Plan Year 2024 Changes:

- Premium Monthly Increases: \$15.45 (individual) -\$53.63 (family)
- Coinsurance Change from 0 to 10%

#### **BLUE CROSS BLUE SHIELD PPO PLAN**

The PPO plan provides a flexible network that includes out of network coverage. However, it is the highest cost option to include a separate out-of-network deductible and higher copays.

#### Plan Year 2024 Change:

Premium Monthly Increases: \$1.88 (individual) -\$6.00 (family)

#### **BANNER | AETNA HMO PLAN**

The HMO Plan provides you access to the Banner network.

#### Plan Year 2024 Changes:

- Premium Monthly Increases: \$4.59 (individual) -\$14.57 (family)
- Deductible Change from \$500.00 to \$0.00 (single coverage) and from \$1000.00 to \$0.00 (family coverage)
- Copay Increasing by Service (see page 29 for details)
- Coinsurance 10% Home Healthcare and Skilled Nursing (Broad Network providers)

Vision Plans – Coverage and rates remain the same as last year. The Vision plan vendor has been acquired by MetLife and is now called Davis Vision by MetLife. Please see page 38 for new Vision plan contact information.

#### **Action Required for Saver's Choice + HSA Plan**

You are NOT automatically enrolled in an HSA when you elect the Saver's Choice Plan – in order to receive the employee HSA seed you have to elect HSA, and then you'll receive a free debit card from HealthEquity for your HSA.

# City Health Savings Account (HSA) Contributions Pro-Rated for New Hires

City HSA contributions will be pro-rated monthly for the initial year of coverage for those newly hired or otherwise joining the Saver's Choice plan outside of Open Enrollment.

**How will this impact you?** If you are enrolled in the Saver's Choice plan for all of 2024, this change will not impact you at all. If you are joining the Saver's Choice at some point after January 1, 2024, either due to being a new hire or experiencing a Qualified Life Event (QLE), the 2024 City

HSA contribution will be prorated monthly based on the effective date of your enrollment in the Saver's Choice plan. See the chart on the next page for the pro-rated City HSA contribution amounts:





# City Health Savings Account (HSA) Contributions Pro-Rated for New Hires

	SAVER'S CHOICE HSA CITY CONTRIBUTION				
Saver's Choice Plan Effective Date	Single	Family	Single to Family Coverage Change Add'l Cont.*		
January 1	\$1,125	\$2,250	N/A		
February 1	\$1,031	\$2,062	\$1,031		
March 1	\$938	\$1,876	\$938		
April 1	\$844	\$1,688	\$844		
May 1	\$750	\$1,500	\$750		
June 1	\$656	\$1,312	\$656		
July 1	\$563	\$1,126	\$563		
August 1	\$469	\$938	\$469		
September 1	\$375	\$750	\$375		
October 1	\$281	\$562	\$281		
November 1	\$188	\$376	\$188		
December 1	\$94	\$188	\$94		

\*If you change from single to family coverage due to a qualifying life event, the additional City contribution in the far right column will apply. These coverage changes will be in effect on the 1st of the month if the qualifying event happened on the 1st of the month. If the qualifying event happened after the 1st of the month, then the coverage change will be in effect the on 1st of the month following the qualifying event. To determine the additional City contribution for the change in single to family coverage, refer to the row corresponding to the effective date of the coverage change.



### WHEN TO REVIEW THIS GUIDE



When you are hired and are making your new hire benefit elections. You only have 31 calendar days from your date of hire to make your new hire

During Open Enrollment to see what's new before deciding whether to make changes or let your current elections roll forward.



Whenever a Life Event occurs – such as marriage, birth, adoption, legal guardianship, divorce, or loss of other group coverage – that may impact your enrollment.

information at phoenix.gov/benefits.

This guide provides highlights of the City of Phoenix employee benefit plans,

effective January 1, 2024. Summary plan descriptions, coverage certificates,

policies, and contracts prevail.



elections.

### **2024 Monthly Premium Rates**

### Health Plan Premiums – Full-Time Employees

A deduction is taken from the first two paychecks of the month for that month's coverage (24 pay periods).

	SAVER'S CHOICE PLAN WITH HSA		PPO		НМО	
	Employee	Family	Employee	Family	Employee	Family
Employee's Monthly Premium	\$120.28	\$390.04	\$153.66	\$487.82	\$127.34	\$404.26
Paycheck Deduction	\$60.14	\$195.02	\$76.83	\$243.91	\$63.67	\$202.13
City's Portion	\$481.12	\$1,560.16	\$614.64	\$1,951.28	\$509.36	\$1,617.04
Full Premium	\$601.40	\$1,950.20	\$768.30	\$2,439.10	\$636.70	\$2,021.30

### Health Plan Premiums – Job Share Employees

A deduction is taken from the first two paychecks of the month for that month's coverage (24 pay periods).

	SAVER'S CHOICE PLAN WITH HSA		PF	PPO		НМО	
	Employee	Family	Employee	Family	Employee	Family	
Employee's Monthly Premium	\$360.84	\$1,170.12	\$460.98	\$1,463.46	\$382.02	\$1,212.78	
Paycheck Deduction	\$180.42	\$585.06	\$230.49	\$731.73	\$191.01	\$606.39	
City's Portion	\$240.56	\$780.08	\$307.32	\$975.64	\$254.68	\$808.52	
Full Premium	\$601.40	\$1,950.20	\$768.30	\$2,439.10	\$636.70	\$2,021.30	

### **2024 Monthly Premium Rates**

### Dental Premiums - Full-Time Employees

One deduction is taken from the first paycheck of the month for that month's coverage.

	DENTAL HMO		DENTA	DENTAL PPO		DENTAL PPO PLUS	
	Employee	Family	Employee	Family	Employee	Family	
Paycheck Deduction	\$0.00	\$18.82	\$0.00	\$32.76	\$14.22	\$71.90	
City's Portion	\$27.32	\$56.48	\$47.52	\$98.28	\$47.52	\$98.28	
Full Premium	\$27.32	\$75.30	\$47.52	\$131.04	\$61.74	\$170.18	

### Dental Premiums - Job Share Employees

One deduction is taken from the first paycheck of the month for that month's coverage.

	DENTAL HMO		DENTA	DENTAL PPO		DENTAL PPO PLUS	
	Employee	Family	Employee	Family	Employee	Family	
Paycheck Deduction	\$13.66	\$47.06	\$23.76	\$65.52	\$37.98	\$104.66	
City's Portion	\$13.66	\$28.24	\$23.76	\$65.52	\$23.76	\$65.52	
Full Premium	\$27.32	\$75.30	\$47.52	\$131.04	\$61.74	\$170.18	

### Buy-Up Vision Premium – All Employees

A deduction is taken from the first two paychecks of the month for that month's coverage (24 pay periods).

	DAVIS VISION BY METLIFE BUY-UP PLAN  Employee Family			
Paycheck Deduction	\$5.54	\$13.06		



### **2024 Monthly Premium Rates**

### Optional Life Insurance Premiums – Employee, Spouse, or Qualified Domestic Partner (QDP)

One deduction per month is taken from the second paycheck of the month.

	EMPLOYEE RATE PER \$1,000 OF COVERAGE	SPOUSE OR QDP RATE PER \$1,000 OF COVERAGE
	Based on Employee Age	Based on Spouse or QDP Age
Under 25	\$0.057	\$0.043
25–29	\$0.064	\$0.051
30-34	\$0.080	\$0.068
35–39	\$0.088	\$0.077
40–44	\$0.095	\$0.085
45 –49	\$0.137	\$0.132
50-54	\$0.211	\$0.196
55 - 59	\$0.35	\$0.366
60 - 64	\$0.527	\$0.561
65 - 69	\$0.997	\$1.080
<b>70</b> +	\$1.606	Not Available

### Optional Life Insurance – Children

One deduction per month is taken from the second paycheck of the month.

	COVERAGE AMOUNT PER CHILD					
	\$10,000 \$15,000 \$20,000 \$25,000					
Monthly Deduction	\$1.00	\$1.50	\$2.00	\$2.50		

### Legal Insurance Premium

One deduction is taken from the first paycheck of the month for that month's coverage.

	VALUE PLAN	FULL PLAN
	Employee / Family	Employee / Family
Monthly Deduction	\$11.65	\$23.70

### Who Sets the Medical Premiums?

For 15+ years, the City has self-funded the employee health plans to reduce the cost of group medical coverage. When an employer self-funds its coverage, it sets the annual premium rates based on the group's claims history and projected medical expenses, while maintaining an adequate reserve balance.

The City of Phoenix Health Care Benefits Trust holds the premium payments made by the City, employees, and retirees. Funds in this trust can only be used for claims and plan administration. Plan administration can include necessary expenses such as leasing provider networks, claims adjudication, the appeals process, drug formulary administration, stop loss coverage, audits, and actuarial services.

Because of self-funding, more than 97% of every premium dollar goes directly to claim expenses.

Banner | Aetna and Blue Cross Blue Shield of Arizona (BCBS) have been selected in competitive bidding processes to supply the networks we use for doctors, hospitals, labs, and other medical services. Each network provider has a contract in place with Banner | Aetna and / or BCBS. Each contract determines how much is paid for services. Provider contracts are negotiated regularly and subject to change. Providers may apply to join a network at any time and may choose to leave a network when their contract expires. The City does not control the contracts with providers, or the decisions made by providers to join or leave a network.

### The Health Care Task Force

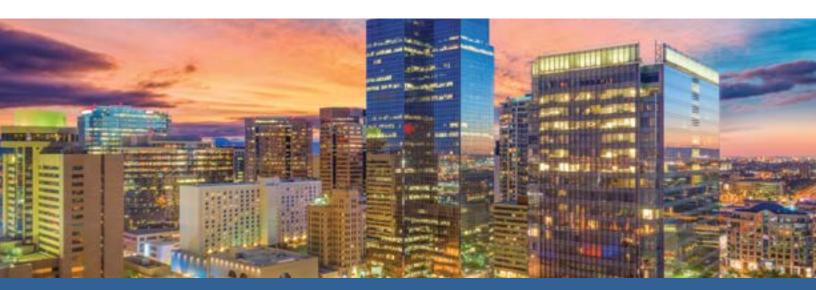
The Health Care Task Force provides input on medical premium rates, copays, plan designs, and wellness programs. The Task Force is comprised of one representative from each bargaining unit, one representative from middle managers, one executive representative, and one retiree representative. A member of HR Department management chairs the Task Force.

### The Health Care Benefits Trust Board

The Health Care Benefits Trust Board is charged with financial oversight for the trust that holds premium payments from employees, retirees, and the City. The Board is comprised of four members from the community with relevant benefits and/or financial background and one member representing COPCU (City of Phoenix Coalition of Unions).

### The City's Contribution to Our Medical Premium

The City pays 80% of eligible full-time employee medical premiums, whether enrolled in single or family coverage.





### **Wellness Incentive**

### Wellness Programs & Resources

The City wants you to enjoy your work and your life! Good health is an important component of your overall satisfaction at work and at home. Through the **Fit4Phoenix Employee Wellness Program**, you can find tools and resources to help you thrive rather than merely survive the daily challenges that come your way.

The Fit4Phoenix Employee Wellness Program takes a holistic approach, offering programs in the following areas:

- Nutrition Programs
- Fitness/Step Challenges
- Gym Discounts (YMCA & KROC Community Center)
- Health Coaching
- Wellness Classes

### Wellness Incentive

INCENTIVE REQUIREMENTS ACHIEVED BY:	POTENTIAL EARNINGS*
Either Employee or Covered Spouse / QDP	\$40 per month
Both Employee and Covered Spouse / QDP	\$60 per month

<sup>\*</sup>Earnings are paid out bi-weekly and are subject to applicable federal and/or state tax withholdings.

#### Step 1: Visit Your Primary Care Provider (PCP).

A PCP is a family practice doctor, general practitioner, an internist or an OBY/GYN in your City of Phoenix employee plan network to get your seven pieces of biometric data (HDL cholesterol, total cholesterol, blood glucose, waist circumference, height, weight, and blood pressure).

\*\*If you leave active City coverage for longer than 30 days, you must create a new Virgin Pulse account and complete your health assessment and attestation again.\*\*

#### Step 2: Create Account/Log into Virgin Pulse

To create an account or log in visit <a href="https://join.virginpulse.com/fit4phoenix">https://join.virginpulse.com/fit4phoenix</a> [join. virginpulse.com]. a Spouse or QDP they must create their own account and have their own User ID and password on the website. To create their account the Spouse / QDP would use the employee's ID number with an S at the end. (Example: 000000S)

#### Step 3: Health Assessment and PCP Visit Attestation

Complete the Health Assessment and PCP Visit Attestation by visiting the Virgin Pulse portal and clicking on the rewards section under the Home Tab on the Virgin Pulse Platform. To complete both requirements the Health Assessment and PCP Visit Attestation, you will need both you and your spouse/QDP biometric data. Click on the link "Complete Health Assessment" Follow the prompts to complete your Health Assessment. Below the Health Assessment you must also complete the PCP Visit Attestation. Once completed you should have a green check mark next to each requirement.

#### Step 4: Check Your Paystub

Once you and/or your covered spouse/QDP complete the Health Assessment and PCP Attestation within the same calendar year, your wellness incentive will show up on your paycheck (under" Hours and Earnings") about 30 days after your completion of incentive requirements has been reported by insurance carriers. You must complete the two requirements by 12/15/23 to receive the first incentive of the year in 2024. If you miss the deadline, you can still complete your Health Assessment and PCP Attestation; however, you will not see the incentive on your first paycheck of January 2024.

