



# THE CHILD CARE CORNER

## Early Head Start Child Care Partnership Newsletter

Cactus Kids Preschool- 7418 W. Indian School Rd PHX 85033

Out of This World Christian Child Care- 3849 W. Encanto Blvd PHX 85009

Immanuel Care for Children- 1620 W. Camelback Rd PHX 85015

### Hello Fall!

Fall is one of the best seasons for outdoor play. Children enjoy visits to the parks, nature walks and projects, cooking and giving thanks. Fall breaks and holidays can provide some extra time to enjoy local activities. City of Phoenix Libraries hosts a variety of activities for all age groups. Activities include Toddler Time, Music and Movement, Kindergarten Bootcamp, Family Storytime, Discovery Time, to include STEM activities plus a wide variety of activities for adults. Kids and teens (ages 0-18) can also attend Kids Café and receive free meals provided by St. Mary's Food Bank Alliance. Child must bring an adult with them to participate. See the public library link below for the calendar of events.

[Burton Barr Central Library - Phoenix Public Library Event Calendar - Phoenix Public Library](#)

### NEW TEACHERS

**CACTUS KIDS PRESCHOOL**

**JERILYNN CRENSHAW & BRIANA RAMOS**

**OUT OF THIS WORLD CHRISTIAN CHILD CARE**

**CARISSA MURIETA & PERLA CRUZ.**

### Dates to remember

**Sites are closed on the following days:**

**Thanksgiving 11/23/23 - 11/24/23**

**Christmas Day 12/25/23**

**Professional Development Day 12/08/23**

**New years Day 01/01/2024**

### JULY

Gael Santiago Farias Mendoza 07/01

EDGAR GIL-CRUZ 07/07

KITANA AMAYA 07/10

JORGE APODACA 07/11

KYLO MORALES 07/22

OSBALDO GARCIA 07/29

### AUGUST

DAMIAN COLEX 8/02

DOMINIC SORIANO 08/04

MAZI MARTINO 8/14

EVERARDO ORTEGA ROSAS 08/18

EDDY MELENDEZ RIVERA 08/18

GILBERTO DeLEON ORTIZ 08/19

Wynter Newsom 8/20

Rafael Briseno 08/21

NOAH HERNANDEZ 8/23

EZEKIEL GARCIA 8/24

HELEN SALAZAR Ibarra 08/26

ALAIHA CANADY 8/28

Mahawa Conneh 8/30

EMILEE MARTINEZ 8/30

### SEPTEMBER

NOAH ARMENTA 09/01

Ariel Kouffe 09/05

Aniel Kouffe 09/05

ROBERTO OROZCO 09/08

EMMALYN VENZANT-MEDINA 09/09

Pablo Inigo Fausto 09/09

DIMAS GALAZ 09/16

Jeremy-Eli Boudou Gouribera 9/17

Ozlem Quintero ROMERO 09/17

ISIAH QUINTERO DOMINGUEZ 09/16

Myles Risvik-Torres 09/20

DREAM GIST 9/21

DUC NGUYEN 09/27

Jiovanni DIAZ 09/28

### OCTOBER

FATMATA SESAY 10/01

Anthony Quintero ARENAS 10/02

ITZAYANA CALDERON MAGANA 10/05

MILITZA VALDEZ GUAYDACAN 10/06

Rory Porter 10/09

RAYLEEN RODRIGUEZ 10/09

Adan Delgado Gomez 10/13

Jorge Luis ENCINAS 10/16

Jacob Nelson 10/16

Alyani REYES-Madrid 10/18

EHLANI HERNANDEZ 10/26

AR'MON BRECKENRIDGE 10/28

OPHELIA ASKEW 10/28

Ramces Lui- Sanabria 10/29

Happy Birthday



# Let's Keep our Children and Child Care Centers Healthy!

## Healthy Hands

1. Upon arrival parents are to wash all infant and child hands.

Handwashing is the number one way to prevent the spread of communicable disease. This message cannot be emphasized enough to the provider, parent, and child. Simple steps of running hands under water, using soap and lathering hands for at least 20 seconds, rinsing with water, and drying them on a towel, ensures that any germs they may have picked up on their way into the center are eliminated.

