

HAVE A DATING GAME PLAN

VERIFY YOUR NEW DATE'S IDENTITY

Before you meet your date, know who you are talking to. Use video chat, do an online search before agreeing to meet and use tools like Garbo, a low-cost online background check.

CHOOSE A FAMILIAR OR WELL-REVIEWED AND PUBLIC LOCATION TO MEET.

Meet for the first few times in a populated, public place. If your date pressures you to go somewhere private, end the date and report the person through the app you met them on.

Let a trusted friend or family member know where you are going and who you are meeting with.

Arrive at the location early to let a server or bartender know you're meeting someone for the first time so that they can have your back.

HAVE A WAY THERE AND BACK.

Be in control of your own transportation. As a backup, use a ride-share app.

KEEP AN EYE ON YOUR DRINK AND OTHER PERSONAL BELONGINGS.

Know where your drink comes from and know where it is at all times. Keep personal items with you.

GOOD VIBES ONLY.

You deserve someone who respects you and gives you good vibes only.

REPORT ANY AND ALL BAD BEHAVIOR, BOTH ONLINE AND IRL.

If something is off, report the person to local law enforcement or through the app you met the person on. If it is an emergency, get to a safe place and call 9-1-1.

Keep all digital and physical evidence. Take screenshots of your conversations with your date before blocking the person and erasing the conversation history.

Report the incident as soon as you can and seek support. You do not have to go through it alone.

NOT SURE IF SOMETHING IS OFF?

Here's a quick test:

- Is the person acting the same or do they seem like a completely different person from your messages?
- Did they cross or try to cross a boundary?