

MON	TUES	WED	THURS	FRI
2	3	4	5	6
Sausage Link (Salchicha), Sautéed Cabbage w/Peppers & Onions, Sweet Potatoes, Hoagie Roll	Chicken Salad on a bed of Mixed Greens (Ensalada de Pollo sobre Verduras Mixtas) w/Fresh Zucchini and Carrots	Swedish Meatballs (Albondigas Suizas), Cooked Spinach, California Blend, WW Pasta	Pulled BBQ Pork (Carne de puerco desebrada con BBQ), Pinto Beans, Corn, Macaroni Salad, Fruited Gelatin	Chicken Fajitas w/Peppers & Onions (Fajitas de pollo con chiles y cebolla), Zucchini, WW Tortilla
Dilled Potato & Mushroom Soup (Caldo de Papa con Champiñón), Black Bean Salad, WW Crackers	Swiss Steak (Bistec Suizo), Zucchini, Seasoned Carrots, WW Roll	Open-face Turkey Sandwich w/Gravy (Sándwich abierto de Pavo c/salsa), Cooked Veggies	Asian Chicken Salad (Ensalada de pollo), Chicken & Rice Soup, Fruited Gelatin	Breaded Fish (Pescado empanizado en un pan) on Bun w/Lettuce, Italian Blend, Au Gratin Potatoes
9	10	11	12	13
Beef Hot Dog (Salchicha en un pan), Baked Beans, Zucchini, Corn & Red Bell Peppers	Grilled Chicken Breast Sandwich (Sándwich de pechuga de pollo a la parilla) w/Lettuce, Rosemary Potatoes, Broccoli	Kahula Pork (Carne de Puerco), Brown Rice, Buttered Peas & Carrots, Coleslaw w/Peanut Sauce	Meatloaf (Pastel de carne), Whipped Potatoes, Scandinavian Blend Vegetables, WW Roll	Krab Salad (Ensalada de cangrejo) on Greens w/Cucumber, Tomato and Carrot, Vegetable Soup, WW Crackers, Oatmeal Cookie
Ground Turkey & Cheese Burrito (Burrito de Pavo Molido con Queso), Zucchini, Corn & Red Bell Pepper Medley	Turkey Tetrazzini w/ Cauliflower and Noodles (Pavo asado con coliflor y pasta), Broccoli Slaw	Egg Salad Sandwich (Ensalada de huevo sobre pan), Pickled Beets, Chicken & Rice Soup, WW Crackers	Chef Salad (Ensalada de Jamón con queso y huevo) w/Ham, Cheese & Egg, Tomatoes and Cucumber	Spinach & Feta Frittata (Frittata de Espinaca y Queso Feta), Vegetable Soup, Oatmeal Cookie
16	17	18	19	20
Chicken Parmesan Sandwich (Sándwich de pollo parmesano), Chopped Salad, Grilled and Chilled Asparagus	St Patrick's Day Corned Beef and Cabbage, Carrots and Potatoes, Irish Soda Bread, Lucky Charms Bar	Pork Carnita Tacos (Tacos de carnitas de puerco), Black Bean and Corn Relish, Roasted Zucchini	Sunrise Cheese Tortellini w/ Sundried Tomatoes (Tortellini de queso con tomates), Large Chopped Salad	Prawn Marie Baguette (Sándwich de camarón), Quinoa and Kale Salad, Cucumber and Red Pepper Salad
Garden Tuna Salad on Mixed Greens (Ensalada de atún en lechug), Creamy Broccoli Cheddar Soup		Waldorf Chicken Salad Wrap on Spinach Wrap (Envoltura de ensalada de pollo en espinaca), Jicama Coleslaw, Pickled Beets	Kung Pao Pork (Carne de puerco estilo chino), Chinese Eggplant, Napa Cabbage and Carrots, Noodles	Liver & Onions w/Gravy (Higado de Res con cebolla), Lenitl Soup, Superfood Coleslaw, WW Roll
23	24	25	26	27
Philly Cheesesteak (Bistec Filadelfia con Queso) w/Peppers, & Onions, Spinach Salad, Hoagie Roll	Carnitas Fajitas w/ WW Flour Tortilla (Fajitas de carnitas), Peppers & Onions, Pinto Beans, Lime Wedge	Salisbury Steak w/Gravy (Bistec salisbury c/salsa), Cauliflower, Scandinavian Mix Veggies, WW Roll	Turkey Chili Mac w/Cheese (Pasta con queso, chili y pavo), Green Salad, Fruit Crisp	Baked Fish (Pescado horneado) w/Lemon Wedge, Broccoli, Tomato Soup, WW Roll
Chicken Lettuce Wraps (Envolturas de pollo en lechuga) Brown Rice, Peas & Carrots, Broccoli	Spanakopita (Torta de Espinacas), Garden Salad, WW Crackers	Tuna Salad Sandwich (Sándwich de ensalada de atún), 3-Bean Salad, Marinated Beets	Mediterranean Salad w/Chicken (Ensalada c/Pollo Asado), Marinated Veggies, Fruit Crisp	Pulled Pork BBQ (Res desebrado en pan de trigo) Sandwich, Peas & Carrots, Steamed Broccoli
30	31			
Denver Frittata, French Toast w/maple syrup, Stewed Tomatoes, Sautéed Mushrooms	<b>Cesar Chavez Day Center Closed</b>	   		
Chicago Beef topped with Giardinara (Sandwich de carne con curtido) Coleslaw, Spinach Salad				

Milk and Fruit Served with Every Meal

\$2.50 Suggested Contribution Per Meal. If you cannot afford the total amount, any amount is appreciated.