## Healthy Diapers

2. Upon arrival parents are to check and/or change soiled diapers and undergarments.

Classrooms at drop off can become chaotic with children being dropped off, parent communication, and ongoing activity. Our staff makes a genuine effort to return children to parents with a clean diaper. Likewise, parents are expected to drop off children in the daycare with a clean diaper. Diaper supplies are readily available to parents if needed at drop off.

## Health checks

3. A quick health assessment will be conducted with each child every day upon arrival the daily health check will observe signs of but not limited to:

- General mood and changes in behavior (happy, sad, cranky, sluggish, sleepy, unusual behavior)
- Fever or elevated body temperature (if there is a change in child's behavior or appearance)
- Head lice checks when suspected

- Skin rashes, itchy skin, or itchy scalp, unusual spots, swelling or bruises
- Complaints of pain and not feeling well

- Other signs and symptoms of disease (such as severe coughing, sneezing, breathing difficulties, discharge from nose, ears or eyes, diarrhea, vomiting and so on)
- Reported illness in child or family members since last date of attendance



## Preventing Seasonal Flu

The first and most important step in preventing flu is to get a flu vaccine each year. Everyone 6 months and older should get an annual flu vaccine. Flu vaccine has been shown to reduce flu related illnesses and the risk of serious flu complications that can result in hospitalization or even death. CDC also recommends everyday preventive actions (like staying away from people who are sick, covering coughs and sneezes, and frequent handwashing) to help slow the spread of germs that cause respiratory (nose, throat, and lungs) illnesses, like flu.

## Health care resource for those who are uninsured or under-insured.



Mission of Mercy's work to prevent, manage and treat acute and chronic conditions is coordinated under the umbrella of their Access to Care Program which contains the following four components:

- **Primary Healthcare** – We provide compassionate, holistic and cost-effective primary care to Maricopa County's uninsured population. **We are the only completely free mobile medical clinic that also dispenses free medications, serving Maricopa County's uninsured and under-insured with no sliding scales or co-pays.**
- **Care & Education** – Our Comprehensive Diabetes Management Program serves the ongoing needs of our patients with diabetes through regular check-ups, medication management and targeted health and nutrition education. The goal of the program is to enable patients with diabetes to achieve better control of blood sugar levels and prevent further complications through disease self-management and education programs.
- **Compassionate Community Partners** – Our Compassionate Partners program is a referral network of local healthcare providers and service organizations who offer our patients services free or at a reduced rate. When specialized care, lab tests, or other services are needed our physicians are now able to refer our patients to:

Banner Estrella Medical Center Chandler Regional Medical Center Mercy Gilbert Medical Center  
St. Joseph Hospital & Medical Ctr. Sonora Quest Lab Southwest College of Naturopathic Medicine

[Click here for clinic schedule and locations](#)

## CD for Parent: Teaching Children How to Follow Directions by Fran Rubio-Katz

The Conscious Discipline® acronym M.A.P. is designed to help parents scaffold information in order to teach their children how to follow directions with success! **Here's how it works:**

### M STANDS FOR MODEL

Modeling means you demonstrate WHAT TO DO and HOW TO DO it. A helpful Scaffolding Technique to support modeling is called "Think Aloud." You literally think OUT LOUD, modeling how to think about, handle or problem-solve a process or situation.

Say you happen to have a captive audience in your messy kitchen. Take that as an opportunity to Think Aloud! You may say, "Hmm... I have dirty dishes on the table and dirty dishes in the sink. How can I handle this? Where can I begin? I know! First, I'm going to rinse the dirty dishes that are in the sink and put them in the dishwasher. Next, I'm going to clear the table. Then, I'm going to rinse those dirty dishes and finish by putting them into the dishwasher."

