**Hiking Safety Information**

Tell someone where you will be hiking and when you expect to return. Know the name of the park and or trail you will be hiking on. Having a trail map is recommended.

Know where you are going and know what kind of terrain you will be hiking on. It is important to remember that the Phoenix mountain preserves are open, undeveloped desert areas. Hikers can encounter rock terrains, cacti, and other potential hazards native to the Sonoran Desert.

Bring plenty of water (one quart for short hikes, more for longer hikes). Wear appropriate footwear, preferably hiking boots. Wear light-colored, comfortable clothing. Bring a hat, sunblock, basic first aid supplies, and cell phone.

**Leave No Trace**

1. Learn about the areas you plan to visit. Use maps to plan where you’re going. Check them along the way so you’ll stay on course and won’t get lost.

2. Plan It Right
   - Use bathrooms or outhouses when available. Use plastic bags to pick up your pet’s waste.
   - Smoke only in an enclosed vehicle. Fire hazards in designated areas.

3. Leave It as You Find It
   - Do not throw trash or water in lakes or streams.
   - Remember to bring a leash for your pet and plastic bags to pick up your pet’s waste.

4. Minimize Your Impact
   - Do not step on flowers or small trees.
   - Do not throw trash or water in lakes or streams.
   - Leave plants, rocks and historical items as they are.

5. Be Considerate to Others
   - Do not toss litter.
   - Respect private property by staying on designated trails.

6. Leave Water Clean
   - Do not put soap, food, or pet waste in lakes or streams.
   - Leave it as you find it.

7. Share the Trails and Manage Your Pet
   - Be considerate when passing others on the trail.
   - Keep your pet on a maximum six-foot leash to protect it, other visitors and wildlife.
   - The site, just 1 1/2 miles south of downtown Phoenix, totals 595 acres and extends five miles from 28th Street on the eastern upstream end to 19th Avenue on the western or downstream end. The once deteriorated dumping site is now transformed.

8. Protect Wildlife
   - Do not feed them or disturb them.
   - Observe wildlife from a distance and never approach, feed or follow them.

The Natural Resources Division is dedicated to preserving, protecting, and enhancing the cultural and natural resources and providing quality educational and recreational opportunities.

For additional information on trails, environmental centers, desert parks and preserves, and programs we provide each year, please visit phoenix.gov/parks/hikemain.html

**Important Numbers**

- **Crimestop**: 602.262.6151
- **Emergency**: 911
- **Phoenix Water**: 602.262.6100
- **River Trail Center**: 602.262.6470
- **Nina Mason Pulliam Rio Salado Foundation**: 602.468.6470

**For more information on Leave No Trace, please visit www.LNT.org or call 1 800 332 4100.**

**RIO SALADO HABITAT RESTORATION AREA**

<table>
<thead>
<tr>
<th>Trail Name</th>
<th>Trail Color</th>
<th>Mi.</th>
<th>Surface Type</th>
<th>Difficulty</th>
</tr>
</thead>
<tbody>
<tr>
<td>North Overbank</td>
<td>Black</td>
<td>3.7</td>
<td>Paved</td>
<td>Easy</td>
</tr>
<tr>
<td>South Overbank</td>
<td>Black</td>
<td>3.9</td>
<td>Paved</td>
<td>Easy</td>
</tr>
<tr>
<td>North Terrace</td>
<td>Brown</td>
<td>3.9</td>
<td>Dirt</td>
<td>Easy</td>
</tr>
<tr>
<td>South Terrace</td>
<td>Brown</td>
<td>3.2</td>
<td>Dirt</td>
<td>Easy</td>
</tr>
</tbody>
</table>

Did you know?

Over 260 species of birds have been identified since 2005.

Rio Salado is Spanish for Salt River.

Over 50,000 trees and plants were planted in the restoration.

136,572 cubic yards of waste was excavated in the project boundaries.

1,185 tons of tires were removed from the river.

138,572 cubic yards of waste was excavated in the project.

Over 250 species of birds have been identified since 2005.

10.7 miles of trails were created.

650,000 cubic yards of waste were removed from the restoration.

The site, just 1 1/2 miles south of downtown Phoenix, totals 595 acres and extends five miles from 28th Street on the eastern upstream end to 19th Avenue on the western or downstream end. The once deteriorated dumping site is now transformed.

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