

You're Invited



Parents, guardians and families: Join us for a parent workshop!

Who?	Head Start and Early Head Start Parents
What?	Your Journey Together Parent Workshop
When?	Beginning Monday, March 8 th for four Mondays at 2:45 PM for one hour
Where?	Via SKYPE https://meet.lync.com/cityofphoenix-phoenix/amanda.mahan/3qzscg7d

Why?

- Strengthen your family's social and emotional development
- Learn how to cope with life's challenges
- Take care of the emotional well-being of your entire family for a lifetime of healthy relationships!
- Children's home activities provided!

