

# BICYCLE SAFETY

PROTECT YOUR BRAIN!

ALWAYS WEAR A HELMET!



EPISODE 1

SATURDAY AFTERNOON  
IN PHOENIX, ARIZONA

THE BURTON BARR CENTRAL LIBRARY

ALGEBRA...

CHECK!



ENGLISH...

CHECK!

SCIENCE...

CHECK!

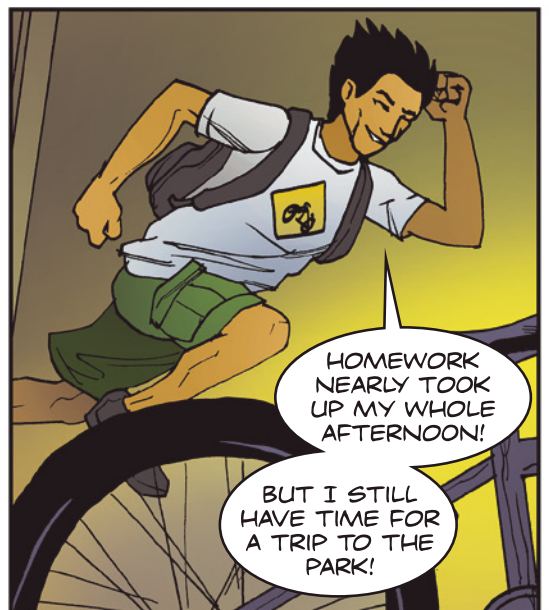


TIME  
TO SHUT IT  
DOWN.



HOMework  
NEARLY TOOK  
UP MY WHOLE  
AFTERNOON!

BUT I STILL  
HAVE TIME FOR  
A TRIP TO THE  
PARK!







GOTTA GET MY PROTECTIVE GEAR ON BEFORE I ROLL.



GOTTA PROTECT MY HEAD.



GOTTA PROTECT MY HANDS.



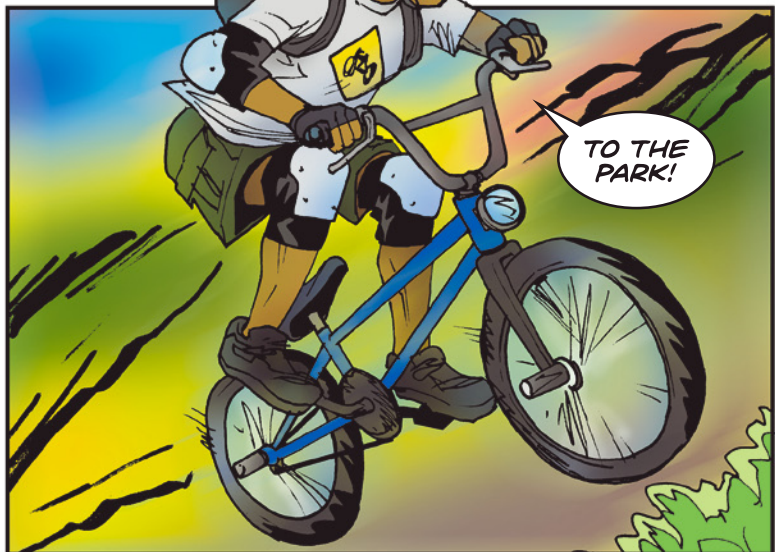
GOTTA PROTECT MY EYES.



GOTTA PROTECT MY ELBOWS.



GOTTA PROTECT MY KNEES.



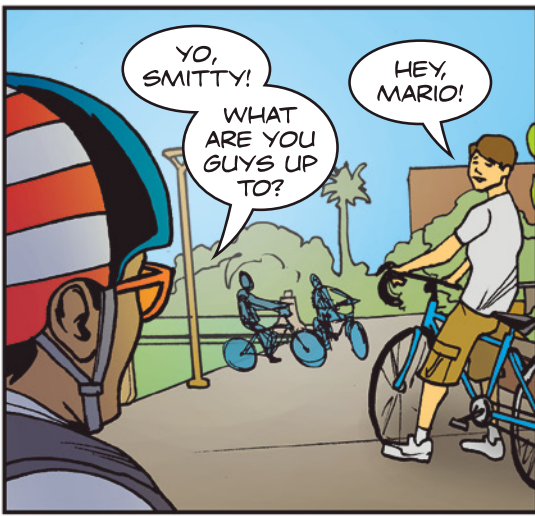
TO THE PARK!



FOR MORE INFORMATION ON BICYCLING IN PHOENIX GO TO [WWW.PHOENIX.GOV/BICYCLING](http://WWW.PHOENIX.GOV/BICYCLING) OR CALL (602) 534-9529.



**City of Phoenix**  
STREET TRANSPORTATION DEPARTMENT



YO, SMITTY!

HEY, MARIO!

