

KNOW THE FAACTS



Anaphylaxis is a serious allergic reaction that comes on quickly and has the potential to become life-threatening.

Food allergies affect approximately 32 million Americans, including 6 million children and up to 1 in 10 adults.

The prevalence of food allergies appears to be increasing among children under the age of 18.

Trace amounts of any allergen can trigger a severe reaction.

Food allergies affect 1 in 13 children under the age of 18. That is 2 students in every classroom.



9-1-1 must ALWAYS be called with every anaphylactic reaction.

There is no cure for food allergies. Strict avoidance is the only way to prevent an allergic reaction.

Managing a food allergy is life-altering and involves constant vigilance.



Always carry two epinephrine auto-injectors at all times.

A food allergy is an immune system response to a food the body mistakenly believes is harmful.

Eight foods account for 90% of all food allergy reactions
PEANUTS
TREE NUTS
MILK
EGGS
WHEAT
SOY
FISH
SHELLFISH

FAACT's mission is to educate, advocate, and raise awareness for all individuals and families affected by food allergies and life-threatening anaphylaxis.

FAACT
Food Allergy & Anaphylaxis
Connection Team
AWARENESS • ADVOCACY • EDUCATION

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