

2024 APRIL

MILK & FRUIT SERVED DAILY

	Monday	Tuesday	Wednesday	Thursday	Friday
W E E K 1	01 Sweet and Sour Pork 糖醋豆腐, Bok Choy, Asian Mixed Vegetable	02 BBQ Baked Chicken 烤雞, Green Beans, Napa Cabbage	03 Vegetarian Lasagna 素食烤宽面条, Italian Blend Vegetable, Side Salad	04 Lemon Pepper Shrimp 檸檬胡椒蝦, Chop Suey, Dilled Carrots	05 Sesame Ginger Beef 芝麻姜牛肉, Broccoli, Yellow Squash
W E E K 2	08 Sesame Chicken 芝麻雞, Stir-Fry Vegetable, Mushrooms	09 Country Fried Steak w/ Gravy 炸牛排, Mashed Potato, Buttered Carrots	10 Soy Baked Fish 豆油焗魚, Asian Mixed Vegetable, Zucchini	11 Teriyaki Beef 照燒牛肉, Cauliflower, Peas and Carrots	12 Stir-Fry Pork 炒豬肉, Napa Cabbage w/ Carrots, Zucchini
W E E K 3	15 General Tso's Chicken 左宗棠雞, Napa Cabbage, Green Beans	16 Beef and Broccoli 牛肉和西蘭花, Bok Choy, Cauliflower	17 Orange Chicken 橙子雞, Carrots, Broccoli	18 Roasted Pork Loin 烤豬肉, Sweet Potato Mash, Italian Mixed Veg	19 Kung Pao Shrimp 宮保小蝦, Chop Suey, Asian Vegetable
W E E K 4	22 Pepper Pork 胡椒豬肉, Chop Suey, Peas and Carrots	23 Sweet and Sour Chicken 酸甜雞, Bok Choy, Roasted Eggplant	24 Monogolian Beef 蒙古牛肉, Brussel Sprouts, Mushrooms	25 Tuna Salad Sandwich 金枪鱼沙拉三明治 w/ Lettuce & Tomato, Marinated Cucumbers	26 Oven Baked Black Bean Chicken 黑豆焗雞, Yellow Squash, Stir Fry Cabbage
W E E K 5	29 Beef Enchiladas 牛肉辣醬玉米饼馅, Pinto Beans, Chuckwagon Corn	30 Tuna Noodle Casserole 金枪鱼砂锅 w/ Spinach & Glazed Carrots	TOFU OPTION AVAILABLE DAILY		