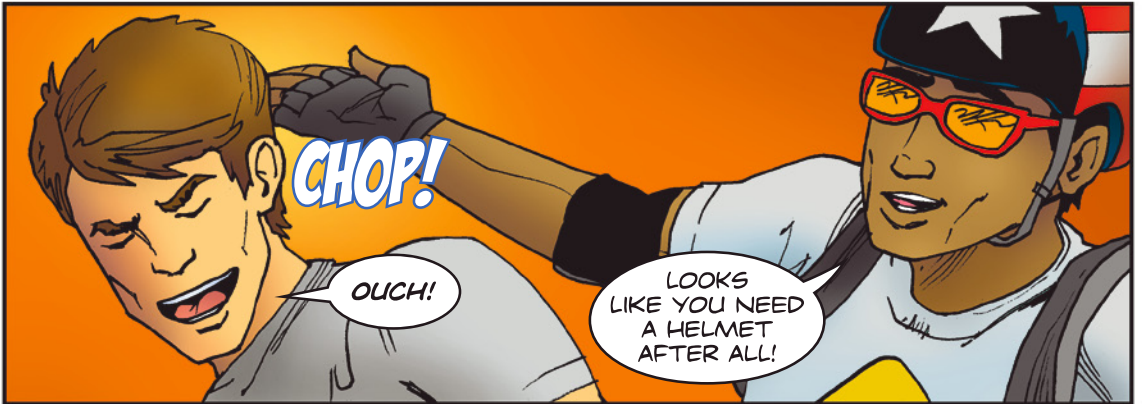
WHAT ARE YOU GUYS UP TO?



WE WERE ABOUT TO HEAD OVER TO THE PARK.

YOU'RE RIDING WITHOUT A HELMET?! THAT'S SEEMS LIKE A BAD IDEA.

LET'S TEST YOUR NOGGIN.



CHOP!

OUCH!

LOOKS LIKE YOU NEED A HELMET AFTER ALL!



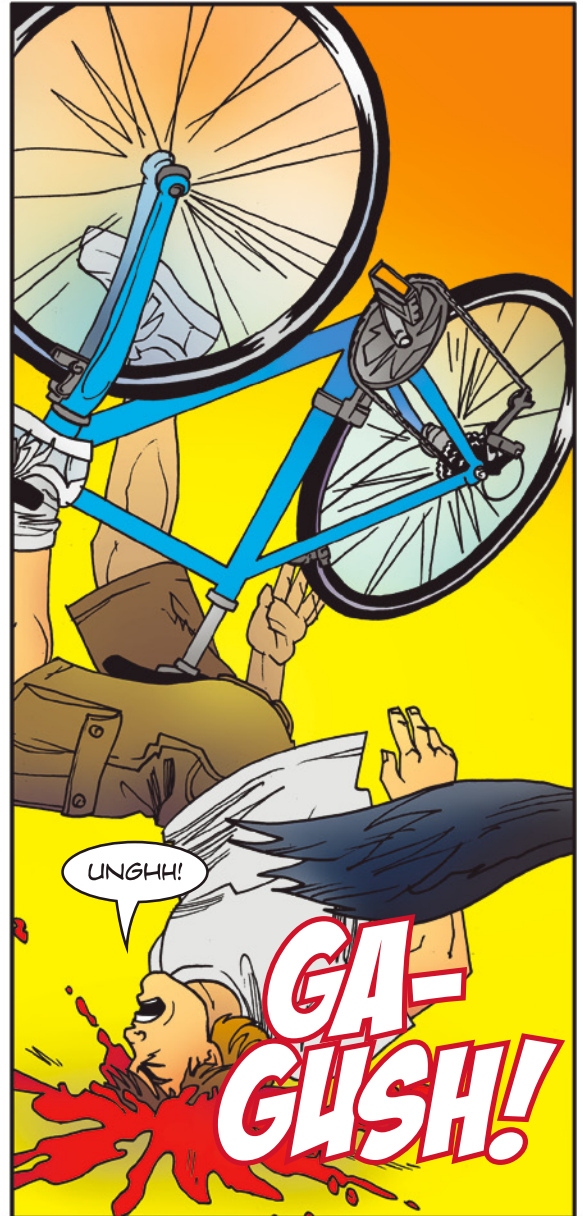
YOU GOTTA PROTECT YOUR BRAIN, SMITTY!

I CAN'T TELL YOU HOW MANY TIMES MY BIKE HELMET HAS SAVED ME.

