

# **SVdP Thanksgiving Week Volunteer Menu**

St. Vincent de Paul strives to *Feed, Clothe, House, & Heal* individuals and families in our community who have nowhere else to turn for help. As important, we provide meaningful opportunities for volunteers to serve their neighbors in need with love and compassion. The Society of St. Vincent de Paul is the Society of Smiles, of Dignity, of Love & Laughter, Humility, Civility, Stability & Tranquility.

We are also the Society of *Flexibility*. Especially during the holiday season, we appreciate your willingness to be open and flexible with your volunteer expectations. There are times when our needs change, and thus we may ask volunteers to serve in a capacity different than they had originally signed up for. We generally assign specific job duties once all volunteers report on the day-of service, and we can then be certain of numbers, interests, and capabilities. Thank you for your willingness to serve we need you most!

#### Administration

Use your organizational skills to assist us in managing the incredible volume of community service support we receive during this week (and leading up to it!). Half of the mission of St. Vincent de Paul is giving people the opportunity to serve; help us provide this opportunity with excellent customer service! Duties include clerical assistance, data entry, copying, filing, phone calls, and special projects. Duties and shifts vary depending upon your schedule.

Age Guidelines: 16 and up Location: 420 W Watkins, Phoenix 85003

# Cookie Bash / Cookie Decorating:

Add some sweetness to our guests' lives by helping us to prepare, bake and decorate cookies for our guests. Cookies are the finishing touch to the over 4,300 meals made 365 days a year for our clients at all 5 St. Vincent de Paul dining rooms and over 20 partner social service agencies throughout the valley. Closed-toe shoes with rubber soles are required, and we will provide additional required attire: gloves, plastic apron & hair net. Water bottles brought in must be able to be closed.

Age Guidelines: Bash: 14 years with adult; 16 on own. Decorating: 9 with adult; 16 on own Location: 420 W Watkins, Phoenix 85003

### Corey's Truck Wash:

Have you ever seen one of our trucks driving down the road and wondered where it's headed? All over the valley, we pick up your no-longer-needed items and find important uses for them, including helping to generate revenue for our programs through our Thrift Store operations. Come have some fun washing the St. Vincent de Paul big rigs and talk to our drivers to see just what it is that they do, where they go and how your donations help St. Vincent de Paul. Closed-toe shoes with rubber soles are required.

Age Guidelines: 14 years and up

Location: 420 W Watkins, Phoenix 85003

# **Dining Room Meal Service:**

Our five dining rooms are strategically located throughout the Valley, from Mesa to El Mirage, easily accessible to the people who need them most. Every day, we prepare 4,300 nourishing meals free of charge to homeless or low-income individuals and families. Volunteer duties include but are not limited to: cleaning & room preparation, setting up tables and chairs, greeting guests, serving meals, waiting on tables, sorting / giving out essential items to guests (eg, clothing, hygiene kits, etc.), clean up (eg, mopping, taking out garbage, washing dishes, etc). Closed-toe shoes with rubber soles required. Locations & Age Guidelines:

Phoenix Dining Room (Henry Unger) Mesa Dining Room (Wayne Unruh) - FULL
 Family Dining Room (Dan O'Meara) - FULL
 Sunnyslope Dining Room (Chris Becker) Age 14 with adult, 16 on own
 Age 14 with adult, 16 on own
 Age 9 with adult, 14 on own
 Age 14 with adult, 16 on own

#### **Dream Center:**

Come experience the awesomeness that is the Dream Center! Our Dream Center provides service to children ages 4 to 17 by focusing upon engagement through educational activities and individual mentoring and a variety of activities to help our children excel at school, learn new skills, and build their self-esteem. Come let your light shine and be filled by the light of our youngest guests! Volunteer duties include but are not limited to: setting up homework tables, putting out books and journals, assisting with crafts or educational projects, 1:1 tutoring, engaging the children, and cleaning.

Age Guidelines: 9 years with adult; 14 on own.