### A STANDS FOR ADD PICTURES

As Stephen Covey often said, "Begin with the end in mind." Show your children a picture of what their rooms look like when YOU consider it clean. A helpful Scaffolding Technique to support Adding Pictures is to always show your children the outcome or product before they do it.

You could say, "When your room matches this picture, then you will know you are done." Pictures of the concrete process, or a Graphic Organizer, are an additional resource for younger children or children with extra or different needs. List the steps and add a visual cue per step. Use clip art or pictures. Post the visual aid at your child's eye level to ensure it is "readable" to your child so they don't feel embarrassed or controlled. Older children who need additional support often prefer a checklist. There are a number of apps designed for this purpose, or you can make a good ole' fashioned checklist and teach your child to check off as each task as it is done!

### P STANDS FOR PRACTICE

Let's get this out of the way: Practice does NOT make perfect, but consistent practice sure does make progress! Guide your child through each step of the modeled process with a picture posted nearby of the finished product or a "readable" step by step guide. Make it "readable" by adding pictures and posting it at your child's eye-level.

For younger children use transition and sequencing words like, "FIRST, you put your dirty clothes in the hamper. What does your picture schedule say is NEXT?" Or, "You put your stuffed animals on your bed. What did you do BEFORE that?" Referring to the picture schedule when you ask these questions teaches your child that the picture schedule is a helpful resource.

For older children, ask specific, guiding and open-ended questions and PAUSE! Open-ended questions cannot be answered with a yes or no and steer clear of asking, "Why?" Pausing allows the child to reflect, think and problem-solve, all of which exercise Executive Functioning Skills! Helpful open-ended questions may sound like, "It looks like you are in the middle of sorting through those Pokémon cards. What do you think is the best way to store your cards?" Or, "I notice you have a couple of extra volleyball practices this week. What is your plan for having a clean uniform for each practice?"

### REMEMBER TO DIFFERENTIATE

Every good teacher knows we must differentiate instruction to provide the most effective learning experiences possible. Our children may learn at varied paces, require more or less support and require information be taught in different ways. Differentiating our instruction as parents means we deliver our lessons, even on how to clean up a room, in a way that will reach our children. It may take a few shots, especially if we have a pattern resistant child... the ones we say march to their own beat!

**No matter who your child is, it is your job to try and be consistent, structured and encouraging. Mistakes will happen. Use each one as an opportunity to learn. Most of all, have FUN because some day your children will be living in their own clean homes and you may find yourself longing for a little mess.**

**1 You are not alone**  
Help is available!

**2 Call anytime 24/7**  
800-799-SAFE (7233)

**3 Phoenix.gov/DomesticViolence**  
Hotlines, Legal Resources, Services & More

**Domestic Violence**

*Help!*

**IN AN EMERGENCY CALL 9-1-1 IMMEDIATELY**

**CRIME STOP NON-EMERGENCY PHOENIX POLICE 602-262-6151**

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**CRISIS INTERVENTION SERVICES**

Crisis Response Network (24-7) 602-222-9444 / 1-800-631-1314

Community Bridges (24-7) 1-877-931-9142

Empact Suicide Prevention Hotline (24-7) 480-784-1500

National Suicide Prevention Lifeline (24-7) 1-800-273-TALK (8255)  
Spanish: 1-888-628-9454  
TTY: 1-800-799-4889

**REENTRY WORKFORCE SERVICES**

A PROUD SUPPORT OF **ARIZONA @ WORK**  
A proud supporter of Arizona's Workforce System

**Reentry Employment Services and Resources**

**Tuesdays and Wednesdays**  
**8 a.m. – 4 p.m.**  
inside **NATIVE HEALTH Central**  
4041 North Central Avenue, Building C, 2nd Floor - Phoenix

Let us help you with:

- Resume Assistance
- Job Referrals
- Interview Skills Development
- Registration on Arizona's Jobs Database
- Soft Skills Development
- Background-Friendly Hiring Events
- Walk-ins welcome!

