Meet this week’s featured employee, **Fire Deputy Chief Shelly Jamison**, who talks about the Save Our Summer water safety program. View her “Doing What Matters” video at [https://youtu.be/vIm-BH3tp90](https://youtu.be/vIm-BH3tp90)

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**Second annual city vs. county group walk for employee health and fitness day**

On Tuesday, May 19, in recognition of Health and Fitness Day, Fit4Phoenix and Wellness Works, the Maricopa County employee wellness program, invite city and county employees to a city vs. county group walk.

Put on your walking shoes, gather your co-workers and get ready for a two-mile jaunt that begins at the Maricopa County Board of Supervisors Auditorium at 205 W. Jefferson St. From there, the walk continues to Chase Field, includes a bonus lap inside the concourse level, and loops back to Second Avenue and Jefferson Street.

The city and county have challenged each other to see who can get the most employees to attend. Help the city come out on top on May 19!

Details:
- Starting line: 205 W. Jefferson St.
- Starting time: Opening remarks at 7 a.m.
- Depart promptly at 7:15 a.m.
- City walkers are asked to wear a white shirt.

**FitPHX Meet Me Downtown walk/run energizing Monday nights**

The free, weekly, FitPHX, Meet Me Downtown (MMDT) walk/run is attracting crowds to explore downtown Phoenix on Monday nights. MMDT passed a few major milestones in April – welcoming its 5,000th participant and celebrating its 25th week. Four athletes who have perfect attendance earned new tech hats; more than 100 people have come out 10 or more times to earn MMDT t-shirts; and with total attendance of 5,339, participating athletes have complied more than 16,000 miles.

MMDT is a fun, social, non-competitive walk/run with check-in at The Corner restaurant at CityScape every Monday night between 5:15 and 6 p.m. Walkers/runners pass through three downtown parks and other landmarks on their way around the 3.3-mile route.

Walkers and runners can check-in online and at The Corner and receive a hand stamp to get Monday evening discounts at more than 20 participating restaurants and businesses. They also get a chance to win gift certificates and tickets to sporting events at 7 p.m.

For more information about Meet Me Downtown visit [www.meetmedowntownphx.com](http://www.meetmedowntownphx.com) For more information about FitPHX visit [www.phoenix.gov/parks/fitphx](http://www.phoenix.gov/parks/fitphx)
May is Building Safety Month
May is Building Safety Month, a public awareness campaign to help individuals, families and businesses understand what it takes to create safe and sustainable structures. The campaign reinforces the need for adoption of modern, model building codes, a strong and efficient system of code enforcement and a well-trained, professional workforce to maintain the system. The Planning & Development Department encourages city staff to stop by the atrium to view 18 exciting exhibits showcasing several of the projects its staff worked on this year. The panels will be located in the center of the atrium until May 17. The department also has a display in the northeast corner of the atrium that will change each week to spotlight specific areas of building safety for the entire month. Special thanks to Phoenix Fire and Sheet Metal Workers, Local #359 for their assistance with the first display, Don't Get Burned - Build to Code. Please stop by!

Important tips to remember for fire and safety awareness:
• Put a smoke alarm on every level of your home, inside every bedroom, and outside each sleeping area.
• Make sure your smoke alarms work: Push the test button. You will hear a loud noise. If you don’t hear the noise, you need a new battery or a new alarm.
• Make sure the smoke alarm always has a fresh battery every year.
• Smoke alarms with long-life batteries will work for up to 10 years. You do not change the battery.
• Smoke alarms do not last forever. Get new smoke alarms every 10 years.
• Tell your family what to do if they hear the smoke alarm. Make an escape plan so everyone knows how to get out fast. Pick a meeting place outside the home where everyone will meet. Some children and older adults cannot hear the smoke alarm when they are sleeping. Make a plan for how to wake them up. Practice your escape plan with everyone in your family two times each year.
• Install home fire sprinklers in your home. Home fire sprinklers and working smoke alarms greatly increase your chance of surviving a fire.

NEWS BRIEFS
City employees can receive discounted monthly rates at Valley YMCA under a new Fit4Phoenix promotion. Employees can receive a 50-percent discount if referred by another city employee who is a current member. For more information, visit the Fit4Phoenix web page at https://employee.phoenix.gov/Pages/Fit4Phoenixhome.aspx, contact any of the 16 YMCAs, or call the Benefits Office at 602-262-4777.

PEOPLE
Margaret Shalley, Public Information Officer in the Communications Office, will be retiring May 15 after nearly 29 years with the city.
Leave donations are being accepted for Leslie Lewis with the Parks and Recreation Department and Katrina Malone with Water Services Department. Submit leave donations through eCHRIS.

MARK YOUR CALENDAR
1st and 3rd Tuesday of every month – Want to get your hands on some fresh fruits and veggies at affordable prices? Through Fit4 Phoenix, the Fresh Express mobile market will sell produce from 11 a.m. to 1 p.m. on the northwest corner of Second Avenue and Adams Street. Don’t forget your reusable bags.

City Connection is published every week for city employees by the Communications Office, 12th floor, Phoenix City Hall, 200 W. Washington St., Phoenix, AZ 85003. For more information about the publication or to submit story ideas, email contactus@phoenix.gov.