

2020

MARCH



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 6	02 Szechwan Pork 四川猪肉丝, Napa Cabbage, Sweet Potatoes	03 Kung Pao Beef 宫保牛肉 Chinese Eggplant, Green Cabbage	04 Black Bean Baked Chicken 黑豆烤鸡, Spinach Egg Drop Soup, Peas & Carrots	05 Shrimp Egg Foo Young 蝦蛋糕, Green Cabbage, Stir-Fry Mushrooms	06 Pepperoni Pizza 辣香肠比萨饼, Side Salad, Green Beans
WEEK 7	09 Turkey w/Gravy 火鸡肉汁, Fresh Spinach, Corn on the Cob	10 Orange Chicken 橙鸡, Green Beans, Hot and Sour Soup	11 Mongolian Beef 蒙古牛肉, Bok Choy, Stir-Fry Mushrooms	12 Stir-Fry Fish 炒鱼, Yellow Squash, Chinese Eggplant	13 BBQ Pork 烧烤猪肉, Bok Choy, Cauliflower w/ Carrots
WEEK 8	16 Tomato Basil Frittata 番茄罗勒煎蛋饼, Broccoli, Dilled Carrots	17 Sesame Chicken 芝麻鸡, Napa Cabbage, Broccoli	18 Meatloaf 肉饼, Mashed Potatoes and Gravy, California Blend Vegetables	19 Pork Riblets 猪肉柳条, Chinese Eggplant, Bok Choy	20 Kung Pao Shimp 宫保虾, Tomato Tofu Soup, Stir-Fry Vegetable
WEEK 1	23 Sweet & Sour Chicken 酸甜鸡, Cauliflower, Broccoli	24 Teriyaki Beef 照烧牛肉, Hot and Sour Soup, Spinach	25 Stir-fry Pork w/ Bean Thread 猪肉和豆类, Chop Suey, Broccoli in Oyster Sauce	26 Turkey Burger 汉堡火鸡, Sweet Potatoes, Coleslaw	27 Baked Fish in Orange Sauce 烤鱼加酱汁, Napa Cabbage, Chinese Eggplant
WEEK 2	30 Orange Chicken 橙鸡, Green Beans, Chop Suey	31 Spaghetti and Meatballs 意大利面和肉丸, Chinese Eggplant, Green Cabbage	01 Milk & Fruit Served Daily	 City of Phoenix HUMAN SERVICES DEPARTMENT	