For more information call:  
**(602) 279-5262, ext. 11048**

**Community Legal Services**

**Apply for FREE Legal Assistance**

**Wednesdays, 9 a.m.-12 noon**  
at **NATIVE HEALTH Central**  
4041 North Central Avenue, Building C - Phoenix

**NO APPOINTMENT NEEDED. ALL ARE WELCOME.**

- FAMILY LAW (where there is DV)
- HOUSING
- HEALTH/ ECONOMIC STABILITY
- EMPLOYMENT
- TAX
- CONSUMER
- SET ASIDES

FIRST COME, FIRST SERVED. NO APPOINTMENT NEEDED. FINANCIAL/ADDITIONAL ELIGIBILITY REQUIRED.

**QUESTIONS? CALL (602) 279-5262, ext. 11042**  
EMAIL: [kwells@nachci.com](mailto:kwells@nachci.com)

**NATIVE HEALTH.**

**NEED HELP WITH AHCCCS**

**PATIENT ENROLLMENT SPECIALIST**

- Assist with Enrollment
- Assist with Renewals
- Assist with SNAP
- Call us today!

**APPLY NOW**

(602) 279 - 5262  
<https://www.nativehealthphoenix.org/arizona-medicaid-ahcccs/>

**SRP**  
Delivering water and power\*

**MONTHLY DISCOUNT FOR LIMITED-INCOME CUSTOMERS**

**ECONOMY PRICE PLAN**  
**SAVE \$276 A YEAR**

**HOW DO I QUALIFY?**

You may be eligible for this discount if:

1. You have an SRP residential account in your name.
2. You live at the address where the discount will be received. This address must be your permanent residence.
3. Your total monthly household income **before taxes and/or deductions** must be at or below the 150% federal poverty guidelines\* as listed in the following chart.

Household Size	Total Monthly Income*
1 person	\$1,822
2 people	\$2,464
3 people	\$3,106
4 people	\$3,748
5 people	\$4,390
6 people	\$5,032
7 people	\$5,674
8 people	\$6,316
9 people	\$6,958
10 people	\$7,600

For more than 10 people, add \$642 per person.

**ENROLLMENT IS EASY**

1. Visit [srp.net/myaccount](http://srp.net/myaccount).
2. Click on Price Plans and Programs.
3. Select Economy Price Plan.

You can also call us anytime at **(602) 236-8888** or **(800) 258-4777** if you're outside the Phoenix area. We're here to serve you 24 hours a day, seven days a week. If you are eligible, we will enroll you immediately!

SRP will notify you when it is time to recertify.

Visit [srp.net/epp](http://srp.net/epp) to learn more about the Economy Price Plan and other convenient money-saving programs available to help stretch your energy dollar.

**HOW IT WORKS**

Once you qualify, you will receive the monthly discount on your next SRP electric bill. If your SRP charges are less than the monthly discount, the billed amount will be decreased to \$0.

If you are an SRP M-Power® customer, the monthly credit will be available on the 1st of each month.

Participation in SRP's monthly discount program does not affect any public assistance benefits you may currently receive.

\*Federal poverty guidelines are subject to change without notice. Current eligibility guidelines define "income" as including but not limited to the combined income of all people living in your home, including wages or salary, Social Security income, veterans benefits, disability, unemployment and retirement benefits, pensions, rental income, Temporary Assistance for Needy Families (TANF), Supplemental Security Income (SSI), interest and dividends.

**SRP**  
Delivering water and power\*



# FATHERHOOD SUMMIT

Father Today Not Tomorrow:  
Breaking Barriers and Empowering Change

December 7 - 8, 2023

Desert Willow Conference Center  
4340 E Cotton Center Blvd,  
Phoenix, AZ 85040

7:30AM-4:30PM

REGISTER NOW!!!



