



**CITY OF PHOENIX
CERTIFIED CITIZEN FORESTER
TRAINING**

CERTIFICATION PROCESS / LEVEL 2

PREPARE: ON SITE

- Secure First Aid Kits
- Visit work section and visualize strategy
- Determine a designated Safety Officer
- Secure and Set a tool cache – contact Phoenix Parks and Recreation or Neighborhood Services for tools:
 - Emmett Boyd 602.534.8222 (Phoenix Parks)
 - Lee Staten 602.332.0275 (NSD)
- Call ARIZONA BLUE STAKE: 811
 - Free service, marks underground utilities
 - “Know what's below, call before you dig.”



GENERAL SAFETY

- Altitude and Weather Factors
- Animals that bite and sting
- Plant life that can injure
- Children under adult supervision at **ALL TIMES**
- Advise of potential Walk-In Risks
- Leader Monitor Safety Issues
- Tool Transport
 - Gloves on, one tool per arm, tools at side **NOT** on shoulder, stay one body-length behind
- Medical Conditions
 - Allergies to plants/insects, medications, diabetes, heart of lung problems
- Anyone with emergency training skills?
 - Explain first aid support, appoint alternate person



CRITICAL SAFETY

- Over-Exertion
 - Pace yourself, pay attention to breathing, rest as needed.
- Dehydration
 - DRINK BEFORE thirsty, know the location of the nearest water station, have water on site.
- Lifting
 - **BEND** at knees, **ASK** for help, **LOOK** around you, **MAKE SURE** drop off site is **CLEAR** of both people and debris.
- Alerts
 - “Coming through,” “On your left,” “Behind you,” “Heads up.”
- Tool Storage at work site
 - Lay tools **FACE DOWN**
 - Do not drop or toss tools
 - Think of the safety of others at **ALL TIMES**



TOOL SAFETY

- Keep tools **CLEAN** and **SHARP**
 - One tool per arm, not on shoulder, dangerous face down if laying tool on the ground.
- “RIGHT TOOL FOR THE RIGHT TASK”

SAFETY NET

- **If Dehydrated or Heat Exhausted:**

- **REMOVE FROM HEAT, place water or ice on pressure points (back of neck, under wrists), HYDRATE, LIE DOWN with FEET ABOVE HEART LEVEL**

- **Serious injury or illness:**

- Stop all work
- Ensure others are not at risk, including yourself
- Maintain calm within crew
- Send runners to adjacent crews for additional assistance and inform safety officer
- **CALL 911**
- **Stay with injured/ill person until EMS arrives**
- **DO NOT MOVE UNJURED PERSON: ONLY EMS should move**
- **Obtain permission for conscious injured person before assisting**

- **Emergency Exit:**

- If the safety officer determines an Emergency Exit is required due to extreme weather or other circumstances:
 - Gather crew, explain situation and how to exit, gather tools, calmly walk to destination.





THANK YOU!!!