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The Neighborhood Services Department wishes you a happy and healthy June! Please enjoy the **June 2023** Neighborhood Services Department Monthly Newsletter and feel free to share with your neighbors. You can PDF the newsletter by clicking on the "View this email as a webpage" link above and clicking on the 3 dots in the top right corner when it opens. You can also use the social media links above to share on social media. You can click on the images to view more information on the website.



Phoenix City Offices will be closed on Monday, June 19, 2023 for the Juneteenth Holiday.



Celebrating New Lighting at Palomino Park

NSD recently hosted a ribbon-cutting ceremony to celebrate the installation of 38 new LED lights at Palomino Park.

In partnership with the City's Parks and Recreation Department, NSD invested nearly \$390,000 in Community Development Block Grant (CDBG) funds to install new lighting, ensuring the parking lot, walkways and ball courts are safe, well-lit environments. The lighting project will also provide added safety benefits to neighboring facilities including Palomino Primary and Intermediate

Schools and the Metropolitan Phoenix Ed Robson Family Branch Boys and Girls Club.

The City recognizes that enhanced park lighting is a high priority for Phoenix neighborhoods and is investing nearly \$2 million in park lighting this year. Check out the video



Is Your Home Healthy?

June is National Healthy Homes Month! The awareness month is led by the U.S. Department of Housing and Urban Development's Office of Lead Hazard Control and Healthy Homes. This year's theme, "Connecting Health, Home and YOU" focuses on the relationship between healthy homes and healthy families.

Whether you focus on " <u>Protecting Kids from Lead Poisoning</u>

, follow the "Eight Principles of a Healthy Home

", or take "<u>5 Minutes to a Healthier Home</u>

", you can take no-cost or low-cost steps to make your home safer.

Lead Safe Phoenix can also provide no cost home repairs to remove lead based paint and other minor health hazards. Visit <u>Lead Safe Phoenix</u> at for tips and resources that can help YOU and your family have a safe and healthy home.





FitPHX: FREE Fall into Fitness

Register today! Fall into Fitness will be held virtually over the summer. Virtual Fall into Fitness begins Tuesday, June 6 at 6:00PM (MST). It will be held every Tuesday from 6:00-7:00PM until July 18, 2023 (no class July 4th). Fall into Fitness is a family-friendly social fitness experience for all ages, experience levels and backgrounds. Pre-registration is required.

In person FitPHX Fall into Fitness at Margaret T. Hance Park will resume fall 2023.

This program is presented thanks to the sponsorship of <u>AARP Arizona</u> and supporting partner <u>Energized by Exercise</u>.

2023 Impact Volunteer Award

Congratulations to NSD Volunteers, the First Christian Church of Phoenix and Terry Temnick, for bring honored with ther 2023 Impact Volunteer Award for their volunteer service and commitment to the Phoenix community!

Thank you to First Christian Church's 141 volunteers, who provided 48 hours of service to complete nine cleanup projects for <u>NSD's Compliance Assistance Program</u> in 2022. Terry is one of NSD's volunteer rockstars, who served 95 hours in 2022 to help remove 249 graffiti sites!

We appreciate your service! Learn more about becoming a part of NSD's Volunteer Program :



Pictured from left to right: City Manager Jeff Barton, NSD Volunteer Terry Temnick, Mayor Kate Gallego



Pictured from left to right: City Manager Jeff Barton, NSD Volunteers Jerome Parker and Chuck Foreman (Pastors at First Christian Church), Mayor Kate Gallego



NSD director, Spencer Self, was recognized as one of Phoenix Business Journal's 25 Most Admired Leaders for 2023. Honorees ere recognized at a special event held at the Phoenix Art Museum on May 11. All honorees, including Spencer, were selected based on their contributions to the community, as well as their integrity, values, vision and commitment to excellence.