<https://registration.socio.events/e/mancave>



# CUMBRE DE PATERNIDAD

Padre hoy, no mañana:  
Rompiendo barreras y empoderando el cambio

7 y 8 de diciembre de 2023

Desert Willow Conference Center  
4340 E Cotton Center Blvd.  
Phoenix, Az. 85040

7:30am - 4:30pm

Regístrate ahora!



<https://registration.socio.events/e/mancave>



Men All Need to be Caring, Actively Engaged, Vested, and Encouraged

A Call to Men

## Live Respect Coaching Healthy & Respectful Manhood

Helping create a world where all men and boys are loving and respectful and all women, girls, and those at the margins of the margins are valued and safe.



Participants will learn: skills to help develop:

- emotional literacy
- self-awareness
- self-confidence
- strong and resilient interpersonal skills
- healthy relationships
- the importance of asking for support when needed

Things to know:

- 12 sessions
- Sessions 45-60 minutes long
- Session facilitators are male
- Sessions are small for questions, discussion and activities.
- Program includes a Live Respect Curriculum, resources and prizes.

From Men Who Have Completed This Program:

- "...a fantastic journey / education in healthy masculinity."
- "...made me realize that it's okay to ask for help."
- "...the most valuable tool for understanding healthy masculinity."
- "...so needed, so valuable."
- "...the discussion on consent will most definitely open your eyes."



For more information contact:

Thurston M Smith, [AlphaGentlemanlifestyle.com](http://AlphaGentlemanlifestyle.com)  
Marion Hill, [Marion.hill@phoenix.gov](mailto:Marion.hill@phoenix.gov)



Greater Phoenix Urban League | Empowering Communities. Changing Lives.

Men All Need to be Caring, Actively Engaged, Vested, and Encouraged

## MARriage and PARENTing Program

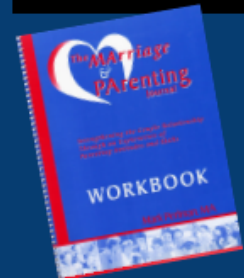
MA & PA, is a 10-week curriculum series that focuses on strengthening the couple relationship (married or unmarried) through a shared exploration of parenting attitudes and skills. The Series utilizes some of the most effective approaches from The Nurturing Father's Program to create a series of couple's dialogues.

Participants will experience:

- New relationship building activities
- Spouses/partners learn about themselves and each other
- Creating a shared vision for family life
- Shared group experiences
- Home Activities in the MA & PA Journal, that help each couple to develop the attitudes and skills for successful Family

Things to know:

- 10 week series
- Sessions 90 minutes long
- Sessions are small for questions, discussion, and activities
- Program includes a MA & PA Journal per individual



For more information or to sign-up contact

Jennifer Dancy  
[Jennifer.dancy@phoenix.gov](mailto:Jennifer.dancy@phoenix.gov)

Men All Need to be Caring, Actively Engaged, Vested, and Encouraged

## Nurturing Father's Program Series

Every child deserves a NURTURING FATHER - A man who actively provides guidance, love and support to enhance the development and growth of children for whom he cares.



Things to know:

- 12 sessions, meeting weekly
- Sessions 60-90 minutes long
- Session facilitators are male
- Sessions are small for questions, discussion and activities.
- Program includes a Nurturing Fathers journal, resources and

Participants will learn:

The secrets for creating safe, loving, stable, and nurtured families.

Positive discipline tools taught through a uniquely father-friendly method for successful child behavior management.

Effective family communication techniques to strengthen the father-child and father-mother relationships.

How to stop fighting and arguing by using proven-effective strategies for conflict resolution and problem solving.

How to achieve cooperation and teamwork in family life.

From Men Who Have Completed This Program:

- "...a fantastic journey / education into learning healthy fathering."
- "...made me realize that by nurturing my children, I grow myself."
- "...the most valuable tool for me and my family's success and unity."
- "...so needed, so valuable."
- "...will most definitely make fathers out of men."



For more information contact  
Thurston Smith at ????



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