Location: 420 W Watkins, Phoenix 85003

#### Fall Festival:

Celebrate Thanksgiving by helping to run our Fall Festival! The Fall Festival is a new event focused on offering a day of joy and celebration to the over 1,000 homeless guests at our Human Services Campus. Help us to provide games, refreshments, music, and more for those who may have limited opportunity to experience relief and lightness. Volunteer duties include but are not limited to: sorting/giving out essential items to guests (eg, clothing, hygiene kits, etc.), running yard games for clients (Corn Hole, Yahtzee, Basketball, Tic-tac-toe, etc), greeting guests, handing out popcorn and hot chocolate to guests, serving guests in various ways, campus clean up/beautification and more. Closed-toe shoes with rubber soles required.

Age Guidelines: 18 years of age and older. Location: 1075 W. Jackson, 85007

#### **Food Warehouse:**

Every one of the 1,000 food boxes and over 4,300 meals given to our clients each day has its beginning in the Food Warehouse. Join the crew to have some great fun processing through the truckloads of food donated by grocery stores and community food drives. The items must be sorted and measured against strict quality control standards before they are sent to our kitchen or one of our 80 community-based food pantries. Volunteer duties include but are not limited to: sorting food items into appropriate categories and bins, checking items for quality standards, and cleaning. Some volunteer duties may include lifting up to 40 lbs, and volunteers should be prepared to stand for long periods of time, bend, lift and carry. Closed-toe shoes are required.

Age Guidelines: 14 years Location: 420 W Watkins, Phoenix 85003

# **Hearts & Hands Thanksgiving**

Participate in the biggest Thanksgiving event of the week - Hearts & Hands Thanksgiving! This is a volunteer activity for all ages and for groups of any size; it is a special event with a variety of volunteer activities focused upon projects to teach our youth the impact of giving and service. Volunteers engage in projects that are centered around the themes of offering blessings, love, hope, and motivation to our guests. Activities may include but are not limited to: craft projects, making hygiene packets, making sack lunches, sandwiches, and more. Specific activities vary depending upon the need that month.

Age Guidelines: 5 and up with adult, 16 on own

Location: 420 W Watkins, Phoenix 85003

### **Kitchen Meal Prep**

Be the loving hands behind the over 4,300 meals our main kitchen sends out to our guests at all 5 St. Vincent de Paul dining rooms and 20 partner social service agencies. Join us as we slice, dice, and julienne our way through them all! Volunteer duties include but are not limited to: cleaning, chopping, dicing, packaging food, sorting / giving out essential items to guests, clean up (eg, mopping, taking out garbage, washing dishes, etc), taking food waste to the Urban Farm (just across the parking lot), or simply making an ol' fashioned PB&J for the hundreds of sack lunches we hand out daily to our clients. Closed-toe shoes with rubber soles are required, and we will provide additional required attire: gloves, plastic apron & hair net. Water bottles brought in must be able to be closed. Age Guidelines: 14 with adult; 16 on own Location: 420 W Watkins, Phoenix 85003

### Milk, Cookies, & Good Wishes at the Shelter

Help us pass out milk & cookies during this holiday week at our emergency shelter! SVdP runs an emergency, temporary shelter for 275 adult men and women experiencing homelessness. Our goal is to provide our guests safe and welcoming overnight accommodations, while encouraging and engaging them in appropriate services and housing connections. In addition to passing out milk and cookies, volunteers serve as a smiling, calm, non-judgmental presence that can offer hope and a sense of peace to our guests. Volunteer duties may include but are not limited to: passing out refreshments, shelter set-up and break-down, check-in & check-out, handing out water, snacks, sheets, and other supplies.

The shelter is a unique volunteering opportunity where every shift is different; our guests may be experiencing significant hardships in their lives. They may be struggling with physical or emotional challenges such as medical disability, mental illness, loss, or fear. There may be a chance volunteers will witness verbal aggression and/or the occasional physical altercation. Security is always present.