**IMPORTANT:** If you are/were enrolled as a spouse on another employee's City medical plan and then enroll on your own City medical plan, you must contact the benefits office to have your Virgin Pulse accounts merged, within 30 days of this change.

### Fit4Phoenix Employee Wellness Program

To learn more about the Fit4Phoenix Wellness Programs and the Wellness Incentive, visit <u>cityofphoenix.sharepoint.com/sites/hr/benefits/wellness</u>. For questions about wellness programs, email be.healthy@phoenix.gov

### **Health Clinic**

The City of Phoenix understands that working within the "new normal" involves juggling multiple priorities within a busy lifestyle. Our Employee Health Clinic can help make access to helpful health and well-being resources easy and convenient for you and your family! The Clinic has a dedicated Physician's Assistant and Part-time Medical Director, and you can establish a Primary Care Provider.

### Clinic Services:

#### **WELLNESS**

Wellness Exam Flu Shots Biometric Screening

#### **HEALTH MANAGEMENT**

Hypertension
Diabetes
High Cholesterol
Behavioral Health
Medication Management

### **ACUTE ILLNESS OR INJURY**

Strep Throat

Flu

**Bronchitis** 

Allergies

**Gastrointestinal Distress** 

**Urinary Tract Infections** 

X-Ray

#### **PERSONAL INJURY**

Sprains/Strains Wound Care

#### **ONSITE LABORATORY**

### For Questions

Call: (602) 262-4777

Email: <u>benefits.questions@phoenix.gov</u>

### Clinic Details:

#### **LOCATION:**

1 N. Central Avenue Phoenix, AZ 85003 (N.W. Corner of 1st St. & Washington St.)



#### **HOURS:**

7 a.m. to 6 p.m., Monday through Friday

#### **SCHEDULE AN APPOINTMENT:**

Use the Clockwise App

#### WHERE TO PARK?

Use the One N. Central parking structure (visitor spaces on levels B-1 to B-4). Parking ticket validated at Clinic.

#### WHAT IS THE COST?

Banner | Aetna HMO members and BCBS PPO members can visit the clinic at no cost. Saver's Choice Plan members will pay a \$20 copay until deducible is met. There is no cost for preventive care.

#### FOR YOUR CONVENIENCE:

If you need to get a prescription filled, there are two in-network pharmacies (Fry's Grocery Store and CVS) adjacent to the Clinic, where you can fill your prescriptions.

### CAN I GO TO THE CLINIC DURING WORK HOURS?

Yes. With a supervisor's permission, employees will be able to attend appointments during work hours with up to 60 minutes of pay, depending on location and travel time. Employees based in facilities on the outskirts of the City should talk to their HR representative.



### **Eligibility**

### Eligible Employees

To be eligible for benefits you must be a full-time benefit eligible City employee. Benefits are effective on the 1st of the month following the employee's date of hire. Please see plan documents for specific eligibility requirements for each benefit plan. Missed premiums will be deducted from your paycheck to satisfy missed premiums.

### Eligible Dependents

If eligible for health coverage, you may also cover your eligible dependents, which include but are not limited to:

- Your legal spouse
- Your Qualified Domestic Partner (QDP) (approval process required)
- Your biological or adopted child, up to the month in which they attain age 26
- Your disabled child 26 or older with confirmed disabled dependent certification and recertification by health insurance carrier prior to attaining 26 years of age
- Your stepchildren up to age 26 (so long as you are legally married to their parent)
- Your QDP's biological children up to age 26 (so long as the Qualified Domestic Partnership is approved and intact)
- Children up to age 26 who live with you for whom you have legal custody or court-approved guardianship (until custody / guardianship expires)

## Ineligible dependents for health coverage include but are not limited to:

- Your ex-spouse or former Qualified
   Domestic Partner (QDP)
- Children of your ex-spouse or former QDP that are not your biological or adopted children
- A dependent who is actively serving in the military
- A dependent who is currently incarcerated in prison

Please refer to page 52 for information regarding the audit process.

### Part-Time Eligibility

Hourly paid members who have average a minimum of thirty (30) hours weekly in a calendar year shall be entitled to the same benefits as received by regular full-time Unit members. Continuation of participation under these plans will be determined by reviewing the average hours worked in the prior 12-month period every calendar year on October 1. This qualifying period will be determined for the following benefit year effective January 1.

### Unit 001 Part-Time Eligibility

Hourly paid Unit 1 members who have worked a minimum of fifty (50) hours in each pay period for twenty-six (26) consecutive weeks shall be entitled to the same benefits as received by regular full-time Unit 1 members. Continuation of participation under these plans will be determined by reviewing the average hours worked in the prior 12-month period every calendar year on October 1. This qualifying period will be determined for the following benefit year effective January 1.

Unit 001 Part-time employees are allowed an hours reduction of up to two (2) weeks in one pay period in the twenty-six (26) week qualifying period and each period thereafter without impacting their eligibility to participate in the part-time employees' benefit programs.



### **Important Information**

### Documentation Requirements for Enrolling Dependents

The City of Phoenix Benefits Office requires documentation to establish a dependent's eligibility for coverage. The City has the right to request documentation as often as deemed necessary.

### A dependent's coverage will be removed or denied if the employee:

- Does not provide all documentation requested, and/or
- Does not respond to the Benefits Office within 14 calendar days of a request for documentation

Social Security numbers must be provided to the Benefits Office for all family members enrolled in City benefits coverage. This is required for federal reporting under the Patient Protection and Affordable Care Act (ACA).

### Qualified Domestic Partner (QDP) Coverage

Your domestic partner of the same or opposite sex may be eligible for City medical, dental, vision, and optional life insurance coverage if an application is approved by the City's Benefits Office.

#### To Request Coverage:

- Go to <u>phoenix.gov/benefits</u> and and click on the Document Library.
- Search for "Qualified Domestic Partner Info Sheet" and "Qualified Domestic Partner Application."
- Contact the City's Benefits Office with questions at benefits.questions@phoenix.gov or (602) 262-4777.

### Removal of Ineligible Dependents

Employees must remove ineligible dependents within 31 calendar days of the event that makes them ineligible for coverage. For example, within 31 calendar days of divorce, within 31 calendar days of the end of the qualified domestic partnership, or within 31 calendar days of entering active military service.

#### **IMPORTANT NOTE:**

When it is discovered that an employee has left an ineligible dependent on their City coverage, all claims incurred and paid while ineligible are totaled together, and the total amount is recovered from the employee through payroll deduction, collections, and other means as available. The employee could face disciplinary action, up to and including termination.

REQUIRED DEPENDENT DOCUMENTATION				
RELATIONSHIP TO EMPLOYEE	REQUIRED DOCUMENTATION			
Spouse	Marriage Certificate			
Qualified Domestic Partner	QDP Application Packet			
Qualified Domestic Child	A copy of the birth certificate naming the subscriber's current domestic partner as the parent.  For a domestic partner child, you must also provide documentation of your current relationship to your domestic partner as requested above.			
Natural Born Child	A copy of the birth certificate naming the subscriber as the parent. When adding a newborn, a document from the birth provider that includes newborn's name, birth date, and name of the parent who is the subscriber, subscriber's spouse or the subscribers qualified domestic partner will be accepted temporarily. The Birth Certificate must be provided within 4 months for continued enrollment.			
Step Child	A copy of the birth certificate naming the subscriber's current spouse as the parent and Marriage Certificate.			
Adopted Child	A copy of the birth certificate naming the subscriber as the parent.			

<sup>\*\*</sup>For a list of required documentation for Qualified Life Events, visit the Qualified Life Events Chart on phoenix.gov/benefits.



### **Enrollment Policies**

### When Two City Employees Are Married to Each Other

- They will have two single coverage elections when there are no children to cover. When there are children to cover, both employees and the children must be enrolled in one family plan. One single and one family election are not allowed.
- Each employee can have only one type of Optional Life Insurance, either Employee Optional Life Insurance or Spouse Optional Life Insurance. They cannot be covered by both.

### Making Changes Mid-Year

Outside of Annual Open Enrollment, you can only change your benefit elections when you experience a Qualified Life Event (QLE) — a chart can be found on the benefits website in the document library

Enrollment changes must be completed through <u>eCHRIS</u>
<u>Self-Service</u> within applicable time-frame of the qualifying life event.

#### **Examples of QLEs include:**

- Marriage, divorce, annulment, the death of a spouse
- Birth\*, adoption, placement for adoption,
   legal guardianship, change in legal custody
- Becoming covered in or losing other group coverage

### Important Information

Generally, the IRS does not recognize a domestic partner as being eligible for the same tax considerations as a legal spouse. Payroll deductions for domestic partner coverage, generally, may not be taken from your paycheck on a pre-tax basis. Also, the premium attributed to the domestic partner's coverage will be treated as imputed (additional) income resulting in an increase to the employee's tax liability. If you have questions about your domestic partner's tax status, contact your financial advisor.

A domestic partner and their children are not eligible for the Flexible Spending Account (FSA) plan for Health Care or Dependent Care. To learn more please contact your financial advisor.

A Health Savings Account (HSA) cannot be used to pay for a domestic partner's or their enrolled children's out-of-pocket health care expenses unless they are recognized as a tax-qualified dependent under applicable state law and the Internal Revenue Code. To learn more please contact your financial advisor.

City of Phoenix Benefits may conduct periodic audits to verify dependent eligibility in Citysponsored health plans. Moving from Full-time to Part-time will continue benefits eligibility through the end of the Benefit year.

<sup>\*</sup>Please note newborns are not automatically added to your coverage. A newborn is added to the benefits for the first 31 days of life, but that the employee has 60 days to add the child through the QLE process

### **Health Plans**

### Every Plan Offers Generous Coverage and Broad Provider Networks

BCBS SAVER'S CHOICE W/HSA	BCBS PPO	BANNERIAETNA HMO	
May be for you if you like:	May be for you if you like:	May be for you if you like:	
Good medical coverage at the lowest premium cost	The option of seeing out-of-network providers at a higher cost share	Good medical coverage with no deductible	
10% additional cost share after you meet your deductible		Budget-friendly medical expenses with fixed copays and coinsurance	
Flexibility to pay for qualified health care expenses by using a Health Savings Account (HSA), all tax free, including the City HSA contribution		Having the convenience of working with a Primary Care Physician (PCP) to coordinate your medical care with specialists	
To save and invest money tax-free that can be used to cover healthcare expenses after you leave the City and can be used for non-medical expenses after the age of 65		No change in out-of-pocket maximum costs compared to last year	

#### **ALL THREE PLANS HAVE THESE FEATURES:**

- Large, national networks of physicians and facilities
- Pharmacy coverage through Elixir
- Free in-network preventive care
- Full-time, designated representatives dedicated to City of Phoenix employees



## Choosing Your Health Plan – What Makes Each Plan Distinctive?

	SAVER'S CHOICE PLAN PPO		нмо	
How large is the plan's network?	It is a large local and national network			
Access to Mayo and Phoenix Children's Hospital		Yes		
Am I required to use the plan's network of physicians, facilities, etc.?	res, except in the event of an providers can be		Yes, except in the event of an emergency	
Is a referral required to see a specialist?		No		
Is there an annual deductible?	Yes	Yes	No	
Is there coinsurance?	Yes	Yes	No	
Are there copays?	Only for prescriptions after the deductible is fulfilled	For a few services, including prescriptions	10% applicable to Home Healthcare and Skilled Nursing	
What is the most I will pay out of pocket per year for in-network prescription drug and medical care?	\$3,400 for single coverage, \$6,800 for family coverage	Medical Single: \$1,200 Family: \$3,600  Pharmacy Single: \$1,500 Family: \$3,000	Medical Performance Network Single: \$1,500 Family: \$3,000  Broad Network Single: \$2,500 Family: \$5,000  Pharmacy Single: \$1,500 Family: \$3,000	
Will I be enrolled in a tax- free Health Savings Account with this plan?	Yes. The City contributes \$1,125 with single coverage and \$2,250 with family coverage annually	No	No	
What makes each plan distinctive?	This is the only plan with a tax-free Health Savings Account	The PPO is the only plan with out-of-network coverage	Small copays and coinsurance for Home Healthcare and Skilled Nursing	



### **BCBS Saver's Choice Plan with HSA**

### The Lowest Health Plan Premium

KEY FEATURES OF SAVER'S CHOICE				
Provider Network	Large, national network (same as BCBS PPO) that contains 10,000 local physicians an over 30 hospitals. Coverage is for in-network providers only, except for emergencies.			
Lowest Premium Rates (monthly paycheck deduction)	Individual Coverage: \$120.28/month Family Coverage: \$390.04/month			
Deductible	Individual Coverage: \$1,700 per calendar year Family Coverage: \$3,400 per calendar year			
Coinsurance	10% coinsurance once annual deductible has been met.			
Maximum annual out-of-pocket cost	Individual Coverage: \$3,400 (deductible plus Rx copays) Family Coverage: \$6,800 (deductible plus Rx copays)			
Health Savings Account (HSA) fund- ed by City contributions and your voluntary contributions	The City contributes 66% of your annual deductible to your HSA to help your cover your health care expenses. Individual Coverage Contribution*: \$1,125 Family Coverage Contribution*: \$2,250			

<sup>\*</sup>City HSA contributions will be pro-rated monthly for the initial year of coverage for those newly hired or otherwise joining the Saver's Choice plan outside of Open Enrollment

### Important Information and 2024 Plan changes

Deductibles include all covered medical expenses including prescription drugs, when you use your Elixir pharmacy coverage. The family deductible is one amount, \$3,400, and all covered family member expenses will be applied.