Read more about the Spencer's recognition and his accomplishments that made him one of the Top 25 Admired Leaders for 2023.

https://www.phoenix.gov/newsroom/neighborhood-services/2745



National Maternal Mental Health Hotline

Are you a new parent and feeling sad, worried, overwhelmed, or concerned that you aren't good enough? You aren't alone. Pregnancy and a new baby can bring a range of emotions. In fact, many women feel overwhelmed, sad, or anxious at different times during their pregnancy and even after the baby is born.

The National Maternal Mental Health Hotline provides 24/7, free, confidential support, resources and referrals to any pregnant and postpartum mothers facing mental health challenges and their loved ones. The service

is available via phone and text in English or Spanish.

Call or text 1-833-TLC-MAMA (1-833-852-6262) to connect with counselors at the National Maternal Mental Health Hotline. Learn more about the <u>National Maternal Mental Health Hotline</u>



Water Rate Increase

The Phoenix City Council is considering a proposed rate increase for Phoenix water and wastewater services and the Stormwater Excise Tax. The Water Services Department started its community outreach in early March and will have participated in more than 40 in-person or virtual presentations by the end of June. Your input matters. Please join us for the next in-person presentation:

Burton Barr Public Library on Saturday, June 10 at 11:00 a.m. (Spanish interpretation available)

Public comments can also be submitted online at phoenix.gov/proposedrates. The Phoenix City Council is expected to vote on the proposed rate increase on June 28.

City Hall <u>NSD</u> Services by Appointment Only Monday through Friday 8 am-5 pm Contact: 602-534-4444 or <u>nsd@phoenix.gov</u>



El Departamento de Servicios a Vecindarios les desea un feliz y saludable mes Junio. Por favor, disfrute del Boletín Mensual del Departamento de Servicios a Vecindarios de **Junio 2023** y no dude en compartirlo con sus vecinos. Puede bajar el boletín haciendo clic en el enlace "Ver este correo electrónico como una página web" que aparece arriba y luego haciendo clic en los 3 puntitos en la esquina superior derecha cuando una vez abierta la página. También puede utilizar los enlaces a las redes sociales de arriba para compartirlo en

las redes sociales. También puede compartir este <u>enlace al Boletín mensual del NSD en un nuevo</u> <u>correo electrónico.</u>



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2023 Impact Volunteer Award

In April 2023, First Christian Church of Phoenix and Terry Temnick , Neighborhood Services Department Volunteers (NSDVs), received the 2023 Impact Volunteer Award for their service as a valued volunteer for the City of Phoenix Neighborhood Services Department from the Volunteer Phoenix Office in the City Manager's Office.

In 2022, First Christian Church provided 141 volunteers and 48 hours of service to the Neighborhood Services Department on completing 9 Compliance Assistance Program projects, which helps residents who have been cited for a code violation and are unable to bring their property into compliance due to financial hardship or disability. Terry Temnick served 95 hours in 2022 and removed 249 graffiti sites from the community.



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Pregnancy and a new baby can bring a range of emotions. In fact, many women feel overwhelmed, sad, or anxious at different times during their pregnancy and even after the baby is born. For many women, these feelings go away on their own. But for some women, these emotions are more serious and may stay for months.

The National Maternal Mental Health Hotline's counselors provide real-time emotional support, encouragement, information, and referrals. Pregnant and postpartum women can get the help and resources they need when they need it.

Are you a new parent and feeling sad, worried, overwhelmed, or concerned that you aren't good enough? You aren't alone. You aren't to blame. With help, you can feel better. Call or text 1-833-TLC-MAMA (1-833-852-6262) to connect with counselors at the National Maternal Mental Health Hotline. Learn more about the <u>National Maternal Mental Health Hotline</u>.



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Servicios del <u>NSD</u> en el ayuntamiento son solamente por cita previa lunes a viernes 8 am-5 pm Información de contacto: 602-534-4444 o <u>nsd@phoenix.gov</u>

Update your profile

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