

WINTER 2018

PROGRAM SCHEDULE

OCT. - NOV. - DEC.

EVENTS AND CELEBRATIONS

OCT.



Open House
Friends and Family
9 a.m. to 3 p.m., Friday, Oct. 26

Halloween Party
10 a.m., Wednesday, Oct. 31



NOV.



Thanksgiving Celebration
10 a.m., Wednesday, Nov. 21

DEC.

Holiday Party
10 a.m., Friday, Dec. 14



New Year's Party
10 a.m., Friday, Dec. 28

Membership

The annual membership is \$20 for Phoenix residents and \$40 for non-residents. Your membership gives you access to any of 15 Phoenix senior centers. Try out the center with a visitors pass, good for two FREE visits.

Lunch

Lunch is served daily at 11:30 a.m.

A recommended contribution of \$2.50 is requested of eligible members (+60 years of age) per meal. The cost of a meal for all others is only \$5.

Meal reservations and cancellations must be made at least three business days in advance.

Transportation

Senior Center Shuttle Program:

MV Transportation provides flexible taxi service to and from your local senior center for eligible members. Please contact center staff to register and obtain more detailed information.

Caseworker

Service is available to current members every Monday by appointment ONLY.


Site Council Nominations and Voting

Would you like to help plan SOW activities? Join SOW site council

Please see back page for ongoing activities ****NOTE**** All trips require reservations and \$2 for the bus



OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 TRIP-Walmart 1 to 3 p.m.	3 Jewelry Class 12:30 to 2:30 p.m.	4	5 CENTER CLOSED at Noon
8 TRIP-Cracker Barrel 11 a.m. to 1 p.m.	9	10 United Healthcare 10 a.m. Jewelry Class 12:30 to 2:30 p.m.	11	12 TRIP-AZ State Fair Noon to 3 p.m. Watercolor Class 12:30 to 2:30 p.m.
15	16 TRIP-Walmart 1 to 3 p.m.	17 Health Choice 10 a.m.	18 Birthday Party 9:30 a.m.	19 Art Class 12:30 to 2:30 p.m.
22	23	24 City of Phoenix Hiking Safety 10 a.m.	25 	26 Open House Friends & Family 9 a.m. to 3 p.m.
29	30	31 Halloween Party 10 a.m.		



Halloween Treats



N U O I N T A R I N
 E O T G C A Z A R E
 B O S U S W E E T S
 A P U M P K I N I S
 D T R E A T S N R M
 E E C C E R Y F O I
 B N P A O I K O Y R
 R U F N I C J I Y N
 C D L D L K L I E E
 W L F U M C A E A

Find the following hidden words:

- candy
- cupcake
- pumpkin
- sweets
- treat
- trick
- yum
- gum
- boo




NOVEMBER

				12:30 to 2:30 p.m.
5 TRIP-Harkins Theater 10:30 a.m. to 2 p.m.	6 TRIP-Walmart 1 to 3 p.m.	7 Jewelry Class 12:30 to 2:30 p.m.	8	9
12 CLOSED Veterans Day Holiday	13	14 Health Choice Wellness Bingo 10 a.m. Jewelry Class 12:30 to 2:30 p.m.	15 Birthday Party 9:30 a.m. 	16 Art Class 12:30 to 2:30 p.m.
19	20 TRIP-Walmart 1 to 3 p.m.	21 Thanksgiving Day Celebration 10 a.m.	22 CLOSED Thanksgiving Day Holiday	23 CLOSED Thanksgiving Day Holiday
26	27	28	29	30 Watercolor Class 12:30 to 2:30 p.m.



DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 TRIP-Walmart 1 to 3 p.m.	5 United Healthcare 10 a.m. Jewelry Class 12:30 to 2:30 p.m.	6	7 Watercolor Class 12:30 to 2:30 p.m.
10	11 TRIP-Desert Ridge Shopping 10 to 1:30 p.m.	12 Health Choice Wellness Bingo 10 a.m. Jewelry Class 12:30 to 2:30 p.m.	13	14 Holiday Party Celebration 10 a.m.
17	18 TRIP-Walmart 1 to 3 p.m.	19 Jewelry Class 12:30 to 2:30 p.m.	20 Birthday Party 9:30 a.m. 	21 Art Class 12:30 to 2:30 p.m.
24 CENTER CLOSED At Noon	25	26	27	28 New Year Celebration 10 a.m. Watercolor Class 12:30 to 2:30 p.m.

Time	Activity	Day
8:30 to 10 a.m.	Morning Snack	Daily
10 a.m. Oct. 3, Nov. 7, Dec. 5	Advisory Board/Site Council	First Wednesday of each Month
12:30 p.m.	Bible Class* <i>*Non City Sponsored</i>	Friday
8:30 a.m. to 4:30 p.m.	Billiards	Daily
10 a.m.	Bingo	Tuesday and Thursday
9:30 a.m.	Birthday Party	Third Thursday of each Month
9:30 a.m.	Blood Pressure Screening	Friday
8:30 a.m. to 4:30 p.m.	Dominoes & Cards	Daily
9:30 a.m.	Fun Keno	Tuesday
10 a.m.	Health Presentations	Wednesday
12:30 p.m. to 4:30 p.m.	Karaoke	Wednesday
9:30 a.m.	Line Dancing	Monday
10:30 a.m.	Loteria	Friday
9 a.m.	Sewing for SOW	Monday and Thursday
9:30 a.m.	Stretching Exercise	Friday
8:30 a.m. to 4:30 p.m.	Wii Sports	Daily

T.E.F.A.P.	12:30 p.m., Third Thursday of each month Oct. 18, Nov. 15, Dec. 20
Food Plus	8:30 to 10:30 a.m., Friday, Oct. 19 and Monday, Oct. 22 8:30 to 10:30 a.m., Friday, Nov. 16 and Monday, Nov. 19 12:30 p.m. to 2:30 p.m., Thurs., Dec. 20