**New 2024 Plan Changes:** After the deductible is met, covered medical services received in-network are paid at **90%** by the plan, and prescriptions are subject to copays of \$10, \$40, \$80, or \$100 for the remainder of the year until the maximum out-of-pocket limit is reached. For family coverage, the out of-pocket limit is one amount, \$6,800, and all covered family member expenses will be applied.

### Retiring soon?

Please pay special attention before deciding to enroll in the Saver's Choice Plan (with HSA) if retirement is in your near future. Your enrollment in Medicare and any supplemental Medicare plans impacts how you may invest in and use funds associated with your HSA. Please see IRS Publication 969 for details.

### **BCBS** of Arizona

(602) 864-4857

azblue.com

### Find a BCBS Provider

- Visit <u>azblue.com</u>
- Click Find Care/Find Doctor
- Click the option that best describes you, and follow the prompts





### **How the Saver's Choice Plan Works**



Health Savings Account (HSA)	Set aside tax-free money from your paycheck and receive contributions from the City to help cover your costs now, or in the future.				
Deductible	Pay 100% of your medical and prescription costs until you meet the annual deductible.				
Coinsurance	There is a 10% coinsurance payment for services incurred after the deductible has been met.				
Out-of-Pocket Maximum	\$3,400 for single coverage (deductible plus Rx copays); \$6,800 for family coverage (deductible plus Rx copays)				

### Blue Care Anywhere Virtual Health Visits

### ONLINE DOCTOR VISITS THROUGH BCBS OF ARIZONA

On-demand health care services through BlueCare
Anywhere are available to all employees and dependents
enrolled in the BCBS Saver's Choice Plan or PPO.

BlueCare Anywhere visits are provided at no cost to PPO plan members and for a \$20 copay per visit for Saver's Choice Plan members.

### See a Doctor Anytime, Anywhere

BlueCare Anywhere gives you 24/7 access to U.S. board-certified doctors, counselors, and psychiatrists through your computer or mobile device. Here's how to get started:

- Enroll online at BlueCareAnywhereAZ.com
- Fill out a questionnaire and select your provider type

- Saver's Choice Plan members pay a \$20 copay which is applied to the annual deductible. You can use a credit card or your Health Equity HSA debit card
- Start your visit or schedule an appointment
- Receive a summary of your visit to share with your primary care provider

In addition to online diagnosis and treatment, your doctor may also order prescriptions for you at the pharmacy of your choice.

## To contact our designated BCBS representative:

To contact our designated BCBS representative, see the Benefits website for current contact information (www.phoenix.gov/benefits)

### **Health Savings Account**

### Part of the Saver's Choice Health Plan – Administered by HealthEquity

### BENEFITS OF HSAS: PAY FOR HEALTH CARE EXPENSES

You can use your HealthEquity debit card to conveniently pay for medical, prescription drug, dental, vision, and over-the-counter expenses. For a list of qualified health care expenses, see IRS Publication 969.

Important Note: You cannot use an HSA to pay for health care expenses incurred by a domestic partner.

#### **BENEFITS OF HSAS: ENJOY TAX SAVINGS**

When you use your HealthEquity HSA account, you can enjoy tax savings in three ways:

- Pay for qualified health care expenses tax-free
- Contribute to your HSA tax-free
- Earn interest on unused HSA funds tax-free (once HSA reaches a certain amount)

Important Note: You may not contribute to a HSA when you are enrolled in Medicare. Please note that if you have to (or choose to) enroll in Medicare Part A, the coverage is retroactive for up to 6 months, but no earlier than your eligibility date. Because of this, you should plan to stop HSA contributions around 6 months before enrolling in Medicare.

If you continue to contribute to your HSA after you enroll in Medicare, there may be potential tax penalties depending on your situation. One such penalty may include a 10% income tax penalty on the amount of funds you have contributed. The City of Phoenix does not provide tax or legal advice. You should consult with your own tax or accounting advisor for specific situation.

### BENEFITS OF HSAS: TAKE IT WITH YOU INTO YOUR FUTURE

Money left in your HSA at the end of each year rolls over to the next year, including the City's contribution. You can save your HSA funds to use for your health care costs when you retire or leave the City. The money is yours to take with you. You can also use your HSA as another retirement vehicle: once you turn 65 years of age, funds may be used for non-medical purposes (regular income taxes apply).

### **Enrollment Information**

You must be enrolled in the BCBS Saver's Choice medical plan to be eligible for the HSA. You are NOT automatically enrolled in the HSA when you elect the Saver's Choice Plan — in order to receive the employee HSA seed you have to elect HSA, and then you'll receive a free debit card from HealthEquity for your HSA.

There is no fee for this account while you are enrolled in the Saver's Choice Plan. If you retire, terminate, go on COBRA, or select a different health plan, HealthEquity will deduct a small monthly fee for account administration.

#### You cannot be enrolled in the HSA if:

- You are enrolled in other non-HSA eligible health coverage, including a spouse's group health plan, Flexible Spending Account (FSA), or Medicare.

  Exception: You can enroll in a limited-purpose FSA and an HSA health plan at the same time. Any FSA elections while electing an HSA will automatically be converted to a Limited Purpose FSA.

  (see page 41 for more information regarding FSAs)
- You are claimed as a dependent on someone else's tax return

### Don't Forget!

Your HSA pre-tax paycheck election amount must be elected each year. Indicate your desired contribution amount each year at Open Enrollment. You can change your contribution amount at any time throughout the year.



### **How the Health Savings Account Works**

### Step 1:

Enroll in the BCBS Saver's Choice Plan with HSA. Per IRS rules, this is the only health plan the City offers with an HSA. You will then receive an HSA welcome kit and HSA debit card from HealthEquity.

### Step 2:

Activate the debit card. Use the debit card to pay for out-of-pocket expenses such as copays, coinsurance, and deductibles, or pay online at: myhealthequity.com.

### Step 3:

At Open Enrollment time, select the amount of your voluntary contributions to your HSA.\* The HSA contribution limits for 2024 are \$4,150 for single coverage and \$8,300 for family coverage. In addition, there is a \$1,000 additional "catch up" amount for employees 55 or older.

### Step 4:

Check your HSA account for the City's contribution given in a lump sum during your first month of coverage, and during the first month of the plan year (January). The current

City contribution is 66% of the annual deductible: \$1,125 for single coverage and \$2,250 for family coverage. Note that the amount given by the City will be pro-rated monthly for new hires and those otherwise enrolling in the Saver's Choice plan outside of Open Enrollment (for the initial year of coverage).

### Step 5:

Check your paystub. Your HSA contributions are deducted from your first two paychecks each month on a pre-tax basis. You can change this contribution amount using eCHRIS Self-Service.

### Step 6:

Use your HSA account to conveniently pay for qualified health care expenses or save your HSA dollars to pay for expense in future years. Your money never expires (see IRS Publication 969).

\*Important Note: Employees may contribute to their HSA on a pre-tax basis only while enrolled in the BCBS Saver's Choice Plan. If you later switch to the HMO or PPO plan, you can no longer contribute to the HSA.

### Health**Equity**

### Contact HealthEquity with Questions

You'll receive a comprehensive welcome packet in the mail from our HSA administrator, HealthEquity, when you enroll in the BCBS Saver's Choice Plan. You can manage your HSA account securely online. HealthEquity offers 24-hour customer service phone support and web access to track

and manage your funds and provider payments. You are encouraged to attend webinars or view videos about HSAs at <a href="https://hearn/webinars">healthequity.com/learn/webinars</a> and <a href="https://healthequity.com/learn/videos">healthequity.com/learn/videos</a>.

#### **HEALTH EQUITY**

Qualified Medical Expense List • (877) 582-4793 • HealthEquity.com

### **BCBS PPO**

The PPO provides in-network and out-of-network coverage. You can see the doctor of your choice, but you will pay more out-of-pocket when you go outside of the network. There are separate deductibles for in-network and out-of-network care, plus coinsurance. Once you reach the deductible, you will pay coinsurance until the out-of-pocket maximum is met. After that, the plan will pay 100% of covered services.



### **Important Information**

When using out-of-network physicians, labs, facilities, etc., you may be billed for the difference between what BCBS pays as the "allowed amount" and what the provider charges. This is called "balanced billing." It is your responsibility to pay this difference to the out-of-network provider when billed. This is above and beyond your out-of-pocket costs for the deductible and coinsurance.

KEY FEATURES OF PPO PLAN					
Provider Network	Large, national network (same as BCBS Saver's Choice Plan) that contains 10,000 local physicians and 30 hospitals, including Mayo Clinic, Phoenix Children's Hospital, and St. Joseph's Hospital.				
Highest Premium Rates (monthly paycheck deduction)	Individual Coverage: \$153.66/month Family Coverage: \$487.82/month				
Deductible	In-Network: Individual: \$600/calendar year Family: \$600 per covered member to a maximum of \$1,800 per family Out-of-Network: Individual: \$1,200/calendar year Family: \$1,200 per covered member to a maximum of \$3,600 per family				
Coinsurance	In-Network: 20% Out-of-Network: 30%				
Maximum Annual Out-of-Pocket Cost	In-Network:  Medical: \$1,200 per covered member to a maximum of \$3,600 per family Pharmacy: \$1,500 per covered member to a maximum of \$3,000 per family Out-of-Network:  Medical \$2,000 per covered member to a maximum of \$6,000 per family Pharmacy: Not covered				

### **BCBS PPO**

### **Important Information**

You must pay all medical costs up to the deductible amount before coverage begins. If you have family coverage, each member has a deductible up until the individual (or family) deductible is met. Once the member (or family) deductible is met (and unless a copay, fee, or other percentage applies), the member will pay a coinsurance percentage until the member (or family) out-of-pocket limit is reached. The out-of-pocket limit is the most you could pay for medical and prescription drug cost in one year.



### How the BCBS PPO Works When using In-Network Providers

Copay	You pay a small fee at the time of service for a few services such as pre-natal care or vision exam.
Deductible	For most services you pay 100% of the contracted costs until you meet the annual per-person deductible.
Coinsurance	After meeting the deductible, you pay 20% of the contracted costs until you reach the out-of-pocket maximum.
Out-of-Pocket Maximum	When you've reached \$1,200 per covered member to a maximum of \$3,600 per family for medical expenses and \$1,500 per member to a maximum of \$3,000 per family for prescription copays, your covered medical and prescription drug services are provided at no further cost to you.

Keep in mind: You pay nothing for in-network preventive care – it's covered in full.

### To contact our designated BCBS representative:

To contact our designated BCBS representative, see the Benefits website for current contact information (www.phoenix.gov/benefits)

#### **BCBS OF ARIZONA**

(602) 864-4857 • azblue.com

#### **FIND A BCBS PPO PROVIDER**

- Visit <u>azblue.com</u>
- Click Find Care/Find Doctor
- Click the option that best describes you, and follow the prompts



### **Banner | Aetna HMO**

The HMO Health Plan is administered by Banner | Aetna. If you prefer having budget-friendly health care expenses, consider the HMO plan. With the HMO plan, you can choose to save money by seeing a Primary Care Physician (PCP) who coordinates care with any specialists. Note that services received outside the network are not covered, except for emergency services.

KEY FEATURES OF HMO PLAN				
Provider Network	National and local network of providers that contains almost 2,000 primary care physicians, over 8,000 specialists, 120 urgent care centers, 23 hospitals (including Phoenix Children's Hospital), and 12 Banner Health Centers offering primary and specialty care under one roof.			
Reasonable Premium Rates (monthly paycheck deduction)	Individual Coverage: \$127.34/month Family Coverage: \$404.26/month			
Deductible	There will be no deductible in 2024 regardless of network.			
Coinsurance	Deductible = 10%*			
Maximum Annual Out-of-Pocket Cost	Individual Coverage: Medical: \$1,500 or \$2,500 (depending on network) Pharmacy: \$1,500 Family Coverage: Medical: \$2,500 or \$5,000 (depending on network) Pharmacy: \$3,000			

<sup>\*</sup>Applies to Home Healthcare and Skilled Nursing received from a Broad network provider.

### New 2024 Plan Changes

The Broad Network deductible has been removed, so the network deductible is \$0 for both the Performance and Broad Networks. There has also been an increase to the copays.



### To Contact Banner | Aetna

(855) 220-6506 • aetna.com/cityofphoenix

### To Find a Provider

- Visit <u>aetna.com/cityofphoenix</u>
- Search for HMO providers within the Performance Network (lower copays) or the Broad Network (slightly higher copays).



### **Banner | Aetna HMO**

### 98point6 Virtual Health Visits

### TEXT-BASED PRIMARY CARE THROUGH BANNER | AETNA

On-demand health care services through 98point6 are available to all employees and dependents ages 1+ enrolled in the Banner | Aetna HMO plan. 98point6 visits are provided at no cost to Banner | Aetna HMO plan members.