Age Guidelines: 18 and up

Location: 1075 W Jackson Phoenix, AZ 85007

# **Pie Factory**

Nothing says Thanksgiving more than pie (okay, maybe turkey!). Join us as we make lovely pies destined for the tables and the hungry stomachs of our guests. We'll be trying something new – sweet potato pie with organic sweet potatoes from our own Urban Farm! No pie making experience required © Closed-toe shoes with rubber soles are required, and we will provide additional required attire: gloves, plastic apron & hair net. Water bottles brought in must be able to be closed.

Age Guidelines: 14 with adult; 16 on own Location: 420 W Watkins, Phoenix 85003

### **Tamale Tuesday**

For many people, tamales mean 'home and family.' These two values are extremely important at SVdP. Help us bring a sense of Home and Family to our guests by hand-making tamales at our main kitchen. Spread the masa and spread the love! This is a brand new volunteer opportunity – help us start a new tradition at SVdP! Closed-toe shoes with rubber soles are required, and we will provide additional required attire: gloves, plastic apron & hair net. Water bottles brought in must be able to be closed.

Age Guidelines: 14 with adult; 16 on own

Location: 420 W Watkins, Phoenix 85003

### **Thrift Stores**

Come "Saleabrate" our stores and volunteer with us at one of our 7 thrift stores. The holiday season is an especially busy and exciting time for our stores which are the face of St. Vincent de Paul throughout the valley. Our donated clothing, furniture and household items are sold to the public at low-cost, or given directly to someone in need. You might even discover some treasures while you're there that you can't live without! Volunteer duties include but are not limited to: sorting, product placement, store design, inventory, customer service, and cleaning. Help us prepare for Black Friday and Shop Local Saturday!

Age Guidelines: 14 with adult; 16 on own

Locations:

- Apache Junction 2540 W. Apache Trail, 85120.
- Bell Road 2945 E. Bell Rd., 85032.
- Chandler 963 W Elliot Rd., 85225.
- Mesa 2352 W. Main St., 85201.
- Sunnyslope 8231 N. 7th St., 85020.
- Surprise 12851 W Bell Rd, 85374.
- Thunderbird 3547 W. Thunderbird Rd., 85053.

### **Urban Farm / Community Garden**

Our 3 Urban Farms provide 3 acres of organic, fresh fruits and vegetables (and sometimes fish!) to our kitchen and dining rooms. This greatly enhances the nutritional support we're able to offer our guests. Put on your hat, sunscreen, and work clothes and join the SVdP Urban Farm team as they put you to work on the very soil and vegetables that feed our dear guests. Volunteer duties vary daily depending on the needs of the vegetation and spaces. Duties may include but are not limited to: watering, weeding, harvesting, planting, waste & produce sorting, composting, trash pick-up, and tree trimming. Please dress appropriate for the Arizona sun & heat! Age Guidelines: 14 with adult; 16 on own. Human Services Campus Garden: Flexible age guidelines. Locations:

- Mesa Garden 67 W. Broadway, 85210.
- Human Services Campus Garden 1075 W. Jackson St., 85007.
- Watkins Garden 420 W. Watkins Rd., 85003.

#### **Water Truck Outreach**

Each day, two very dedicated SVdP outreach workers go out onto the streets of Phoenix and its outlying areas. We hand deliver water, sack lunches, hygiene packs, clothing, and other seasonal items to homeless men and women who may be too far away or physically unable to visit one of our dining rooms. This is not an activity for the faint of heart but it is a wonderful opportunity to see and be love in action; join us on the Water Truck! Volunteer duties including helping to load the truck, carrying a backpack of supplies to handout, walking (and more walking!), engaging with and serving those living on the street. Good walking shoes and appropriate clothing that protects you from the elements are required.

Age guidelines: 16 with guardian; 18 on own

Location: Meet at 420 W. Watkins, 85003

THANK YOU for your desire to serve your community.

In addition to serving during the week of Thanksgiving, we'd love your help the other 51 weeks of the year as well!

Learn more at <a href="https://www.stvincentdepaul.net/volunteer">www.stvincentdepaul.net/volunteer</a>.

Contact us directly: (602) 261-6886 or volunteer@svdpaz.org.