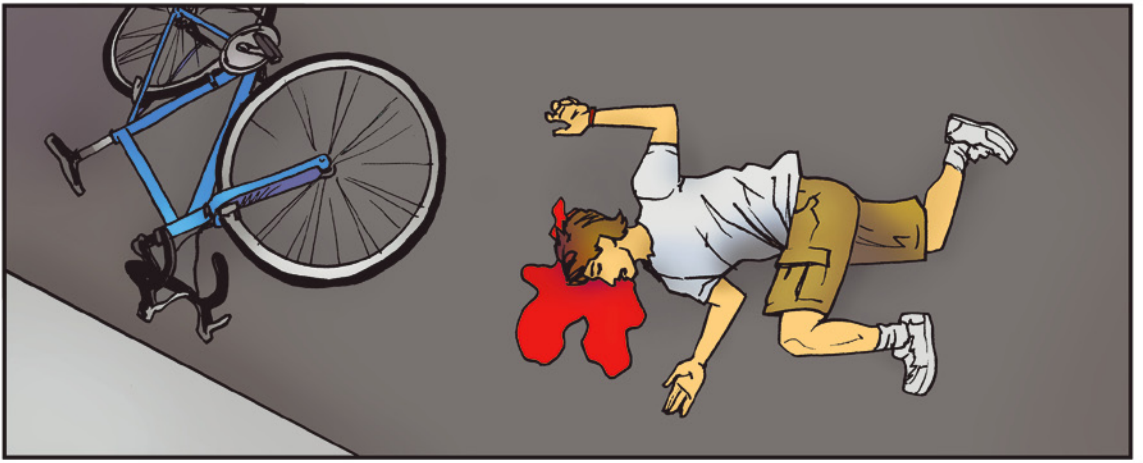


I'M HEADED TO THE PARK TOO, SO LET'S GO!









# READY TO RIDE?

**GET YOUR BICYCLE READY TO RIDE! TAKE THE BIKE CHECK CHALLENGE!**

Before you ride, check to see that your bike is properly maintained and ready for the road!

**SEAT, PEDALS  
& HANDLEBARS**  
\_\_\_ Tight

**FRAME & FIT**

- \_\_\_ Not too big & not too small
- \_\_\_ Not bent, dented or cracked

**BIKE LIGHTS**

- \_\_\_ Fresh batteries

**REFLECTORS**

- \_\_\_ Tight
- \_\_\_ White in front
- \_\_\_ Red in back

**BRAKES**

- \_\_\_ Stop smoothly
- \_\_\_ No worn hand-brake pads

**WHEELS**

- \_\_\_ No loose or broken spokes
- \_\_\_ No bent rims

**CHAIN**

- \_\_\_ Not too loose
- \_\_\_ No rust
- \_\_\_ Oiled

**TIRES**

- \_\_\_ Inflated correctly
- \_\_\_ No worn tread
- \_\_\_ No cracks

## PROTECT YOUR MELON! WEAR YOUR BIKE HELMET RIGHT!

### #1 HELMET FIT

Your helmet should fit snugly, sitting low & level on your head.



### #2 ADJUST THE STRAPS

On each side, make a "Y" under your ear, adjusting the back strap first, then the front strap!



### #3 FINALLY

Make the chin straps snug!



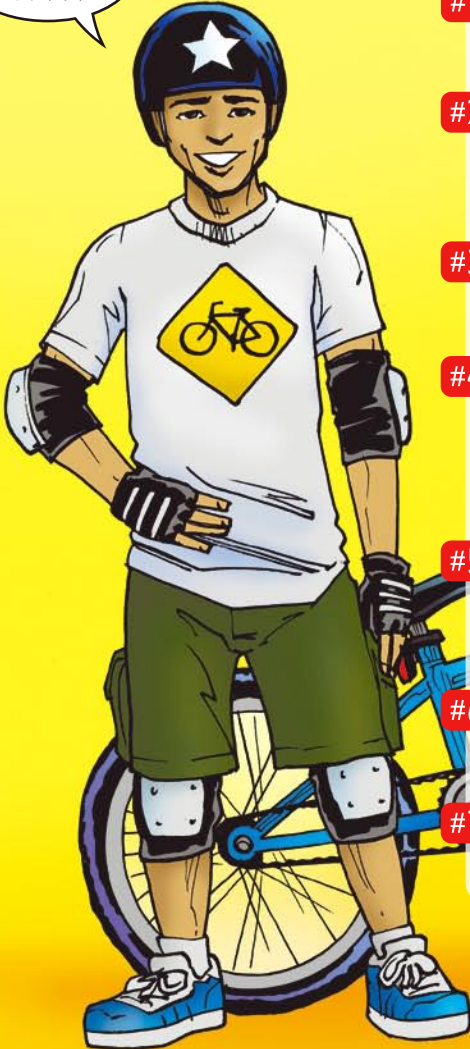
**YOU'RE READY TO RIDE!**



# RIDE SAFE!

**ON YOUR NEXT BICYCLE RIDE,  
REMEMBER THESE IMPORTANT SAFETY TIPS:**

HAVE FUN  
AND RIDE  
SAFE!



**#1 PROTECT YOUR MELON!**

Always wear a helmet!

**#2 RIDE ON THE RIGHT!**

Go with the flow of traffic, and always ride on the right side of the street!

**#3 KEEP YOUR RIDE SMOOTH!**

Keep your bicycle properly maintained!

**#4 AVOID THE BLIND SPOT!**

Ride where you can be seen! Don't ride on the right side of cars near an intersection or driveway!

**#5 DON'T RUN THE RED!**

Respect the traffic signal! Don't run RED lights!

**#6 STOP MEANS STOP!**

Follow the signs! Don't run STOP signs!

**#7 DON'T GET DOORED!**

Keep safely away from parked cars!



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WRITTEN BY JOSEPH PEREZ AND ROB OSBORNE  
ILLUSTRATED BY ROB OSBORNE

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