#### NO APPOINTMENT, NO WAITING

The 98point6 option gives you 24/7 access to U.S.-based, board- certified doctors from your phone. Here's how to get started:

- 1. Download the 98point6 app from your app store
- 2. Create your account
- 3. Follow the prompts to start your visit

The 98point6 option aslo delivers on-demand diagnosis and treatment from board-certified physicians by secure in-app messaging to include:

- Ordering of prescription drugs and labs
- Outlining care options
- Providing audio and video support
- Referring you to Banner | Aetna HMO network specialists and other resources
- Sending follow-up reminders



# To contact our designated Banner | Aetna representative:

See the Benefits website for current contact information (www.phoenix.gov/benefits)

### 98point6

98point6 Mobile App

98point6.com/cityofphoenix



### **Health Plans at a Glance**

	BCBS SAVER'S CHOICE	BCBS PPO		BANNER   AETNA HMO
	IN-NETWORK ONLY	IN-NETWORK OUT-OF-NETWORK		IN-NETWORK ONLY
Networks	BCBS PPO	BCBS PPO	Not applicable	Banner   Aetna HMO Broad / Performance
Local or National Network?	National	National	Not Applicable	National
Out-of-Network Coverage?	For emergency services	For emergency services	Yes, with out-of-pocket costs	For emergency services
Lifetime Maximum Benefit	Unlimited	Unlimited	Unlimited	Unlimited
Calendar Year Deductible	\$1,700 for single, \$3,400 for all covered family members combined	\$600 per covered member to a maximum of \$1,800 per family	\$1,200 per covered member to a maximum of \$3,600 per family	No deductible
Coinsurance	10%	20%	30%	10% applicable to Home Healthcare and Skilled Nursing
Calendar Year Out-of- Pocket Maximum for Medical Services	Maximum for		Medical \$2,000 per covered member to a maximum of \$6,000 per family Pharmacy Not covered	Medical Performance Network Single: \$1,500 Family: \$3,000  Broad Network Single: \$2,500 Family: \$5,000  Pharmacy Single: \$1,500 Family: \$3,000
Virtual Health Care Banner   Aetna 98point6 BCBSAZ BlueCare Anywhere	\$20	\$0	N/A	\$0
Health Savings Account?	Yes	No	No	No
Prenatal Office Visits	Plan pays 90% of the contracted rate after the calendar year deductible is met	PCMH providers: \$10 copay, deductible does not apply Other providers: \$30 copay, deductible does not apply, or 20% coinsurance	Plan pays 70% of the BCBS allowed amount after the calendar year deductible is met. The difference between the allowed amount and the billed amount is your responsibility to pay	No charge for office visits, maximum copay for additional maternity tests and services Performance Network \$600/year Broad Network \$750/year



### **Health Plans at a Glance**

	BCBS SAVER'S CHOICE	ВСЕ	BANNER   AETNA HMO	
	IN-NETWORK ONLY	IN-NETWORK	OUT-OF-NETWORK	IN-NETWORK ONLY
Office Visit, Primary Care		PCMH providers: \$10 copay, deductible does not apply Other providers: 20% coinsurance		Performance Network: PCP: \$25 Broad Network PCP: \$50
Office Visit, Specialist		PCMH providers: \$10 copay, deductible does not apply Other providers: 20% coinsurance		Performance Network: \$50 Broad Network: \$80
Office Visit, Mental Health			Plan pays 70% of the BCBS allowed amount	Performance Network: \$25 Broad Network: \$50
Outpatient Procedure	Plan pays 90% of the		after the calendar year deductible is met.	\$200
Inpatient Hospitalization	contracted rate after the calendar year deductible is met.	Plan pays 80% of the contracted rate after the calendar year	The difference between the allowed amount and the billed amount is your responsibility to pay.	Performance Network: \$200 per admit, Max \$600 per year Broad Network: \$300 per admit, Max \$900 per year
Lab and X-rays (Medically necessary)		deductible is met.		Covered 100%
Physical Therapy / Occupational Therapy*				Plan pays 100% with no deductible or copay
Home Healthcare / Skilled Nursing				Plan pays 90%
Hearing Aids				One hearing aid per ear every 2 years
<b>Urgent Care Facility</b>				\$75
Hospital Emergency Room			20% coinsurance	\$250
Eye Exam with Optometrist Every 12 months		See p	page 37	
Chiropractic	36 visits per year paid at 100% of the contracted rate after the calendar year deductible is met	36 visits per year covered at 100% with no member cost share	Not covered	36 visits per year
Generic Drugs	\$10, after deductible	\$10	Not covered	\$10
Brand-name Drugs	\$40, after deductible	\$40	Not covered	\$40
Non-formulary Drugs	\$80, after deductible	\$80	Not covered	\$80
Specialty Drugs	\$100, after deductible	\$100	Not covered	\$100
Mandatory Mail Order for Maintenance Medication	Yes, with certain (CVS, Targe	retail pharmacies t, and Fry's)	Not applicable	Yes, with certain retail pharmacies (CVS, Target, and Fry's)

Please go to phoenix.gov/benefits for detailed health coverage information. Information on the website supersedes information found in this document.

### **Pharmacy Benefits**



### **Drug Tiers**

The cost of your prescription drugs under the City's medical plans depends on the tier of the medication:

- Generic drugs contain the same active ingredients as their brand-name equivalents and meet the same federal standards for safety, but typically cost significantly less
- Preferred Brand drugs are brand-name medications that are favored by the prescription plan based on drug effectiveness and cost
- Non-Preferred drugs are brand-name medications generally covered at the highest copay tier level
- Non-formulary drugs are medications that are excluded and are not on a prescription plan's formulary based on drug effectiveness and cost. These medications require prior authorization and will cost more

Specialty drugs are medications that can be injectable requiring a clinical setting or self-administered, have a high cost, and may require special storage and handling. Many traditional retail pharmacies do not have these medications available. Specialty medications are generally exclusive to specialty pharmacies and dispensing is limited to 30 day supply

### Maintenance Medication Requirements

- The City requires you to fill maintenance medications using mail order or specific retail locations. The retail locations available for 90-day fills are CVS, Target and Fry's
- Set up mail order prescriptions by calling Elixir mail order directly or visiting member.elixirsolutions.com
- You save by paying only two copays for 90 days of medication when using a 90-day retail pharmacy (CVS, Target, or Fry's) and when using Elixir mail order when using mail order

### Elixir Contact Info

Elixir Customer Care: (833) 803-4402 ctyphoenixsupport@ elixirsolutions.com

To contact our designated Elixir representative: See the Benefits website for current contact information (www.phoenix.gov/benefits).

### Save Money

90-days' worth of medication from one of our three retail pharmacies (CVS, Target, or Fry's) or by mail through Elixir. (Pay only 2 copays for 3-months' worth of medication!) Also consider generics: often equally effective as brand-name medications while saving significant money!"

### Preventative Drug List

In some cases, there will not be a cost share charged to the member for a prescription, based on applicable rules and regulations, such as the PPACA.



### Have a Question? Need Help?

Contact the City's designated representatives with questions about coverage, claims, and bills. They work with the City Benefits Office and are 100% focused on City employee health plans:









**Blue Cross / Blue Shield** 

To contact our designated representative, see the Benefits website for current contact information (www.phoenix.gov/benefits)



CONTACT CITY STAFF WITH QUESTIONS ABOUT ELIGIBILITY, ENROLLMENT, QUALIFIED LIFE EVENTS (QLE), PREMIUM DEDUCTIONS, RETIREMENT COVERAGE, AND MORE:

City of Phoenix Benefits Office: (602) 262-4777 or benefits.questions@phoenix.gov



### **Behavioral Health Benefits**

As we all adapt to new ways of living and working, attending to mental and emotional health issues needs to be a priority! Mental health is as important to well-being as physical health. Your medical plan covers office visits with licensed psychiatrists, psychologists, and counselors, as well as outpatient and inpatient programs for certain needs.

### BCBS Saver's Choice Plan

Behavioral health services are available through a national BCBS network. There is no out-of-network coverage. Covered services and pre-certification requirements are the same as for the PPO. The deductible and coinsurance apply for in-network providers.

### **BCBS PPO Plan**

Behavioral health services are available through a national BCBS network and from licensed and accredited outof-network providers. The City has a broad network of providers and facilities to meet your needs. Pre-certification is required for non-emergency inpatient behavioral and mental health admissions. The PPO deductible and coinsurance apply for in-network and qualified out-of-network providers.

### Banner | Aetna HMO Plan

Local behavioral health professionals and facilities are available through the HMO's Broad or Performance provider networks. Pre-certification is required for covered non-emergency inpatient services.

### **Exclusions**

Exclusions for all plans include but are not limited to non-licensed facilities, group homes, halfway houses, assisted living, wilderness programs, non-emergency inpatient services at non-approved facilities, and residential treatment centers.





### **Employee Assistance Program**

### ComPsych Guidance Resources

Navigating life in the "new normal" can be stressful! The City of Phoenix is committed to supporting the mental and emotional well-being of our employees and their family members.

The City's Employee Assistance Program (EAP) is offered through ComPsych Guidance Resources, where you can find the care, information, and resources needed for optimal mental and emotional wellness.

#### SHORT-TERM COUNSELING

Employees and their immediate family members have access to free and confidential support from qualified professionals for:

- Family and relationship/marital conflicts
- Problems in the workplace
- Stress, anxiety, or depression
- Response to traumatic events
- Grief and loss
- Anger management
- Domestic violence
- Alcohol and/or drug dependency

**Twelve free counseling sessions are available** per person, per incident. Counseling sessions are provided face-to-face through a large network of local and national providers.

Telephonic counseling is available, or counseling can also be accessed via web-video for maximum convenience.

#### **ELDER CARE SERVICES**

One phone call puts you in touch with a credentialed care manager who specializes in the medical care of older adults. The care manager will come to your loved one's home to learn more about his or her situation and needs.

After providing an assessment, the care manager will work with family members to develop a customized support plan. Together, you can consider housing options, home health services, safety management, health management, social engagement, nutritional counseling, cognitive monitoring, mental health and grief counseling, and more.

#### **ONLINE INFORMATION**

- Mobile access to expert info on thousands of topics including wellness, relationships, work, education, legal, financial, lifestyle, and more
- Browse HelpSheets, assessments, Q&As, videos, and podcasts for emotional health, fitness, financial and legal issues, and more
- Search online elder care and childcare directories

### ComPsych Guidance Resources

844-819-4775 • guidanceresources.com • WebID = PhoenixEAP • Mobile App: GuidanceNow®



### **Employee Assistance Program**

### Are You in Need of Long-term Counseling?



All three of our medical plans offer behavioral health services. The EAP can provide medical plan participants with in-network referrals so you can get the assistance that you need. For an overview of behavioral health services offered through our medical plans, please refer to Page 32.

### **Eligibility for EAP Services**

EMPLOYEE GROUP	CLINICAL SUPPORT COUNSELING			WORK AND LIFE	ELDER CARE
	FACE-TO-FACE	ACE-TO-FACE WEB VIDEO TELEPHONIC		SERVICES	SERVICES
Full-time	12 sessions per incident per eligible family member	12 sessions per incident per eligible family member		Yes	Yes
Part-time	None	12 sessions per incident per eligible family member		Yes	No

With supervisory approval, you may have up to three EAP visits per year on City time.

### Phoenix Fire Department Employees

If you work in the Phoenix Fire Department in any position, civilian or sworn, you receive EAP services from Public Safety Crisis Solutions (PSCS). The PSCS EAP is administered by the Phoenix Fire Department, not by the City of Phoenix Benefits Office.

### Traumatic Event Counseling for Officers and Firefighters (ARS 38-673)

Sworn Firefighters and Police Officers who have experienced a traumatic event on duty and need counseling have access to a benefit of 36 free counseling sessions per incident. Sessions must be completed within 12 months from initial session.

If you'd like to use this benefit or learn more about the six qualifying categories of traumatic events, please visit <a href="PSCrisisSolutions.com">PSCrisisSolutions.com</a> and click on the navigation bar labeled "Trauma Event Services (TES)."

Fill out the appropriate form on that page to initiate this benefit. PSCS can provide this service for all Firefighters and Police Officers and assures you will be seen by a TES specialist within one week.

### **Public Safety Crisis Solutions**

(602) 466-9456 • PSCrisisSolutions.com



### **CIGNA Dental Plans**

### Choice of 3 Plans: Dental PPO, Dental PPO Plus, and Dental HMO

We value your smile! It is one of the best ways to communicate to our community that the City of Phoenix is a great place to live, work, and play. We encourage you and your family to use your dental benefits to preserve your smile for years to come!

#### **PPO DENTAL PLAN**

You have a large, national network of dentists to choose from, and using in-network dentists means you pay the lowest out-of-pocket cost for services. When using an innetwork dentist:

- All services are covered at 80%
- No deductible for preventive exam, cleaning, and X-rays
- There is a calendar year deductible of \$50 for individuals and maximum of \$150 for families, meaning you pay 100% of the deductible of non-preventative covered services
- The maximum annual benefit per member is \$2,000 per calendar year for general services and a \$4,000 lifetime benefit for orthodontia

You have coverage when using licensed out-of-network dentists, but your out-of-pocket cost may be higher when you use an out-of-network dentist.

#### **PPO PLUS DENTAL PLAN**

This is the same Dental PPO plan described above, with the following enhancements:

- The maximum annual benefit per member is \$3,000 per calendar year instead of \$2,000
- Implant coverage is included, paid at 80%. Paid benefits applied to the maximum annual benefit.
   Exclusions may apply

The premium rates for this plan are higher than the PPO Dental Plan. Please note, both the PPO and PPO Plus plan have a missing tooth limitation. Please contact Cigna before enrolling for more information.



