

# You're Invited



**Parents, guardians and families: Join us for a parent workshop!**

<b>Who?</b>	Head Start and Early Head Start Parents
<b>What?</b>	Your Journey Together Parent Workshop
<b>When?</b>	Beginning Thursday, February 25 <sup>th</sup> for four Thursdays at 4:30 PM for one hour
<b>Where?</b>	Via SKYPE <a href="https://meet.lync.com/cityofphoenix-phoenix/amanda.mahan/lr22z4qg">https://meet.lync.com/cityofphoenix-phoenix/amanda.mahan/lr22z4qg</a>

## Why?

- Strengthen your family's social and emotional development
- Learn how to cope with life's challenges
- Take care of the emotional well-being of your entire family for a lifetime of healthy relationships!
- Children's home activities provided!

