



CITY OF PHOENIX
HUMAN SERVICES
DEPARTMENT

17010 S. 48th Street
Phoenix, AZ 85048
602-534-5366

www.phoenix.gov/humanservices/programs/older

Center hours:
Mon- day to Friday 9 a.m. to 4



SENIOR PROGRAMS
CITY OF PHOENIX | HUMAN SERVICES

Pecos Senior Center

Your Best Years Start Here
Programs for Active Adults



March & April



Membership

Phoenix residents annual membership fee is \$20, and \$40 for non-residents.

Lunch

Lunch service begins at 11:30 a.m.

Members may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5.

Reservations and cancellations must be made at least three business days in advance. Members without a lunch reservation may have a "Standby" meal based on availability.

Transportation

Senior Center Shuttle Program:

MV Transportation provides flexible taxi service to and from your local senior center for eligible members. Please contact center staff to register or for more information.

Caseworker

Caseworker Assistance available upon request.

Join Us in Person or Virtual-

Video

requires smart phone, tablet or computer with camera:

<https://cityofphoenix.webex.com/meet/pecos.cc.hsd>

Select join by browser; app download not Required.

Telephone

If you wish to join by phone, call 602-666-0783
Access code: 133 294 0610



Memory Café Program

Memory Café is a welcoming place providing persons living with early to moderate dementia a safe place to socialize and participate in activities facilitated by professionals to stimulate and support brain health. Memory Café include care partners for a shared experience. Advance registration is required; there is no fee to attend. Please call 602-534-5750 or email memory.cafe@phoenix.gov



For more information, or a copy of this publication in an alternative format, contact 602-262-4520 voice.
This City facility is Relay 7-1-1 trained

March

SPECIAL EVENTS

RESERVATIONS RECOMMENDED:
for In Person (IP) or Virtual (V) Programming

Friday
March 29
10 a.m.
Eggcellent Hunt
Multi-Generational
Event



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Food Drive March 1 — March 27 <i>Ex: can foods, soups, veggies, cereal, protein items non perishable items</i></p>				<p>1 10 a.m. Waffle Day (IP) 1 p.m. Matter of Balance (IP)</p>
<p>4 9:30 a.m. Trivia (IP/V) 11:15 a.m. Trip Lunch Bunch Va Bene</p>	<p>5 10:45 a.m. YOPAS Presentation</p>	<p>6 12:30 p.m. Pecos Downs (IP)</p>	<p>7 12:10 p.m. Trip Herberger Theater SCAN Originals</p>	<p>8 10 a.m. Phx Art Museum 1 p.m. Matter of Balance (IP)</p>
<p>11 10 a.m. Memory Café (IP)</p>	<p>12</p>	<p>13 12:15 p.m. Book Club (IP)</p>	<p>14 1 p.m. Art with Christy</p>	<p>15 1 p.m. Dance Party with T.A. Burrows (IP)</p>
<p>18 10 a.m. Trivia (IP/V)</p>	<p>19 1:10 p.m. Trip Spring Training</p>	<p>20 12:15 p.m. Site Council Meeting (IP/V)</p>	<p>21 10:45 a.m. Good Eating (IP)</p>	<p>22 10 a.m. Loteria (IP)</p>
<p>25 10 a.m. Memory Café (IP)</p>	<p>26</p>	<p>27 12:30 p.m. Reel Time Movie: Trouble with the Curve (IP)</p>	<p>28 11:15 a.m. Trip Lunch Bunch Aloha Kitchen</p>	<p>29 10 a.m. Eggcellent Hunt Multi-Generational Event (IP)</p>

April

SPECIAL EVENTS

Come and join us for
 March / April
 Birthday Party
 Friday April 5
 10 a.m.



RESERVATIONS RECOMMENDED:
 for In Person (IP) or Virtual (V) Programing

Monday	Tuesday	Wednesday	Thursday	Friday
1 Holiday Center Closed 	2	3 12:30 p.m. Pecos Downs (IP) 	4 1 p.m. Arts with Christy (IP)	5  10 a.m. March/April Birthday Party (IP)
8 10 a.m. Memory Café (IP) 	9	10 12:15 p.m. Book Club (IP) 	11 10 a.m. Trip Sky Harbor Airport Tour	12 10 a.m. Phx Art Museum (IP)
15  9:30 a.m. Trivia (IP/V) 11:15 a.m. Trip Lunch Bunch Shake Shack	16	17 12:15 p.m. Site Council Meeting 	18 9:30 a.m. Trip M.D.N Friendship Picnic	19 10 a.m. Loteria 
22 10 a.m. Memory Café (IP) 	23 Center Closed All Staff Meeting	24 12:30 p.m. Reel Time Movie: League of Their Own	25 10:45 a.m. Good Eating (IP) 	26 10 a.m. Pretzel Day 
29 10 a.m. Trivia (IP/V)	30 11 a.m. Trip AZ Boardwalk Museum of Illusions	"Spring: A Lovely Reminder of Beautiful Change Can Truly Be" — Unknown  		

ONGOING ACTIVITIES



(IP) In person / (V) Virtual	RESERVATIONS Recommended for In Person (IP) or Virtual (V) Program-
American Mah Jong (IP)	12:30 p.m. every Thursday Beginners 9 a.m. every Friday Advance 12:30 p.m. 1st Monday and 3rd Tuesday of every month Advance
Blood Pressure Checks (IP)	9 a.m. and 11 a.m. every Wednesday
Bridge (IP)	12:30 p.m. every Tuesday Beginner 12:30 p.m. every Wednesday Informal Duplicate Bridge
Cards (IP)	12:30 p.m. Spades 2nd and 4th Friday of every month 12:30 p.m. 500 Bid 1st and 3rd Friday of every month
Creative Corner (IP)	1 p.m. 1st and 3rd Tuesday of every month
Chair Exercises (IP) (V)	10 a.m. every Tuesday & Thursday
Color and Conversation (IP)	1 p.m. every Monday
What's New? Discussion Group	noon every other Tuesday March 12 & 26 April 9, 16
Fun Bingo (IP) (V)	10 a.m. every Wednesday & 12:15 p.m. every Friday
Games / Cards (IP)	9 a.m. to 3:30 p.m. daily (<i>time and space permitting</i>)
Gentle Yoga (IP) (V)	10 a.m. every Tuesday & Thursday
Instructional American Mah Jong (IP) (new)	2 p.m. every Wednesday Starting March 6 thru April 10 (please see staff for sign up)
Line Dancing (IP) (V)	1 to 2 p.m. on Monday & Wednesday (<i>dance for all levels</i>) 1 to 3 p.m. on Friday (<i>1 to 2 p.m. teach and learn; 2 to 3 p.m. dance for all levels</i>)
Memory Monday Screening (IP)	1st Monday of every month 9 to 10 a.m. and 1 to 3 p.m.
Pickle Ball (IP) (Sponsored by Parks)	9 a.m. to noon every Monday & Wednesday
Pinochle (IP)	9 a.m. daily 12:30 p.m. 1st Tuesday & 4th Wednesday of every month
Social Hour (IP)	9 a.m. to 3:30 p.m. daily
Tai Chi (IP) (V)	10 a.m. every Monday & Wednesday
Walking (IP)	9 a.m. every Tuesday & Thursday
Hue Got It (Painting)	1 p.m. 2nd Tuesday of every month (please see staff for sign up)
Wii Bowling (IP) <small>Revised 02/26/24</small>	12:30 p.m. every Monday, Tuesday & Thursday All programs are subject to change or cancellation without notice.