#### **HMO DENTAL PLAN**

- The HMO Dental Plan has the lowest dental plan premiums with no annual maximum
- There is no deductible and no out-of-pocket cost for preventive services
- There is no out-of-network coverage and you have a smaller network of dentists
- Every person enrolled must choose a primary dentist from the HMO network directory to manage your care. Every person enrolled must have a dentist of record on file with Cigna Dental. Initially, a dentist is assigned, and you can change to a different in-network dentist by contacting Cigna
- A fee schedule determines the amount you pay for dental treatment

Before choosing this plan, please make sure the dentist(s) you want to use are in the network.

### **CIGNA Dental Plans**

### Dental Benefits at a Glance

	DENTAL HMO	DENTAL PPO		DENTAL PPO PLUS	
	IN-NETWORK ONLY	IN-NETWORK	OUT-OF-NETWORK	IN-NETWORK	OUT-OF-NETWORK
Dentists	Cigna Dental Care Access Plus Network	Cigna Total DPPO Network	Any licensed dentist	Cigna Total DPPO Network	Any licensed dentist
Deductible	None	·	dar year for single cov e does not apply to p	-	
Cleanings, exams, X-rays	No charge	Plan pays 80% of covered charges	Plan pays 80% of reasonable and customary charges	Plan pays 80% of covered charges	Plan pays 80% of reasonable and customary charges
Extractions, fillings, crowns, dentures, bridges, root canals, oral surgery	See the HMO Dental Coverage and Fee Schedule	Plan pays 80% of covered charges after deductible	Plan pays 80% of reasonable and customary charges after deductible	Plan pays 80% of covered charges after deductible	Plan pays 80% of reasonable and customary charges after deductible
Implant benefit	None	None	None	Plan pays 80% of covered charges after deductible	Plan pays 80% of reasonable and customary charges after deductible
Maximum annual benefit	No maximum	Up to \$2,000 per member per calendar year for covered services		Up to \$3,000 per member per calendar year for covered services	
Lifetime orthodontia benefit	See HMO Dental Coverage and Fee Schedule	\$4,000 per person		\$4,000 p	er person

Please go to phoenix.gov/benefits for detailed dental coverage information. Information on the website supersedes information found in this document.

### Cigna Dental Oral Health Integration Program

Even more coverage is available with certain health conditions, please contact Cigna at (800) 564-7642 to learn more.

	HEART DISEASE	STROKE	DIABETES	MATERNITY	CHRONIC KIDNEY DISEASE	ORGAN TRANS- PLANTS	HEAD & NECK CANCER RADIATION
Periodontal Treatment & Maintenance	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Periodontal Evaluation				Yes			
Oral Evaluation				Yes			
Emergency Palliative Treatment				Yes			
Topical Application of Fluoride or Fluoride Varnish					Yes	Yes	Yes
Sealants					Yes	Yes	Yes
Sealant Repair					Yes	Yes	Yes

## **Vision Benefits**

## Core Vision Benefits (included in Medical Plans)

Because seeing clearly is so important, vision benefits are automatically included in your health plan.

CORE VISION COVERAGE	BANNER   AETNA HMO / BCBS PPO	SAVER'S CHOICE
Maximum Annual Benefit (Saver's Choice)	N/A	\$500 maximum for eyewear (glasses and contacts combined)
Standard Contact Lens Fit and Follow Up	Not covered for all plans	Not covered for all plans
Exam every 12 months	\$25	100% after deductible
Frames every 12 months	\$30 credit	\$500 maximum after deductible (frames and contacts combined)
Single Vision Lenses every 12 months	\$20 – \$40 credit	\$500 maximum after deductible (frames and contacts combined)
Contacts	\$75 credit	\$500 maximum after deductible (frames and contacts combined)
Vision Provider Network	Banner   Aetna Vision Network Blue Cross Network	Blue Cross Network

## Davis Vision by MetLife Buy-Up Plan

These additional vision benefits can be purchased through an employee paycheck deduction to provide a low-cost comprehensive eye exam each year along with coverage for eyeglasses or contact lenses.

VISION CARE SERVICE	IN-NETWORK BENEFIT	OUT-OF-NETWORK REIMBURSEMENT
Eye Exam, Glasses	\$10 Co-pay	Up to \$40
Standard Contact Lens Fit and Follow Up	Included	Up to \$175
MATERIALS		
Frame Allowance	\$175 retail value, including at participating Walmart, Costco and Sam's Club retailers	Up to \$50
Single Vision Lenses	Included	Up to \$40
Progressive or Bifocal Lenses	Included	Up to \$60
Trifocal, Lenticular Lenses	Included	Up to \$80

**Did you know** the Buy-Up Vision plan includes a Lasik Reimbursement of \$200, which is available for any provider, in-network or out-of-network, payable once per lifetime. All members also have access to discounts for Lasik-related services of up to 50% when they use a provider under the QualSight program. Contact QualSight for assistance in locating a provider and scheduling their service. Members are eligible for the discounts in addition to the \$200 benefit.

# **Davis Vision by MetLife**

VISION CARE SERVICE	IN-NETWORK BENEFIT	OUT-OF-NETWORK REIMBURSEMENT
Polycarbonate Lenses (adults & children)	Included	Up to \$40
Standard Scratch Resistant Coating	Included	Up to \$40
Standard Tint (all gradients)	Included	Up to \$40
Standard Anti-Reflective Coating	Included	Up to \$40
Transitions	Included	Up to \$40
CONTACT LENSES		
Elective	\$175 allowance	Up to \$175
Medically Necessary	Included with prior approval	Up to \$250
Standard Contact Lens Fit and Follow Up	Included	Up to \$175
Specialty or First-Time Contact Lens Fit and Follow Up	\$60 allowance + 15% discount on overage	Up to \$175
FREQUENCY		
Eye Examination	Once every calendar year	
Lenses, Contact Lenses	Once every calendar year	
Frames	Once every calendar year	
Sunglasses at Prime Eye Care	Once every calendar year (\$175 allowance for standard or prescription sunglasses) with eye exam. Some exclusions/restrictions apply.)	

Note: You can only apply coverage to either the purchase of glasses or contacts, but not both within the same calendar year.



HOW MUCH DOES THE DAVIS VISION BY METLIFE BUY-UP PLAN COST?

If you sign up for the Davis Vision by MetLife Buy-Up Plan, you will see a paycheck deduction in the first two paychecks of each month:

Employees = \$5.54 Family = \$13.06 (833) EYE-LIFE

Member website:

www.metlife.com/mybenefits.



# Flexible Spending Account (FSA)

(formally known as Flexrap)

#### A Tax-Free Way to Pay for Extra Expenses

Now is the time to make the most of your hard-earned dollars! Enrolling in a Flexible Spending Account can help you to save and pay for eligible Health Care and Dependent Care expenses with pre-tax dollars.

#### Compare the 3 Types of FSAs Offered:

	HEALTH CARE FSA	LIMITED PURPOSE HEALTH CARE FSA	DEPENDENT CARE FSA
Who can participate?	Any employee that is not enrolled in HSA	Employees that are enrolled in the HSA	All employees
What does it pay for?	Eligible medical, vision, dental expenses, as well as other approved health care expenses See Publication 502 for a list of eligible expenses	Eligible dental and vision expenses only See Publication 502 for a list of eligible expenses	Eligible day care expenses for children up to age 13 (childcare must be for care while you are working, if married, your spouse also works or attends school full-time)  Eligible care expenses for dependent adults  See Publication 503 for a list of eligible expenses
How much can I contribute?*	Up to \$3,050*	Up to \$3,050*	Up to \$5,000 (\$2,500 if married and filing separate tax returns)*
When do I enroll?	Every year at Open Enrollme	ent, when newly hired, or when y event	you experience an eligible life
How does the FSA impact my paycheck?	Existing employees: Annual contribution will be divided into equal deductions over 24 paychecks. Your entire annual contribution amount is available to you after your first contribution.  Newly eligible employees: Your contributions will be divided over the remaining pay checks through the end of the year, (not more than two paychecks per month).		
What happens if I don't use it?	For 2024 FSA and Dependent Care FSA funds, the standard two and a half month grace period will apply, and you have until March 15th, 2025 to incur claims and until March 31, 2025 to submit claims using your FSA card or via reimbursement. Unused 2024 funds will be forfeited.		
How do I get reimbursed?	Use your OPTUM Financial/Connect Your Care debit card, or log on to www.optum.com/cyc		

<sup>\*</sup>Maximum contribution amounts are subject to change once 2024 contribution limits are announced by the IRS. If you elect the maximum amount for 2023 the City will automatically increase your contribution to the 2024 maximum amount once released.

#### Important Information

Flexible Spending Account enrollment does not automatically roll over from one year to the next. Annual re-enrollment is required.

# Flexible Spending Account (FSA)

(formally known as Flexrap)

# Annual Enrollment in FSA Benefits is Required

You must sign up for FSA accounts every year; your prior year elections do not continue into the new plan year. By enrolling in FSA, you can contribute to the Health Care Account, the Day Care Account, or both, with pre-tax dollars deducted in equal amounts from your first two paychecks each month. That means no taxes (federal, state, or Social Security) will be withheld from those contributions.

When you enroll in the FSA Health Care Account available through Optum Financial, you can request a debit card preloaded with your annual FSA health care contribution. You can be reimbursed using the Optum Financial online portal, the mobile phone app, or by submitting claims via fax or mail. When you set up direct deposit, your reimbursement will appear in your account within three business days of Optum Financial receiving your claim and documentation.

Eligible expenses must be incurred on or before March 15, 2025 for the calendar year 2024 for which you are enrolled. When you have a qualifying event such as marriage, birth, adoption, divorce, or a new day care provider, you can make a correlating change to your FSA amount when you contact the Benefits Office within applicable time-frame. Please review the Qualified Life Events Chart on the Benefits website under Document Library.

If enrolled in a general purpose FSA in 2023 and electing the Saver's Choice High Deductible Health Plan in 2024, you must spend your FSA dollars to \$0 before 12/31/2023 to be eligible for the City HSA contribution in January 2024. If more than a \$0.00 balance exists in your general purpose FSA account, your City HSA contribution will be postponed until after the FSA grace period of 3/15/2024.

## **Expense Reimbursement**

Find an alphabetical list of eligible expenses at the Optum Financial website. Submit your expenses for reimbursement online, by fax, by mail, or via the Optum Financial mobile app.



Set up direct deposit and select Paperless Notification & Payment Authorization Form to have your reimbursement automatically deposited. A check will be mailed if direct deposit is not established. Find account information and claim forms at the Optum website (choose General FSA Claim Form). You can submit claims without using a claim form when you submit online or via the mobile app. Find the mobile app by searching your app store for Optum Financial.

#### If You Receive a Call...

When you file an FSA claim, you may be contacted regarding further information about your expenditure that is needed to process the claim. While this does not happen often, please be aware that being contacted to provide further information does not mean that the claim is ineligible for reimbursement. Simply submit the needed documentation so that your claim can be processed, and you can receive your reimbursement as soon as possible.

#### Don't Forget

The IRS traditionally imposes a "use it or lose it" rule. In other words, if you do not spend all the money in your FSA by the deadline, any unused dollars in your account(s) after the deadline would be forfeited.

Be sure to review the grace period information on Page 39, and if it is your first time electing FSA, be conservative in your estimate of how much money you'll spend.

#### Optum Financial

(877) 292-4040

www.optum.com/cyc

Mobile App: Optum Financial



# Life Insurance



#### Basic Life and AD&D Coverage

Basic Life Insurance coverage is provided at no cost to you, and you are not required to enroll in any other health and protection program. This coverage is automatic. Please designate a beneficiary using eCHRIS.

Basic AD&D matches the Basic Life coverage amount and follows a benefit schedule for dismemberment. It includes additional benefits for Felonious Assault, Bereavement and Trauma Counseling, Permanent Disfigurement/Critically Burned, Seatbelt, Coma, and Airbag.

BASIC LIFE INSURANCE COVERAGE	
Unit 1	\$15,000
Unit 2	The greater of \$25,000 or 1x base salary
Unit 3	The greater of \$25,000 or 1x base salary
Unit 4	\$15,000
Unit 5	1x base salary
Unit 6	1x base salary
Unit 7	The greater of \$25,000 or 1x base salary
Unit 8	1.5x base salary
Unit 9	1.5x base salary (up to \$500K)
Unit 10	1.75x base salary (up to \$500K)
Unit 11	1.75x base salary (up to \$500K)
Unit 12	2x base salary (up to \$500K)
Unit 16	1.5x base salary (up to \$500K)
Unit 17	1.5x base salary (up to \$500K)
Unit 18	1.75x base salary (up to \$500K)
Unit 19	1.75x base salary (up to \$500K)

#### Accelerated Benefit

Basic and Optional Life Insurance includes an opportunity to accelerate payment when life expectancy is 12 months or less. Contact the Benefits Office to apply for the accelerated benefit.

## Life Insurance

## Occupational Accidental Death & Dismemberment

This amount is determined by your bargaining unit during each contract negotiation period. This coverage is payable when a death or covered accident occurs in the course of performing your job duties. Coverage may apply to inhalation of smoke or chemical substance. This coverage pays in addition to the Basic Life coverage, when applicable. Please refer to the policy for coverage details.

OCCUPATIONAL INSURANCE COVERAGE		
Unit 1	\$75,000	
Unit 2	\$75,000	
Unit 3	\$75,000	
Unit 4	\$100,000	
Unit 5	\$75,000	
Unit 6	\$100,000	
Unit 7, Unit 8, Middle Managers (General City and Fire), Executives (General City and Fire), Mayor and Council	\$75,000	
Middle Managers and Executives (Police)	\$100,000	
Police Reservists	\$25,000	

#### Commuter Life Insurance

This coverage pays \$200,000 in the event of death within a two-hour timeframe while commuting to and from your established work location.

