



HEALTHY ADAPTIVE

Cooking Class



CESAR CHAVEZ COMMUNITY CENTER

7858 S 35th Ave., Phoenix, AZ 85339

5PM - 6:30PM

Please join us every other Monday for an evening of cooking a healthy dinner together and socializing! We will begin cooking at 5pm

Please click the QR code below to register:



Or visit phoenix.gov/parks

DATE MENU

- 1/8 **Turkey & Broccoli Pasta**
Ground turkey pasta with garlic bread and salad **\$5**
- 1/22 **Crispy Chicken Cutlets**
Breaded cutlets with roasted vegetables **\$5**
- 2/5 **Chicken Enchilada Skillet**
Creamy enchilada skillet with homemade spanish rice **\$5**
- 2/19 **Cobb Salad & Turkey Sandwiches**
Fresh homemade salad with panini sandwiches **\$5**

QUESTIONS?

CONTACT JESSICA LATHAM AT JESSICA.LATHAM@PHOENIX.GOV OR BY PHONE AT (602) 534-0385