

# Wellness Incentive

## Wellness Programs & Resources

The City wants you to enjoy your work and your life! Good health is an important component of your overall satisfaction at work and at home. Through the **Fit4Phoenix Employee Wellness Program**, you can find tools and resources to help you thrive rather than merely survive the daily challenges that come your way.

The Fit4Phoenix Employee Wellness Program takes a holistic approach, offering programs in the following areas:

- Nutrition Programs
- Fitness/Step Challenges
- Gym Discounts (YMCA & KROC Community Center)
- Health Coaching
- Wellness Classes

## Wellness Incentive

INCENTIVE REQUIREMENTS ACHIEVED BY:	POTENTIAL EARNINGS*
Either Employee or Covered Spouse / QDP	\$40 per month
Both Employee and Covered Spouse / QDP	\$60 per month

\*Earnings are paid out bi-weekly and are subject to applicable federal and/or state tax withholdings.

### Step 1: Visit Your Primary Care Provider (PCP).

A PCP is a family practice doctor, general practitioner, an internist or an OBY/GYN in your City of Phoenix employee plan network to get your seven pieces of biometric data (HDL cholesterol, total cholesterol, blood glucose, waist circumference, height, weight, and blood pressure).

\*\*If you leave active City coverage for longer than 30 days, you must create a new Virgin Pulse account and complete your health assessment and attestation again.\*\*

### Step 2: Create Account/Log into Virgin Pulse

To create an account or log in visit <https://join.virginpulse.com/fit4phoenix> [join. virginpulse.com]. a Spouse or QDP they must create their own account and have their own User ID and password on the website. To create their account the Spouse / QDP would use the employee's ID number with an S at the end. (Example: 000000S)

### Step 3: Health Assessment and PCP Visit Attestation

Complete the Health Assessment and PCP Visit Attestation by visiting the [Virgin Pulse](#) portal and clicking on the rewards section under the Home Tab on the Virgin Pulse Platform. To complete both requirements the Health Assessment and PCP Visit Attestation, you will need both you and your spouse/QDP biometric data. Click on the link "Complete Health Assessment" Follow the prompts to complete your Health Assessment. Below the Health Assessment you **must** also complete the PCP Visit Attestation. Once completed you should have a green check mark next to each requirement.

### Step 4: Check Your Paystub

Once you and/or your covered spouse/QDP complete the Health Assessment and PCP Attestation within the same calendar year, your wellness incentive will show up on your paycheck (under "Hours and Earnings") about 30 days after your completion of incentive requirements has been reported by insurance carriers. **You must complete the two requirements by 12/15/23 to receive the first incentive of the year in 2024.** If you miss the deadline, you can still complete your Health Assessment and PCP Attestation; however, you will not see the incentive on your first paycheck of January 2024.

**IMPORTANT:** If you are/were enrolled as a spouse on another employee's City medical plan and then enroll on your own City medical plan, you must contact the benefits office to have your Virgin Pulse accounts merged, within 30 days of this change.

## Fit4Phoenix Employee Wellness Program

To learn more about the Fit4Phoenix Wellness Programs and the Wellness Incentive, visit [cityofphoenix.sharepoint.com/sites/hr/benefits/wellness](https://cityofphoenix.sharepoint.com/sites/hr/benefits/wellness). For questions about wellness programs, email [be.healthy@phoenix.gov](mailto:be.healthy@phoenix.gov)