## Important Information

Don't wait until it's too late. Check your life insurance beneficiary every year in <u>eCHRIS</u> to be sure it's accurate and up-to-date. Sign in to <u>eCHRIS Self-Service</u> and click Renefits > Renefits Information Life Insurance Summary



# **Optional Life Insurance**

You can add to your Basic Life coverage by purchasing Optional Term Life Insurance. This coverage is provided at group rates for you, your spouse or qualified domestic partner, and/or children. You pay 100% of the group premium with after-tax earnings through payroll deduction. Similar to an individual life insurance policy, this coverage may be subject to underwriting.

	COVERAGE FOR:		
	EMPLOYEE	SPOUSE OR QUALIFIED DOMESTIC PARTNER (QDP)	CHILD(REN)
Optional Life Insurance Amounts Available  NEW EMPLOYEES: During your first 31 days of employment, you have a ONE TIME OPPORTUNITY to elect up to \$150,000 of Optional Life Insurance and/or up to \$50,000 for your spouse or QDP without having to provide Evidence of Insurability to the insurance company (Guaranteed Issue).	Increments of \$10,000 up to \$250,000 Increments of \$50,000 from \$250,000 to \$500,000	Increments of \$10,000 up to \$300,000 The spouse coverage amount cannot be more than the employee's combined amount of Basic Life Insurance and Optional Life Insurance (Arizona State Statute §20-1257).  When two City employees are married to each other, one form of Optional Life Insurance may be elected, either employee coverage or spouse coverage, not both.	Amounts of \$10,000, \$15,000, \$20,000, or \$25,000  One election covers all eligible children at one premium rate.
How do I request an increase in coverage or cancel coverage?	Make your request for increase in coverage through eCHRIS Self-Service, unless underwriting is required	Make your request for increase in coverage through eCHRIS Self-Service, unless underwriting is required	Make your request for increase in coverage through eCHRIS Self- Service
When is Evidence of Insurability (Underwriting) Required?	Required for coverage amounts over \$150,000 or required if coverage is under \$150,000 and request for increase is above \$20,000	Required for coverage amounts over \$50,000 when Spouse or QDP are already covered	Not Required
Do I need to name a beneficiary?	Employee must name a beneficiary	Employee is automatically named as the beneficiary	Employee is automatically named as the beneficiary
When does approved coverage become effective?	First of the month following underwriting approval or January 1st of the following year when elected during open enrollment	First of the month following under- writing approval or January 1st of the following year when elected during open enrollment	First of the month following election or January 1st of the following year when elected during open enrollment
When is coverage reduced or stopped?	Employee coverage is automatically reduced to: 65% at age 70 45% at age 75 30% at age 80	Coverage stops when spouse/QDP reaches age 70	Please contact the Benefits Office if you no longer have any eligible depen- dents for Optional Child(ren) Life. Ter- mination of coverage will be completed on a prospective basis.

Submission of Evidence of Insurability (Underwriting)

<u>Lifebenefits.com/submitEOI</u> • Group Policy #34390 Access Key: Phoenix

## **Additional Benefits**

## Legal Insurance

ARAG provides a national network of attorneys available to you, your spouse or qualified domestic partner (QDP), and eligible children, to call on for a wide variety of personal legal needs. This includes having a network attorney review or prepare documents, make follow-up calls or write letters on your behalf, provide legal advice and consultation, and representation in court. Network attorney fees are 100% paid in full for most covered matters.

- Value Plan \$11.65 per month for the most common legal services
- Buy-Up Plan \$23.70 per month for a wide variety of legal services plus ID Theft Protection, tax advice and discounted tax preparation assistance
- Legal insurance plans are elected during annual open enrollment or during your 31 day initial eligibility enrollment window

Both legal insurance plans offer affordable access to attorneys for legal services such as Will Preparation, Estate Planning, and Family Law.

#### Buy-Up Plan Includes Added Protection

- Divorce
- Trusts
- Child Custody and Support
- Services for Parents/Grandparents
- Identity Theft Protection, with single-bureau credit monitoring, full-service identity restoration
- And more!

\*Limitations and exclusions apply.

# For More Information Contact ARAG

ARAG Insurance Company Call: (800) 247-4184 Visit: ARAGlegal.com/plans (Access Code: 16922phx)



Legal Insurance





## **Additional Benefits**

#### TrueConnect Employee Loan Program

Establish or rebuild your credit by repaying a safe, regulated bank loan through payroll deductions. TrueConnect provides loans from \$1,000 to \$5,000 with no credit check. Loans are offered with an APR of 19.99% and are intended to cover immediate cash needs when other resources are not available. You can apply online, and there are no fees or pre-payment penalties to worry about. Go to TrueConnection.com to apply for a loan.

#### Pet Insurance

Because we all love our pets, the City will continue to offer pet insurance in 2024 through MetLife.

#### Benefits include:

Call MetLife to elect a coverage level customized to your needs and say you are from the City for a 10% rate discount

- Rates will vary based on elected deductible, benefit maximum, and pet age, breed, and ZIP
- Use any licensed veterinarian or animal hospital
- Up to 100% coverage for ear infections, prescriptions, rashes, poisoning, broken bones, cuts, cancer, diabetes, allergies, X-rays, surgery, and hospitalization
- You may also elect up to 100% coverage for exams, vaccinations, spaying or neutering, and dental care
- Elect pet insurance anytime during the calendar year. Premiums are paid directly to MetLife (premiums are not paycheck deductible)
- \* Exclusions include pre-existing conditions, elective procedures, and congenital or developmental conditions.

#### TrueConnect

(561) 270-5981

TrueConnectIoan.com

#### MetLife Pet Insurance

(855) 270-7387



# **Saving for Retirement**

### **Building Your Future Together**

You work hard and deserve a relaxing and rewarding retirement! Through our retirement programs, the City provides you with opportunities to save for retirement so that you can look forward to a secure and satisfying future once your employment with the City has ended.

TRADITIONAL 457(B)	ROTH 457(B)	401(A)	POST-EMPLOYMENT HEALTH PLAN (PEHP)	SAVER'S CHOICE HSA
--------------------	-------------	--------	---------------------------------------	--------------------

The Deferred Compensation Plan (DCP) program is administered by the City's Retirement Department. These retirement vehicles are in addition to your pension plan.

Nationwide Retirement Solutions is the record-keeper for the DCP Program. They provide the platform and services to help you build your financial future. The Program has many services which are provided at no additional cost to employees. You can utilize:

- Local Nationwide representatives
- **Retirement Planning Specialist** (Certified Financial Planner)
- Free online investing advice toolRetirement tracking tool – My Interactive Retirement Planner





**Evolving workshops and Webinars** 

Nationwide is available to assist you with setting up your online account, loan request, signing up for workshops/ webinars, and so much more.

#### The 401(a) Plan

All benefits-eligible employees receive a City contribution to their 401(a) account each pay period. The City contribution percentage is negotiated with each bargaining unit each contract period. City contributions are renegotiated every two years. City contribution percentages are shown in the table on the following page.

#### **New Employees!**

You have a one-time opportunity during your first 31 calendar days of employment to choose whether to make an ongoing, irrevocable contribution from your paychecks to the 401(a).

#### Nationwide Retirement Solutions

(800) 891-4749 • phoenixdcp.com



## **Saving for Retirement**

CITY CONTRIBUTION TO YOUR 401(A) ACCOUNT		
BENEFIT CATEGORY	JULY 14, 2023 - JUNE 30, 2024	
001	0.45%	
002	3.62%	
003	2.36%	
004	2.56%	
005	4.42%	
006	1.50%	
007	6.50%	
800	1.92%	
009, 010, 011, 016, 017, 018, 019	9.0% or \$9,500 annually (whichever is greater)	

#### The 457(b) Plan

The City does not contribute to the 457(b) Plan, but you can choose to contribute a percentage or dollar amount from your paychecks anytime. You can direct your contribution to pre-tax (traditional) or post-tax (Roth).

#### **BENEFITS OF A TRADITIONAL 457(B):**

- Contributions are pre-tax, lowering your taxable income for the year you contribute
- No age limitation or penalties when you start making withdrawals (regular taxes apply)

#### The Roth 457(b) Plan

With a Roth 457(b), you pay taxes upfront when you make contributions into the plan. Then your money grows tax-free, and you'll also enjoy tax-free withdrawals – as long as:

- You're at least 59½, and
- You do not take withdrawals from your Roth account for at least 5 years after making your first contribution to the plan

#### A ROTH 457(B) MIGHT BE RIGHT FOR YOU IF YOU:

- Think that taxes will increase before you retire, and you want to take advantage of potential tax-free withdrawals
- Expect to be in a higher tax bracket when you retire
- Still have many years until retirement

Build that safety net now – you can access it during and after your employment with the City of Phoenix. As a new hire, your contributions are automatically defaulted to an American Funds Target Retirement Date Fund that correlates to your 65th birthday.

To enroll in the 457(b) or change your contribution amount, login in to your account at <a href="mailto:phoenixdcp.com">phoenixdcp.com</a>. Contribution elections are not made on eCHRIS.

The Saver's Choice Health Savings Account may be used as another retirement savings vehicle. Learn more on Page 22 of this guide.

#### Post-Employment Health Plan (PEHP)

Since 2007 the City has provided a \$150 per month contribution to a PEHP account when an eligible employee elects to enroll in a City-sponsored employee health plan. If an employee returns to the City for employment and was receiving MERP as a retiree they cannot receive MERP and PEHP.

#### **ELIGIBLE EMPLOYEES ARE THOSE WHO:**

- Were hired as of August 1, 2007, or later
- Were more than 15 years away from pension eligibility as of August 1, 2007
- PEHP eligible City spouse enrolled in City medical coverage.

A variety of investment options are available for PEHP funds. As a new hire, your contributions are automatically defaulted to an American Funds Target Retirement Date Fund that correlates to your 65th birthday. Employees cannot contribute to their PEHP account. Employees enrolled as a dependent of another City employee are not eligible for PEHP, nor when enrolled under COBRA. The Saver's Choice Health Savings Account is another vehicle to help you save for future medical costs. Learn more on Page 22 of this guide.

#### Viewing Your DCP Accounts

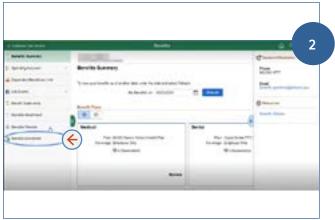
To manage investments, adjust 457(b) contributions, elect an automatic annual contribution increase (new feature!), or register for workshops, go to <a href="mailto:phoenixdep.com">phoenixdep.com</a> or email questions to <a href="mailto:dep.benefits@phoenix.gov">dep.benefits@phoenix.gov</a>.

## **How to Enroll in Benefits**

## Enroll Online Through eCHRIS Self-Service

- 1. CLICK ON THE BENEFITS TILE AS SHOWN IN THE BLUE CIRCLE.
- 2. ON THE LEFT SIDE OF THE SCREEN, LOCATE AND CLICK ON BENEFITS ENROLLMENT, AS SHOWN IN THE BLUE CIRCLE.
- 3. FOLLOW THE ON-SCREEN PROMPTS TO ENROLL IN YOUR BENEFITS FOR 2024
- 4. CLICK "PRINT VIEW" IN THE BLUE CIRCLE TO PRINT YOUR BENEFITS STATEMENT SHOWING YOUR 2024 ELECTIONS. KEEP THIS STATEMENT FOR YOUR RECORDS.











## Who to Contact

# Contact the City of Phoenix Benefits Office if:

- You have a question about benefits eligibility
- You have a question about Open Enrollment
- You have a question about making a change in your benefits enrollment
- You need to elect or update a beneficiary
- You have a question about the Fit4Phoenix
  Wellness Program
- You have an unresolved problem with one of our benefits vendors

## City of Phoenix Benefits Office

Visit: phoenix.gov/benefits

**Email For Benefits:** 

benefits.questions@phoenix.gov

**Email For Wellness:** 

be.healthy@phoenix.gov

Call: (602) 262-4777

# Contact Our Benefits Vendors if:

- You want specific information about services
- You need assistance finding a provider
- You need to order a new benefits ID card
- You need to submit a claim
- You need an update on the status of your claim
- You have a question about your claim
- You need to dispute a claim

	BENEFITS VENDOR	CONTACT INFORMATION
		http://www.aetna.com/cityofphoenix
		24-Hour Customer Service Line: <b>(855)</b> 220-6506
<b>\</b>	Banner   Aetna	See the Benefits website for current contact information (www.phoenix.gov/benefits)
	98point6 Virtual Health Visits through Banner   Aetna	98point6.com/cityofphoenix/ App: 98point6
		azblue.com Registration questions and password reset: (602) 864-4844
	Blue Cross Blue	24-Hour Nurse On-Call: (866) 422-2729
Shield of Arizona	To contact our designated BCBS representative, see the Benefits website for current contact information (www.phoenix.gov/benefits)  Member Services: (602) 864-4857	



# **Who to Contact**

BENEFITS VENDOR	CONTACT INFORMATION
BlueCare Anywhere Virtual Health Visits through BCBS of Arizona	BlueCareAnywhereAZ.com App: BlueCareAnywhere
HealthEquity Health Savings Account (HSA) for Saver's Choice Health Plan (HDHP)	healthequity.com/phoenix Member Services: (877) 582-4793
Elixir	elixirsolutions.com Preview code: PHXRX. No registration necessary  To contact our designated Elixir representative, see the Benefits
Pharmacy Benefits	website for current contact information (www.phoenix.gov/benefits)
	Elixir Customer service: (833) 803-4402 (24-Hour Assistance)
ComPsych Guidance Resources Employee Assistance Program (EAP)	guidanceresources.com Web ID: PhoenixEAP App: GuidanceNow®
Lilipioyee Assistance Program (LAP)	Member Services: (844) 819-4775
Cigna	mycigna.com (800) 244-6224
Dental Benefits	Registration Questions and Password Reset: (800) 853-2713
	Direct Dial to the vision line is: (833) EYE-LIFE
Davis Vision by MetLife	Member website on and after 1/1/2023 will be: www.metlife.com/mybenefits.
Vision Buy-Up Plan	For online support from now through 12/31/2022, members can still log onto www.DavisVision.com/Members and enter the City of Phoenix Client Code of 9613.
DCP Program 457b/401a/PEHP	dcp.benefits@phoenix.gov
OPTUM   Connect Your Care FSA and COBRA	www.optum.com/cyc Member Services: (877) 292-4040
Securian – Minnesota Life Life Insurance Plan	Lifebenefits.com/submitEOI Group Policy Number: 34390 Access Key: Phoenix (800) 872-2214
ARAG Legal Insurance Plan	ARAGlegal.com/plans Access Code: 16922phx Member Services: (800) 247-4184
MetLife Pet Insurance Plan	MetLifepetinsurance.com (800) GET-MET8 (855) 270-7387
Nationwide Retirement Solutions	phoenixdcp.com Phoenix Nationwide Office (602) 266-2733



## **Glossary**

**Deductible:** Generally, you must pay all the costs from providers up to the deductible amount before the Plan begins to pay.

- Saver's Choice Plan If you have other family members on the plan, there is no individual deductible, meaning the overall family deductible must be met before any family member receives post-deductible benefits.
- PPO Plan If you have other family members on the plan, each family member must meet their own individual deductible before the individual receives post-deductible benefits.

**Coinsurance:** The percentage of costs a patient pays for medical expenses after meeting the deductible. Coinsurance is a type of cost-sharing where the member and the Plan split the responsibility for paying for covered benefits.

**Copay:** A fixed out-of-pocket amount paid by a member for a covered benefit.

#### Out-of-Pocket Maximum (Medical/Prescription Drug): ${\sf A}$

limit on the amount of money a member will pay for covered health care services in a plan year. Once this limit is met, the Plan will pay 100% of all covered health care costs for the rest of the plan year. This can encompass prescription drugs or not, please see plan designs for specifics.

**In-Network:** Services that are provided by a carrier network and results in a higher benefit level (coinsurance) by the Plan, which results in an overall lower cost to the covered member.

**Out-of-Network:** Providers who do not have a contract with the carrier and typically results in higher costs to the Plan and member. Most services are not covered by out-of-network providers except in very limited circumstances. Be aware you network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services to confirm their network status.

## **Legal Notices**

# NOTICE OF SPECIAL ENROLLMENT RIGHTS FOR HEALTH PLAN COVERAGE

If you are declining enrollment in the City of Phoenix health plan for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward you or your dependents' other coverage). However, you must request enrollment within 31 calendar days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage). In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 31 calendar days after the marriage, birth, adoption, or placement for adoption.

If you decline enrollment for yourself or for an eligible dependent (including your spouse) while Medicaid coverage or coverage under a state children's health insurance program is in effect, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage. However, you must request enrollment within 60 days after your or your dependents' coverage ends under Medicaid or a state children's health insurance program.

If you or your dependents (including your spouse) become eligible for a state premium assistance subsidy from Medicaid or through a state children's health insurance program with respect to coverage under this plan, you may be able to enroll yourself and your dependents in this plan. However, you must request enrollment within 60 days after your or your dependents' determination of eligibility for such assistance

To request special enrollment or obtain more information, contact the City of Phoenix Benefits Office at benefits. questions@phoenix.gov or (602) 262-4777.

# DEPENDENTS INELIGIBLE FOR HEALTH COVERAGE

Employees selected for audits will be required to provide documentation proving that each person enrolled in their health plan meets the eligibility definition. If the audit determines an ineligible dependent, the following actions will be taken:

- Claims pending for ineligible dependents will be stopped
- Claims paid for ineligible dependents will be reversed; if reversal is unsuccessful, claims paid for ineligible dependent(s) will be calculated at the non-contracted rates and will be deducted from the employee's wages through payroll deduction, collections, and other means as available
- Disciplinary action, up to and including dismissal may be recommended to the HR Director

# WOMEN'S HEALTH AND CANCER RIGHTS ACT NOTICE

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan. Therefore, the deductibles and coinsurance listed in this Guide (and/or your health plan's Summary Plan Description) apply. If you

would like more information on WHCRA benefits, contact your plan administrator at benefits.questions@phoenix.gov or (602) 262-4777.

# NEWBORN'S AND MOTHER'S HEALTH PROTECTION ACT

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable).

In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

#### CITY OF PHOENIX HIPAA PRIVACY NOTICE

This notice describes the privacy practices of these plans: The City of Phoenix Employee Medical, Dental, and Prescription Drug Plans. This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

#### **Your Rights**

When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you.

Get a copy of health and claims records

- You can ask to see or get a copy of your health and claims records and other health information we have about you. Ask us how to do this.
- We will provide a copy or a summary of your health and claims records, usually within 30 days of your request.
   We may charge a reasonable, cost-based fee.



Ask us to correct health and claims records

- You can ask us to correct your health and claims records if you think they are incorrect or incomplete.
   Ask us how to do this.
- We may say "no" to your request, but we'll tell you why in writing within 60 days.

Request confidential communications

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address.
- We will consider all reasonable requests, and must say "yes" if you tell us you would be in danger if we do not

Ask us to limit what we use or share

- You can ask us not to use or share certain health information for treatment, payment, or our operations.
- We are not required to agree to your request, and we may say "no" if it would affect your care.

Get a list of those with whom we've shared information

- You can ask for a list (accounting) of the times we've shared your health information for six years prior to the date you ask, who we shared it with, and why.
- We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We'll provide one accounting a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.

Get a copy of this privacy notice

 You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly. Choose someone to act for you

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
- We will make sure the person has this authority and can act for you before we take any action.

File a complaint if you feel your rights are violated

- You can complain if you feel we have violated your rights by contacting us using the information on page 1.
- You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting hhs.gov/ocr/privacy/hipaa/complaints/.
- We will not retaliate against you for filing a complaint.

#### **Your Choices**

For certain health information, you can tell us your choices about what we share. If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have both the right and choice to tell us to:

- Share information with your family, close friends, or others involved in payment for your care
- Share information in a disaster relief situation

If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.

In these cases we never share your information unless you give us written permission:

- Marketing purposes
- Sale of your information

#### **Our Uses and Disclosures**

How do we typically use or share your health information? We typically use or share your health information in the following ways.

Help manage the health care treatment you receive

 We can use your health information and share it with professionals who are treating you.

Example: A doctor sends us information about your diagnosis and treatment plan so we can arrange additional services.

#### Run our organization

- We can use and disclose your information to run our organization and contact you when necessary.
- We are not allowed to use genetic information to decide whether we will give you coverage and the price of that coverage. This does not apply to long term care plans.

Example: We use health information about you to develop better services for you.

Pay for your health services

 We can use and disclose your health information as we pay for your health services.

Example: We share information about you with your dental plan to coordinate payment for your dental work.

Administer your plan

 We may disclose your health information to your health plan sponsor for plan administration.

Example: Your company contracts with us to provide a health plan, and we provide your company with certain statistics to explain the premiums we charge.

#### How else can we use or share your health information?

We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html.

Help with public health and safety issues

- We can share health information about you for certain situations such as:
  - Preventing disease
  - Helping with product recalls
  - · Reporting adverse reactions to medications
  - Reporting suspected abuse, neglect, or domestic violence
  - Preventing or reducing a serious threat to anyone's health or safety

Do research

• We can use or share your information for health research.

Comply with the law

 We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.

Respond to organ and tissue donation requests and work with a medical examiner or funeral director

- We can share health information about you with organ procurement organizations.
- We can share health information with a coroner, medical examiner, or funeral director when an individual dies.



Address workers' compensation, law enforcement, and other government requests

- We can use or share health information about you:
  - For workers' compensation claims
  - For law enforcement purposes or with a law enforcement official
  - With health oversight agencies for activities authorized by law
  - For special government functions such as military, national security, and presidential protective services
  - Respond to lawsuits and legal actions
     We can share health information about you in response to a court or administrative order, or in response to a subpoena.

#### **Our Responsibilities**

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.

For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html.

#### Changes to the Terms of this Notice

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, on our web site, and we will mail a copy to you.

# For more information on the Plan's privacy policies or your rights under HIPAA

Please contact: HIPAA Privacy Officer in the Benefits Office 251 W Washington Street, 7th FL

Phoenix, AZ 85003

# YOUR RIGHTS AND PROTECTIONS AGAINST SURPRISE MEDICAL BILLS

When you get emergency care or get treated by an out-ofnetwork provider at an in-network hospital or ambulatory surgical center, you are protected from surprise billing or balance billing.

# What is "balance billing" (sometimes called "surprise billing")?

When you see a network doctor or other health care provider, you generally owe certain out-of-pocket costs, such as a copayment, coinsurance, and/or a deductible. However, if you see an out-of-network provider or visit an out-of-network facility, your costs may be higher.

"Out-of-network" describes providers and facilities that haven't signed a contract with the City of Phoenix Health Plan. Out-of-network providers may be permitted to bill you for the difference between what the Plan agreed to pay and the full amount charged for a service. This is called "balance billing." This amount is likely more than your costs would be in-network for the same service and might not count toward your annual out-of-pocket limit.

"Surprise billing" is an unexpected balance bill. This can happen when you can't control who is involved in your care—like when you have an emergency or when you schedule a visit at an in-network facility but are unexpectedly treated by an out-of-network provider.

#### You are protected from balance billing for:

**Emergency services** 

If you have an emergency medical condition and get emergency services from an out-of-network provider or

facility, the most the provider or facility may bill you is the Plan's in-network cost-sharing amount (such as copayments and coinsurance). You can't be balance billed for emergency services, including services you may receive after you're in stable condition, unless you give written consent and give up your protections not to be balanced billed for these post-stabilization services.

Certain services at an in-network hospital or ambulatory surgical center

When you get services from an in-network hospital or ambulatory surgical center, certain providers there may be out-of-network. In these cases, the most those providers may bill you is your plan's in-network cost-sharing amount. This applies to emergency medicine, anesthesia, pathology, radiology, laboratory, neonatology, assistant surgeon, hospitalist, or intensivist services. These providers can't balance bill you and may not ask you to give up your protections not to be balance billed.

If you get other services at these in-network facilities, outof-network providers can't balance bill you, unless you give written consent and give up your protections. You're never required to give up your protections from balance billing. You also aren't required to get care out-of-network. You can choose a provider or facility in your plan's network.

# When balance billing isn't allowed, you also have the following protections:

You are only responsible for paying your share of the cost (like the copayments, coinsurance, and deductibles that you would pay if the provider or facility was in-network). Your health plan will pay out-of-network providers and facilities directly.

Your health plan generally must:

Cover emergency services without requiring you to get approval for services in advance (prior authorization).

Cover emergency services by out-of-network providers.

Base what you owe the provider or facility (cost-sharing) on what it would pay an in-network provider or facility and

show that amount in your explanation of benefits.

Count any amount you pay for emergency services or out-of-network services toward your deductible and out-of-pocket limit.

If you believe you've been wrongly billed, you may contact the No Surprises Help Desk at 1-800-985-3059.

Visit https://www.cms.gov/nosurprises/consumers/ complaints-about-medical-billing for more information about your rights under federal law.

#### **NOTICE REGARDING WELLNESS PROGRAM**

Fit4Phoenix is a voluntary wellness program available to all employees. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a voluntary health risk assessment or "HRA" that asks a series of questions about your healthrelated activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to visit your Primary Care Physician (PCP). You are not required to complete the HRA or visit your PCP.

However, employees who choose to participate in the wellness program will receive an incentive of \$40 or \$60 per month for completing the HRA and visiting their PCP. If the employee or covered spouse (or qualified domestic partner) do this, the incentive is \$40. If the employee and covered spouse (or qualified domestic partner) do this, the incentive is \$60. Although you are not required to complete the HRA or complete a PCP visit only, employees who do so will receive the incentive.

Additional incentives may be available for employees who participate in certain health-related activities or achieve certain health outcomes. If you are unable to participate



in any of the health-related activities or achieve any of the health outcomes required to earn an incentive, you may be entitled to a reasonable accommodation or an alternative standard. You may request a reasonable accommodation or an alternative standard by contacting the Wellness Coordinator at (602) 262-4777.

The information from your HRA and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks and may also be used to offer you services through the wellness program, such as onsite preventive care, health coaching, webinars or classes. You also are encouraged to share your results or concerns with your own doctor.

#### PROTECTIONS FROM DISCLOSURE OF MEDICAL INFORMATION

We are required by law to maintain the privacy and security of your personally identifiable health information. Although the wellness program and the City of Phoenix may use aggregate information it collects to design a program based on identified health risks in the workplace, Fit4Phoenix will never disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements.

In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact: Deputy Human Resources Director of Benefits and Wellness at (602) 262-4777.

#### PREMIUM ASSISTANCE UNDER MEDICAID AND THE CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs; but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or visit www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program

that might help you pay the premiums for an employersponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance.

If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

To see if any other states have added a premium assistance program since July 31, 2022, or for more information on special enrollment rights, contact either:

# U.S. Department of Labor Employee Benefits Security Administration

www.dol.gov/agencies/ebsa 1-866-444-EBSA (3272)

# U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services

www.cms.hhs.gov 1-877-267-2323. Menu Option 4. Ext. 61565

# GINA SPOUSAL NOTICE AND AUTHORIZATION FOR WELLNESS PROGRAM (FOR WELLNESS PLANS THAT ALLOW SPOUSES OR DOMESTIC PARTNERS TO PARTICIPATE IN DISABILITY-RELATED INQUIRIES OR MEDICAL EXAMINATIONS)

You are receiving this Notice and Authorization because the City of Phoenix is making a voluntary wellness program available to you as the spouse (or qualified domestic partner) of an employee. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve health or prevent disease, including the Americans with Disabilities Act of 1990 (ADA), the Genetic Information Nondiscrimination Act

of 2008 (GINA), and the Health Insurance Portability and Accountability Act of 1996 (HIPAA), as applicable, among others. Your spouse (or qualified domestic partner) who is an employee of the City of Phoenix will receive a separate Notice regarding the wellness program. Federal law requires that you provide knowing, written, and voluntary authorization prior to the City of Phoenix's wellness program (Fit4Phoenix) collecting your genetic information, which includes information about your current or past health status. By participating in the City of Phoenix's wellness program, you are agreeing that you have read and understood this notice and that you are knowingly and voluntarily providing information about the manifestation of your diseases and certain other conditions - considered genetic information – as part of the wellness program. This may include a medical questionnaire that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You may also be asked to visit your Primary Care Physician (PCP). If you are unable to participate in any of the health-related activities, you may be entitled to a reasonable accommodation or an alternative standard. You may request a reasonable accommodation or an alternative standard by contacting the Wellness Coordinator at (602) 262-4777.

You are not required to complete the questionnaire or the PCP Visit. You are not required to provide genetic information; however, if you choose not to provide information regarding your own health status, you may not qualify for the full amount of wellness incentives (\$40 or \$60 per month). The wellness program cannot offer you a wellness incentive in return for you providing your own genetic information, including your family medical history, results of your genetic tests, or information about your children's health status or genetic information. Regardless, you and/or your spouse (or qualified domestic partner) will not be denied access to the City of Phoenix's health plan (or any package of health plan benefits), or subjected to the City of Phoenix discrimination or retaliation if you choose not to participate in the wellness program.



Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The genetic information that you provide will be used to offer you services through the wellness program, such as onsite preventive care, health coaching, webinars or classes You also are encouraged to share your results or concerns with your own doctor.

We are required by law to maintain the privacy and security of your individually identifiable genetic or medical information. Although the wellness program and the City of Phoenix may use aggregate information it collects to design a program based on identified health risks, Fit4Phoenix will never disclose any of your individually identifiable genetic or medical information either publicly or to the City of Phoenix, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as permitted by law. Genetic or medical information that personally identifies you that is provided in connection with the wellness program will not be provided to the City of Phoenix, including your spouse's or domestic partner's supervisors or managers and may never be used to make decisions regarding your spouse's (or qualified domestic partner's) employment.

Here is a summary of how we will protect your confidentiality and restrict disclosure of your information:

- The City of Phoenix will retain all enrollment and incentive eligibility materials. Information stored electronically will be protected, and no information you provide as part of the wellness program will be used in making any employment decision.
- Appropriate precautions will be taken to avoid any data breach. If a data breach occurs involving your information, you will be notified.

- Your individually identifiable genetic or medical information will be provided only to you (or a family member whom you authorize) and licensed health care professionals and staff involved in providing services under the wellness program. Your individually identifiable genetic or medical information will not be accessible to managers, supervisors, or others who make employment decisions for your spouse (or qualified domestic partner), or to anyone else in their workplace except as permitted by law. Your individually identifiable genetic or medical information will not be disclosed to the City of Phoenix except in aggregate terms that do not disclose the identity of specific individuals. That aggregate information will be treated as a confidential medical record.
- Your information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted or required by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements.

This Notice and Authorization does not restrict any rights you may have under the Americans with Disabilities Act or the Health Insurance Portability and Accountability Act (HIPAA). If the wellness program provides (directly, through reimbursement, or otherwise) medical care (including genetic counseling) the program may constitute a group health plan subject to HIPAA's privacy rules and you will receive a separate HIPAA privacy notice. If you have questions or concerns regarding this Notice and Authorization, or about protections against discrimination and retaliation, please contact Deputy Human Resources Director of Benefits and Wellness at (602) 262-4777.

# CONTINUATION COVERAGE RIGHTS UNDER COBRA INTRODUCTION

You're getting this notice because you have or may soon

gain coverage under a group health plan (the Plan). This notice has important information about your right to COBRA continuation coverage, which is a temporary extension of coverage under the Plan.

This notice explains COBRA continuation coverage, when it may become available to you and your family, and what you need to do to protect your right to get it. When you become eligible for COBRA, you may also become eligible for other coverage options that may cost less than COBRA continuation coverage, as described below.

The right to COBRA continuation coverage was created by a federal law, the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA). COBRA continuation coverage can become available to you and other members of your family when group health coverage would otherwise end. For more information about your rights and obligations under the Plan and under federal law, you should review the Plan's Summary Plan Description or contact the Plan Administrator.

You may have other options available to you when you lose group health coverage. For example, you may be eligible to buy an individual plan through the Health Insurance Marketplace. By enrolling in coverage through the Marketplace, you may qualify for lower costs on your monthly premiums and lower out-of-pocket costs. Additionally, you may qualify for a 30-day special enrollment period for another group health plan for which you are eligible (such as a spouse's plan), even if that plan generally doesn't accept late enrollees.

#### WHAT IS COBRA CONTINUATION COVERAGE?

COBRA continuation coverage is a continuation of Plan coverage when it would otherwise end because of a life event. This is also called a "qualifying event." Specific qualifying events are listed later in this notice. After a qualifying event, COBRA continuation coverage must be offered to each person who is a "qualified beneficiary." You, your spouse, and your dependent children could become qualified beneficiaries if coverage under the Plan is lost because of the qualifying event. Under the Plan, qualified

beneficiaries who elect COBRA continuation coverage must pay for COBRA continuation coverage.

If you're an employee, you'll become a qualified beneficiary if you lose your coverage under the Plan because of the following qualifying events:

- Your hours of employment are reduced, or
- Your employment ends for any reason other than your gross misconduct.

If you're the spouse of an employee, you'll become a qualified beneficiary if you lose your coverage under the Plan because of the following qualifying events:

- · Your spouse dies;
- Your spouse's hours of employment are reduced;
- Your spouse's employment ends for any reason other than his or her gross misconduct;
- Your spouse becomes entitled to Medicare benefits (under Part A, Part B, or both); or
- You become divorced or legally separated from your spouse.

Your dependent children will become qualified beneficiaries if they lose coverage under the Plan because of the following qualifying events:

- The parent-employee dies;
- The parent-employee's hours of employment are reduced;
- The parent-employee's employment ends for any reason other than his or her gross misconduct;
- The parent-employee becomes entitled to Medicare benefits (Part A, Part B, or both);
- The parents become divorced or legally separated; or
- The child stops being eligible for coverage under the Plan as a "dependent child."



#### WHEN IS COBRA CONTINUATION COVERAGE AVAILABLE?

The Plan will offer COBRA continuation coverage to qualified beneficiaries only after the Plan Administrator has been notified that a qualifying event has occurred. The employer must notify the Plan Administrator of the following qualifying events:

- The end of employment or reduction of hours of employment;
- Death of the employee;
- The employee's becoming entitled to Medicare benefits (under Part A, Part B, or both).

For all other qualifying events (divorce or legal separation of the employee and spouse or a dependent child's losing eligibility for coverage as a dependent child), you must notify the Plan Administrator within 60 days after the qualifying event occurs. You must provide this notice to: the City of Phoenix Benefits Office at (602) 262-4777 or benefits.questions@phoenix.gov.

#### HOW IS COBRA CONTINUATION COVERAGE PROVIDED?

Once the Plan Administrator receives notice that a qualifying event has occurred, COBRA continuation coverage will be offered to each of the qualified beneficiaries. Each qualified beneficiary will have an independent right to elect COBRA continuation coverage. Covered employees may elect COBRA continuation coverage on behalf of their spouses, and parents may elect COBRA continuation coverage on behalf of their children.

COBRA continuation coverage is a temporary continuation of coverage that generally lasts for 18 months due to employment termination or reduction of hours of work. Certain qualifying events, or a second qualifying event during the initial period of coverage, may permit a beneficiary to receive a maximum of 36 months of coverage. There are also ways in which this 18-month period of COBRA continuation coverage can be extended:

# DISABILITY EXTENSION OF 18-MONTH PERIOD OF COBRA CONTINUATION COVERAGE

If you or anyone in your family covered under the Plan is determined by Social Security to be disabled and you notify the Plan Administrator in a timely fashion, you and your entire family may be entitled to get up to an additional 11 months of COBRA continuation coverage, for a maximum of 29 months. The disability would have to have started at some time before the 60th day of COBRA continuation coverage and must last at least until the end of the 18-month period of COBRA continuation coverage. Notify the City of Phoenix Benefits Office at (602) 262-4777 or benefits. questions@phoenix.gov.

# SECOND QUALIFYING EVENT EXTENSION OF 18-MONTH PERIOD OF CONTINUATION COVERAGE

If your family experiences another qualifying event during the 18 months of COBRA continuation coverage, the spouse and dependent children in your family can get up to 18 additional months of COBRA continuation coverage, for a maximum of 36 months, if the Plan is properly notified about the second qualifying event. This extension may be available to the spouse and any dependent children getting COBRA continuation coverage if the employee or former employee dies; becomes entitled to Medicare benefits (under Part A, Part B, or both); gets divorced or legally separated; or if the dependent child stops being eligible under the Plan as a dependent child. This extension is only available if the second qualifying event would have caused the spouse or dependent child to lose coverage under the Plan had the first qualifying event not occurred.

# ARE THERE OTHER COVERAGE OPTIONS BESIDES COBRA CONTINUATION COVERAGE?

Yes. Instead of enrolling in COBRA continuation coverage, there may be other coverage options for you and your family through the Health Insurance Marketplace, Medicaid, or other group health plan coverage options (such as a spouse's plan) through what is called a "special enrollment period." Some of these options may cost less than COBRA

continuation coverage. You can learn more about many of these options at www.healthcare.gov.

#### IF YOU HAVE QUESTIONS

Questions concerning your Plan or your COBRA continuation coverage rights should be addressed to the contact or contacts identified below. For more information about your rights under the Employee Retirement Income Security Act (ERISA), including COBRA, the Patient Protection and Affordable Care Act, and other laws affecting group health plans, contact the nearest Regional or District Office of the U.S. Department of Labor's Employee Benefits Security Administration (EBSA) in your area or visit www.dol.gov/ebsa. (Addresses and phone numbers of Regional and District EBSA Offices are available through EBSA's website.) For more information about the Marketplace, visit www. HealthCare.gov.

#### KEEP YOUR PLAN INFORMED OF ADDRESS CHANGES

To protect your family's rights, let the Plan Administrator know about any changes in the addresses of family members. You should also keep a copy, for your records, of any notices you send to the Plan Administrator.

#### PLAN CONTACT INFORMATION

City of Phoenix
Human Resources Department Benefits Office
Attention: Benefits Supervisor
251 W. Washington Street
Phoenix, AZ 85003
(602) 262-4777
Benefits.questions@phoenix.qov

# IMPORTANT NOTICE FROM CITY OF PHOENIX ABOUT YOUR PRESCRIPTION DRUG COVERAGE AND MEDICARE

This notice affects you only if you will become eligible for Medicare Part D in the next year (see 1 below).

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with the City of Phoenix

(see 2 below) and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- 1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- 2. The City of Phoenix has determined that the prescription drug coverage offered by the City of Phoenix PPO Actives, Savers Choice Actives, and Banner-Aetna HMO Health Plan (collectively, "City of Phoenix Health Plans") is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

#### When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th through December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be



eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

# What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current City of Phoenix coverage will not be affected.

Prescription drug coverage is an integral part of the City of Phoenix Health Plans. You cannot drop prescription drug coverage under City of Phoenix Health Plans without also dropping your medical plan coverage. You need to be aware that you and your dependents may not be able to get this coverage back until Open Enrollment or until you have a qualifying event.

# When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with the City of Phoenix and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

# For More Information About This Notice Or Your Current Prescription Drug Coverage:

Contact the City of Phoenix Benefits office at (602) 262-4777 or email benefits.questions@phoenix.gov for further information.

NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through the City Phoenix health plan changes. You also may request a copy of this notice at any time.

# For More Information About Your Options Under Medicare Prescription Drug Coverage:

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: 08/19/2022

Name of Entity/Sender: City of Phoenix

Contact--Position/Office: City of Phoenix Benefits Office

Address: 251 W. Washington Street, 7th FL,

Phoenix, AZ 85003

Phone Number: (602) 262-4777



Human Resources Department 251 W. Washington St. Phoenix AZ 85003 Presorted First-Class Mail U.S. Postage Paid Phoenix, AZ Permit #968